



# West Dorset Swimming Club

Present Their



**Whitsun Wave 2024**

**Open Meet**



On

**1<sup>st</sup> & 2<sup>nd</sup> June 2024**

**Licensed Level 3**

At

1610 Sports Centre  
Coburg Road  
Dorchester  
Dorset, DT1 2HR

[what3words ///spaceship.inhales.eggshell](http://what3words:///spaceship.inhales.eggshell)

Further details on

[www.swimwestdorset.org.uk](http://www.swimwestdorset.org.uk)





## PROGRAMME OF EVENTS

Note: All timings are subject to change

### Saturday

<b>Session 1</b>	<b>Date:</b> 01/06/2024	<b>Warm Up</b> TBC	<b>Start Time</b> TBC	<b>Finish Time</b> TBC
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Event	Gender	Age	Distance & Stroke
101	Female	All	400m Freestyle
102	Male/Open	All	200m Individual Medley
103	Female	All	200m Breaststroke
104	Male/Open	All	100m Backstroke
105	Female	All	100m Butterfly
106	Male/Open	All	50m Backstroke
107	Female	All	50m Breaststroke

<b>Session 2</b>	<b>Date:</b> 01/06/2024	<b>Warm Up</b> TBC	<b>Start Time</b> TBC	<b>Finish Time</b> TBC
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Event	Gender	Age	Distance & Stroke
201	Male/Open	All	400m Freestyle
202	Female	All	200m Butterfly
203	Male/Open	All	200m Freestyle
204	Female	All	100m Individual Medley
205	Male/Open	All	100m Breaststroke
206	Female	All	50m Butterfly
207	Male/Open	All	50m Freestyle



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Sunday

<b>Session 3</b>	<b>Date:</b> 02/06/2024	<b>Warm Up</b> TBC	<b>Start Time</b> TBC	<b>Finish Time</b> TBC
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Event	Gender	Age	Distance & Stroke
301	Female	All	200m Individual Medley
302	Male/Open	All	200m Breaststroke
303	Female	All	100m Backstroke
304	Male/Open	All	100m Butterfly
305	Female	All	100m Freestyle
306	Male/Open	All	100m Freestyle
307	Female	All	50m Backstroke
308	Male/Open	All	50m Breaststroke

<b>Session 4</b>	<b>Date:</b> 02/06/2024	<b>Warm Up</b> TBC	<b>Start Time</b> TBC	<b>Finish Time</b> TBC
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Event	Gender	Age	Distance & Stroke
401	Male/Open	All	200m Butterfly
402	Female	All	200m Freestyle
403	Male/Open	All	100m Individual Medley
404	Female	All	100m Breaststroke
405	Male/Open	All	200m Backstroke
406	Female	All	200m Backstroke
407	Male/Open	All	50m Butterfly
408	Female	All	50m Freestyle





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**QUALIFYING TIMES – No Faster Than (UPPER CUT OFF)**

