

# South West Region Short Course Winter Championships

Level 2 – Friday 31<sup>st</sup> October – Sunday 2<sup>nd</sup> November 2025

Millfield School, BA16 0YD

The Region plans to run an event which mirrors those of previous years, with the main purpose to provide swimmers with the opportunity to qualify for the Swim England National Winter Meet. Accordingly, the schedule and consideration times for this year takes into account venue capacity as well as age groups for the Swim England National Winter Meet and can be found later in this document.

For the 2025 event the Region will allow short course times to have been achieved in Level 1,2 and 3 competitions since the 4<sup>th</sup> November 2024. Conversion times will be permitted, using Sportsystems time converter only. <https://www2.sportsys.co.uk/time.asp>

The 2025 event has a Level 2 license, and as such, the slowest entries may be rejected if the event proves to be over-subscribed in line with event time limits and venue capacity.

The event will commence on Friday evening with the distance events; 800m for Female athletes and 1500m for Male/Open athletes in line with the Swim England National Winter Meet.

The event will not contain any relay events.

Awards will be given to the first, second and third placed competitor in the 'A' Final.

Awards will also be given to the first, second and third placed Junior competitor, preferences being given to placing recorded in the 'A' Final, then the 'B' Final, then the preliminary heats. The junior age group will be 15 years and below (Age at 31st December 2025), so incorporates athletes born in 2010 and younger.

Due to venue capacity, the Region will be allowing limited spectators at the event and will explore the option of live streaming although cannot guarantee this will be available.

Entry fees will be £12.00 per event.

We will be asking all clubs to support the event with officials and volunteers. Once entries have been confirmed a list of volunteer jobs will be circulated to competing clubs.

# South West Short Course Winter Championships Level 2 Licensed Meet

(Under Swim England Laws and Regulations and Swim England Technical Rules)

## Promoters Conditions

These conditions are in addition to SESW Region Competition General and Swimming Conditions.

1. The meet will be held under Swim England Laws and Regulations and Swim England Technical Rules of Racing.
2. All athletes must be registered as Club Compete members of their governing body.
3. This competition is only open to swimmers who are registered with a club affiliated to Swim England South West Ltd.
4. The Promoter of the event will be SE South West Regional Swimming Committee
5. Entries may be administered by a third party appointed by the Region and will be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 2018, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the meet on application to the promoters.
6. Age groups are based on ages at 31st December 2025.
7. A competitor may compete under the name of one club only.
8. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
9. Applications for entry must be correctly submitted by the specified date, 13<sup>th</sup> October 2025. Late entries or additions will not be accepted.
10. Clubs will be invoiced for entry fees once entries have been accepted.
11. The promoter will limit the number of entries should the event be oversubscribed; the slowest entries in each of the relevant events and levels will be scratched. There will be no refunds on accepted entries. Entries must show on the rankings database but may have been achieved in Level 1, 2 or 3 events.
12. Age groups are open and junior. The junior age group is 15 years and below (Age at 31st December), so incorporates athletes born in 2010 and younger.
13. There will be A and B finals of all events, apart from 400m Freestyle, 400m Individual Medley, 800m Freestyle and 1500m Freestyle which will be HDW.
14. We will accept at least the fastest 24 entries in the 400m Freestyle, 400m IM, 800m Freestyle and 1500m Freestyle. Entries for these events must still be made with a time in the entry file to be accepted.
15. If any deletions are necessary from any event these will be made across both age groups not simply the slowest entries.
16. There will be a secondary sign in process for the 400m Freestyle, 400m Individual Medley, 800m Freestyle and 1500m Freestyle events at least 45 minutes before the scheduled start time for each event.
17. A secondary strobe will be available at this meet.
18. The heats will be seeded on entry times. All entry times must appear on the rankings database within the qualifying window of the 4<sup>th</sup> November 2024 to the 12<sup>th</sup> October 2025.
19. Swimmers must meet the minimum Short Course consideration standard, shown in the consideration times table, to enter this competition. Long Course conversion times are applicable if they meet the minimum time shown in the consideration table. using Sportsystems time converter only.  
<https://www2.sportsys.co.uk/time.asp>
20. Competitors must report to the marshals at least 3 heats before their own event. Failure to do so may mean exclusion from their event.
21. All starts will be from the Scoreboard end of the pool. All starts will be over the top, except for backstroke races.