<b>MALE</b>		<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>OPEN</b>
50m Freestyle	No Faster Than	0:36.00	0:34.00	0:31.00	0:29.00	0:28.00	0:27.00	0:26.00	0:24.00	0:24.00
100m Freestyle	No Faster Than	1:20.00	1:16.00	1:09.00	1:04.00	1:00.00	0:58.00	0:56.00	0:54.00	0:53.00
200m Freestyle	No Faster Than	2:55.00	2:44.00	2:28.00	2:19.00	2:11.00	2:05.00	2:02.00	2:00.00	1:58.00
400m Freestyle	No Faster Than		5:35.00	5:14.00	4:52.00	4:37.00	4:26.00	4:22.00	4:10.00	4:00.00
50m Backstroke	No Faster Than	0:42.00	0:38.00	0:36.00	0:34.00	0:32.00	0:30.00	0:29.00	0:28.00	0:28.00
100m Backstroke	No Faster Than	1:34.00	1:24.00	1:17.00	1:13.00	1:08.00	1:05.00	1:02.00	1:00.00	0:59.00
200m Backstroke	No Faster Than	3:26.00	2:57.00	2:44.00	2:35.00	2:26.00	2:19.00	2:16.00	2:10.00	2:07.00
50m Breaststroke	No Faster Than	0:48.00	0:44.00	0:41.00	0:38.00	0:36.00	0:34.00	0:33.00	0:32.00	0:32.00
100m Breaststroke	No Faster Than	1:40.00	1:36.00	1:30.00	1:23.00	1:17.00	1:14.00	1:12.00	1:10.00	1:09.00
200m Breaststroke	No Faster Than	3:27.00	3:25.00	3:14.00	2:59.00	2:47.00	2:39.00	2:36.00	2:31.00	2:26.00
50m Butterfly	No Faster Than	0:40.00	0:37.00	0:35.00	0:32.00	0:30.00	0:29.00	0:28.00	0:27.00	0:27.00
100m Butterfly	No Faster Than	1:36.00	1:25.00	1:19.00	1:13.00	1:08.00	1:04.00	1:02.00	1:01.00	0:59.00
200m Butterfly	No Faster Than		2:50.00	2:46.00	2:43.00	2:32.00	2:26.00	2:21.00	2:16.00	2:10.00
100m IM	No Faster Than	1:34.00	1:25.00	1:19.00	1:14.00	1:09.00	1:06.00	1:05.00	1:02.00	1:02.00
200m IM	No Faster Than		3:03.00	2:48.00	2:38.00	2:29.00	2:22.00	2:18.00	2:13.00	2:09.00

<b>FEMALE</b>		<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>OPEN</b>
50m Freestyle	No Faster Than	0:36.00	0:34.00	0:32.00	0:31.00	0:30.00	0:29.00	0:28.00	0:27.00	0:27.00
100m Freestyle	No Faster Than	1:20.00	1:16.00	1:09.00	1:05.00	1:02.00	1:00.00	0:59.00	0:58.00	0:57.00
200m Freestyle	No Faster Than	2:55.00	2:44.00	2:30.00	2:19.00	2:14.00	2:10.00	2:08.00	2:05.00	2:03.00
400m Freestyle	No Faster Than		5:35.00	5:15.00	4:54.00	4:44.00	4:37.00	4:33.00	4:25.00	4:23.00
50m Backstroke	No Faster Than	0:42.00	0:38.00	0:36.00	0:34.00	0:33.00	0:32.00	0:31.00	0:30.00	0:30.00
100m Backstroke	No Faster Than	1:34.00	1:24.00	1:17.00	1:13.00	1:09.00	1:08.00	1:07.00	1:04.00	1:03.00
200m Backstroke	No Faster Than	3:26.00	2:57.00	2:45.00	2:35.00	2:29.00	2:24.00	2:23.00	2:18.00	2:16.00
50m Breaststroke	No Faster Than	0:48.00	0:44.00	0:41.00	0:38.00	0:37.00	0:36.00	0:35.00	0:34.00	0:34.00
100m Breaststroke	No Faster Than	1:40.00	1:36.00	1:28.00	1:23.00	1:19.00	1:17.00	1:16.00	1:13.00	1:12.00
200m Breaststroke	No Faster Than	3:27.00	3:25.00	3:11.00	2:57.00	2:52.00	2:46.00	2:40.00	2:38.00	2:36.00
50m Butterfly	No Faster Than	0:40.00	0:37.00	0:35.00	0:33.00	0:31.00	0:30.00	0:29.00	0:28.00	0:28.00
100m Butterfly	No Faster Than	1:36.00	1:25.00	1:20.00	1:13.00	1:10.00	1:08.00	1:06.00	1:04.00	1:03.00
200m Butterfly	No Faster Than		2:50.00	2:46.00	2:43.00	2:35.00	2:32.00	2:29.00	2:23.00	2:20.00
100m IM	No Faster Than	1:34.00	1:25.00	1:20.00	1:14.00	1:11.00	1:10.00	1:09.00	1:06.00	1:06.00
200m IM	No Faster Than		3:03.00	2:49.00	2:39.00	2:32.00	2:29.00	2:27.00	2:22.00	2:20.00





## MEET CONDITIONS

### Introduction

1. The objective of this meet is to adhere to the British Swimming philosophy of providing competition for all and to meet the mission statement "Every swimmer has the opportunity to swim in appropriate, quality competition to enable them to achieve their true potential".
2. The meet promoter is Steve Ray [meets.swimwestdorset@gmail.com](mailto:meets.swimwestdorset@gmail.com).
3. The pool is 25m long, has anti wave ropes and AOE.

### Key Information

4. The following table details the meet key information

Meet Name	WDSC Whitsun Wave 2024 Open Meet
Meet Date	1 <sup>st</sup> & 2 <sup>nd</sup> June 2024
Licensed Level	3
Location	1610 Dorchester Sports Centre, Dorchester, DT1 2HR
Opening Date for Entries	26 <sup>th</sup> April 2024 – 08:00 BST
Closing Date for Entries	3 <sup>rd</sup> May 2024 – 08:00 BST
Age up date	2 <sup>nd</sup> June 2024
Event Fees for club Hy-Tek entries	50m, 100m & 200m - £7.50 per event 400m - £8.00 per event
Online Club Entry Link	<a href="https://forms.gle/CRHRi1fHnyjrwFBu7">https://forms.gle/CRHRi1fHnyjrwFBu7</a>
Event Fees for individual manual (paper) entries	50m, 100m & 200m - £8.50 per event 400m - £9.00 per event
Coaches/Team Manager Poolside Passes	£20.00 per person per day, to include refreshments.
Spectators Fee	Free (this is included as part of the Event Entry Fee)
Swim Meet Officials Sign Up	<a href="https://www.swim-meet.com/Availability/?m=2608">https://www.swim-meet.com/Availability/?m=2608</a>
Swim Meet Volunteers Sign Up	<a href="https://www.swim-meet.com/Availability/?m=2606">https://www.swim-meet.com/Availability/?m=2606</a>
Payment Details	West Dorset Swimming Club BARCLAYS BANK PLC Sort Code: 20-11-43 Account Number: 53204758 Reference: "clubname L3May24" for club entries Reference: "swimmername L3May24" for individual entries



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### **General Conditions**

5. This competition is held under Swim England Laws and Regulations and Swim England (SE) Technical Rules of Racing and has been licenced as Level 3 by Swim England.
6. All competitors must be members of an affiliated club, eligible to compete and registered in accordance with British Swimming laws and technical rules and may enter in the name of one club only.
7. Coaches and Team Managers will be responsible for the conduct and safety of their swimmers. It is therefore expected that Team Managers will always remain in the seating areas and/or with their swimmers (see condition 59 for the expected ratios).
8. The Promoter of this event will adhere strictly to the Health and Safety Laws. It should be noted that no-one will be permitted into the changing rooms, poolside or swimming/spectator seating area until the Promoters and/or Meet Referee are satisfied that these Health and Safety Rules have been met in full. Access to poolside and swimmers' area will be limited to swimmers, coaches in possession of a valid coach's pass, meet officials, and other personnel necessary for the safe running of the meet.

### **Photography**

9. Anyone wishing to use a device capable of photography or video recording must take note of the information posters in the venue. The full Guidance on Photography can be found in Wavepower 2020-2023, which is available on the Swim England website <http://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>.
10. An official event photographer invited by the promoter may be in attendance. If you do not wish your child to be photographed, you must advise the registration desk on arrival.
11. An official event photographer invited by the promoter may be in attendance. If you do not wish your child to be photographed, you must advise the registration desk on arrival.





### Data Protection

12. The Promoter uses a computer, standard and meet management software to manage entries and results. By submitting and accepting entries to the Meet consent is hereby given, as required by the Data Protection Bill 2018 (GDPR), to the holding of personal information on computer. Certain personal data handled such as name, age, club, recorded and entered times may be made public during or after the meet. All Personal Data will be retained in a confidential manner and access to such Data will be restricted by the Meet Promoter and limited to only those operating the Meet Software in order to process results. Any entry details provided on paper will be destroyed within 1 month of the completion of the Meet. Entry information will be held by West Dorset Swimming Club & 1610 Dorchester Sports Centre.

### Entries

13. Entries for this meet will be on a First Come First Served Basis. Entries will be considered in the order the Hy-Tek club entry files are received by email after the event opening:
- Entries Open on Friday 26<sup>th</sup> April 2024 @ 08:00 BST
  - Entries Close on Friday 3<sup>rd</sup> May 2024 @ 08:00 BST
14. Please submit your club summary entry using the following online form. This form can be submitted ahead of the event opening time but will not be used to determine the First Come First Served basis of entry.

<https://forms.gle/CRHRi1fHnyjrWFBu7>



15. Entries will be rejected once the swimmer capacity limit has been exceeded.
16. The Promoter reserve the right to reject any entry where full payment for entries has not been made by the closing date detailed in the Key Information paragraph 4.



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17. Individual entries will only be accepted at the Promoter's discretion.
18. All club/team entries are required to be submitted electronically using the Hy-Tek Team Manager software, or TM Lite software and must be accompanied by the Club Summary Form.
19. Individual swimmer entries only are allowed in paper format using the official meet entry form enclosed.
20. NT entries will be accepted.
21. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
22. The following age restrictions apply to the following events:
  - 200m IM, 200 Butterfly & 400m Freestyle events are only open to swimmers 10 years and over
  - All other events are open to swimmers 9 years and over
23. All swimmers wishing to enter this meet must be registered as a category 2 member of their governing body and age will be as detailed in the Key Information paragraph 4.
24. All events will be swum in combined age groups seeded on entry times. Submitted entries must be in accordance with the attached qualifying times.
25. It is the responsibility of all swimmers/parents and coaches to enter correct times as a random check will be done on the rankings database to check validity. Entry times should be Short Course times. Long Course conversions to Short Course made using British Swimming Tables will be accepted.
26. Prior to the meet, clubs/swimmers will receive a printout or email of accepted entries. Please ensure you check this for accuracy and notify us of any errors as soon as possible.
27. There will be strictly no refunds on accepted entries unless supported by a letter from a medical practitioner. COVID no longer qualifies for refunds.
28. For all entries please supply an email address to enable us to return your acceptance/rejections and any other information as required.







29. Entries or time trials may be permitted on the day, at the promoter's discretion, in the event of space being available. On the day entries will only be accepted for swimmers who have been accepted for at least one other event in the meet. The fee for on the day entries will be the manual entry fee detailed in the Key Information paragraph 4. Clubs will be invoiced after the meet for any extra swims. On the day entries will be processed on a first-come first-served basis. All requests for extra swims must be authorised by a club representative.
30. Should the meet be undersubscribed we may offer the chance for additional entries or time-trials in advance. The fee for additional or time-trial entries in advance will be the Club Hy-Tek entry fee detailed in the Key Information paragraph 4. All such requests must come via an authorised club-representative. Time trials will be processed on a first-come first-served basis.
31. The Promoter does not accept any responsibility for Hy-Tek files that contain incorrect data and will not make any changes to times or events entered for swimmers in error after the closing date. Please be aware that any swimmer's details entered incomplete or incorrectly on the Hy-Tek file will prevent their times being updated by rankings.

#### Payment

32. Cost for entry is detailed in the Key Information paragraph 4.
33. Please pay by bank transfer using details in the Key Information paragraph 4.
34. All payments must be confirmed by email to [treasurer.swimwestdorset@gmail.com](mailto:treasurer.swimwestdorset@gmail.com) and [meets.swimwestdorset@gmail.com](mailto:meets.swimwestdorset@gmail.com).

#### Swimmers

35. All swimmers must report to the Competition Marshalls when instructed to do so. Any competitor not reporting on time may be excluded.
36. All swimmers must be able to execute a competitive racing dive as laid down in SE law or they must start in the water from the side of the pool.
37. It is the swimmer's or their representative's responsibility to inform the meet referee of any reason why they cannot conform to SE technical rules; this should be done before the event in which they are taking part commences.
38. No swimmer should topple into the water in the event of a false or faulty start, a proper shallow dive must be performed.

#### Disability Swimmers





39. All swimmers must have an authorized SE/IPC swimming classification, Certificate of Disability of Function Ability Card.
40. Details of disability must be provided with entry. Please ensure you present, Certificate of Disability or Function Ability Card to the Referee prior to each competition session, failure to do so may result in disqualification.
41. A secondary strobe light is available, if a swimmers requires this please request this with your entries.

#### Timing

42. Electronic placing and timing will be used. The operation of the electronic timing will be in accordance with Rule SW 13.
43. Please note that the scoreboard is only an indication of placing/times and the final results will be at the referee's discretion.

#### Medals

44. Awards will be made to the top 3 swimmers for each of the classes in the age groups, 9, 10, 11, 12, 13, 14, 15, 16 and Open.

#### Officials

45. Clubs are requested to supply a qualified Official for every 7 swimmers entered into the competition for all sessions. However, the Promoter will not refuse entries from clubs who are unable to supply qualified Officials. In the event of an insufficient number of Officials being available for any session, the promoter reserves the right to curtail or otherwise cancel that session. Officials should provide their licence details and availability with the form at the end of this pack.
46. All participating officials will be provided with refreshments.
47. Officials sign up will be using the Swim Meet management platform [www.swim-meet.com](http://www.swim-meet.com). Meet specific links for officials to sign up are included in the Key Information paragraph 4.
48. Officials will be offered reimbursement for costs incurred to officiate at this meet in accordance with the [Swim South West Guidelines](#).



### **Coaches**

49. Coach/Team Manager pass costs for the whole or part of the meet costs are detailed in the Key Information paragraph 4.
50. It is the responsibility of the attending clubs to ensure that Coaches/Team Managers ratios and qualifications meet the requirements of the Swim England Team Manager, Coach and Chaperone policy.
51. It is the responsibility of the attending clubs to ensure that all Coaches/Team Managers/Chaperones have an up to date DBS check and wear their passes at all times when on poolside or in the swimmers' area.

### **Spectators**

52. Spectators will be welcome to the meet, however gallery seating is limited and sitting on the stairs is not allowed for safety reasons.
53. The charge for spectators is detailed in the Key Information paragraph 4.

### **Additional Conditions**

54. During the meet, rules may be amended by the Meet Referee where necessary to cover events out of our control and to ensure the meet runs smoothly.
55. The meet may operate over the top starts at the discretion of the referee.
56. The meet will operate Heat Declared Winners (HDW).
57. All results will be posted on Meet Manager Mobile and a results file will be sent to each competing club after the event.
58. The Promoter reserves the right to exclude any persons from the meet at any time, who displays inappropriate language or behaviour. This includes, but is not limited to, swimmers, coaches or spectators.
59. The Promoter, West Dorset Swimming Club or 1610 Sports Centre are not responsible for any swimmers from other clubs. All clubs are expected to follow the SE Wave Power guidelines on coaches/chaperones to swimmer's ratio.
60. The Promoter, West Dorset Swimming Club or 1610 Dorchester Sports Centre do not accept any responsibility for personal property. Lockers are available in the changing rooms or upstairs behind the viewing gallery.



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61. The Meet Promoter will make every effort to run the event. In any situation that the meet must be cancelled competitors are not eligible for full refunds of their entry fees. Proportionate refunds may be made but only after the promoter has covered all incurred costs.
62. The Meet Promoter will make every effort to run the event at the advertised licence level. In any situation that the meet must be run at either unlicensed or at a lower licence level, competitors are not eligible for refunds of their entry fees.





**INDIVIDUAL ENTRY FORM**

Full Name			Male / Female
Email			
Club Name			
Date of Birth		SE Number	

Events (insert times)				
Freestyle	50m	100m	200m	400m
Backstroke	50m	100m	200m	
Breaststroke	50m	100m	200m	
Butterfly	50m	100m	200m	
IM		100m	200m	

	Number	Cost	Total
Entries 50m, 100m & 200m		£8.50 each	£
Entries 400m		- £9.00 each	£
Total Due			£

Date Received		Payment Made		Hy-Tek Entered	
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