22. Coaches and team managers will be responsible for their swimmers at all times. The Coach/Team Manager Pass will need to be applied for through the online Swim England Accreditation process. All Teams must be accompanied by at least one Level 2 or Swim England Swimming Coach who must have current Safeguarding and DBS passes. Team Managers on poolside must be TM1 Qualified and be DBS Checked. Full details on how to do this are on the final page of this information pack.
23. Warm up times may change after entries have been accepted. Warm up procedures will be listed and shared prior to the start of the meet.
24. No swimming aids i.e. flippers, snorkels, hand paddles etc will be allowed in the warm up / swim down pool.
25. Clubs are requested to supply a qualified official for every 10 swimmers entered in the competition. However, entries will not be refused from clubs who are unable to supply the recommended number of qualified officials.
26. The promoter reserves the right to refuse admission to any competitor or coach who displays or has previously displayed rude, aggressive, or abusive behaviour.
27. The meet promoter will make every effort to run the event. In any situation that the meet must be cancelled competitors are not automatically eligible for a full refund of their entry fees. Proportionate refunds may be made but only after the promoter has covered all incurred costs, should any situation arise that causes the meet to be cancelled, be run at either unlicensed or at a lower license level, competitors are not eligible for refunds of their entry fees.
- 28. The use of any device with video or photo capture capability are strictly prohibited in the toilets, changing rooms or changing area's at any time.**
29. Anyone wishing to use a device capable of photography or videoing must take careful note of the information posters. The full Swim England Guidance on Photography can be found in Wavepower the Child Safeguarding Policy and Procedures available at <http://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>
30. Start lists and results sheets will appear on the regional website and Meet Mobile.
31. Anything not covered in the above conditions and associated literature will be at the discretion of the promoter but in agreement with the Technical Director. The meet organisers will amend the rules where necessary following the advice of the Technical Director, but only in the event of a situation out of our control and to ensure the smooth running of the meet.
32. The referee's decision is final, subject to Swim England laws. The electronic timing is provisional and may be overruled by the referee.
33. The Competition will be run as an integrated competition. Para-Swim/Disability competitors must have an authorised disability Classification, or Certificate of Disability/Exception which must be declared on the entry form and be presented to the Referee at the start of the relevant session before racing commences. Failure to do so may result in disqualification.
34. Officials who officiate at any of the Sessions will be entitled to Reimbursement of Expenses according to the South West Region's Officials Expenses document. This can be found on the SWR Website and can also be requested from the Referee on the day. Officials should request the Expenses Application Form from the Lead Referee which should be completed and returned to that Referee during the duration of the Meet. This condition applies to all qualified Licenced Officials including those Officials who have swimmers competing in the meet but does not apply to trainee officials.
35. There will be spectators at this meet but due to a capacity limit at the venue a ticketing system will be implemented. Online ticket sales will be available nearer the event.

All participants in the meet will be governed by any changing legal status as imposed by the Government at the time.

Please note that the closing date for entries is midnight on Monday 13<sup>th</sup> October 2025. This is to allow swimmers the opportunity to gain additional qualifying times at the various competitions taking place on the weekend of the 11<sup>th</sup>/12<sup>th</sup> October. All entries must be submitted electronically. Failure to return entries will result in swimmers being excluded from the programme. The programme of events and warm up times are all provisional and may be subject to change once the entries have been received.

# South West Short Course Winter Championships

## Programme of Events

### **SESSION ONE - Friday 31<sup>st</sup> October 2025**

**Warm Up at 18:00 PM; Race Start at 18:45 PM**

- Female 800m Freestyle HDW
- Male/Open 1500m Freestyle HDW

### **SESSION TWO - Saturday 1<sup>st</sup> November 2025**

**Warm Up at 08:00 AM; Race Start at 09:00 AM**

- Male/Open 400m Freestyle HDW
- Female 200m Freestyle
- Male/Open 100m Breaststroke
- Female 100m Backstroke
- Male/Open 200m Butterfly
- Female 50m Breaststroke
- Male/Open 50m Backstroke
- Female 100m Ind. Medley

### **SESSION THREE – Saturday 1<sup>st</sup> November 2025**

**Warm Up TBC; Race Start TBC**

- Male/Open 400m Ind. Medley HDW
- Female 100m Butterfly
- Male/Open 100m Freestyle
- Female 200m Backstroke
- Male/Open 200m Breaststroke
- Female 50m Freestyle
- Male/Open 50m Butterfly
- Female 200m Ind. Medley

### **SESSION FOUR –Saturday 1<sup>st</sup> November 2025**

**Warm Up TBC; Race Start TBC**

- Male/Open 800m Freestyle HDW
- Female 200m Freestyle A & B Finals
- Male/Open 100m Breaststroke A & B Finals
- Female 100m Backstroke A & B Finals
- Male/Open 200m Butterfly A & B Finals
- Female 50m Breaststroke A & B Finals
- Male/Open 50m Backstroke A & B Finals
- Female 100m Ind. Medley A & B Finals
- Female 100m Butterfly A & B Finals
- Male/Open 100m Freestyle A & B Finals
- Female 200m Backstroke A & B Finals
- Male/Open 200m Breaststroke A & B Finals
- Female 50m Freestyle A & B Finals
- Male/Open 50m Butterfly A & B Finals
- Female 200m Ind. Medley A & B Finals

## **SESSION FIVE – Sunday 2<sup>nd</sup> November 2025**

### **Warm Up 08:00 AM; Race Start 09:00 AM**

- Female 400m Freestyle HDW
- Male/Open 200m Freestyle
- Female 100m Breaststroke
- Male/Open 100m Backstroke
- Female 200m Butterfly
- Male/Open 50m Breaststroke
- Female 50m Backstroke
- Male/Open 100m Ind. Medley

## **SESSION SIX – Sunday 2<sup>nd</sup> November 2025**

### **Warm Up 12:30 TBC; Race Start TBC**

- Female 400m Ind. Medley HDW
- Male/Open 100m Butterfly
- Female 100m Freestyle
- Male/Open 200m Backstroke
- Female 200m Breaststroke
- Male/Open 50m Freestyle
- Female 50m Butterfly
- Male/Open 200m Ind. Medley

## **SESSION SEVEN – Sunday 2<sup>nd</sup> November 2025**

### **Warm Up TBC; Race Start TBC**

- Female 1500m Freestyle HDW
- Male/Open 200m Freestyle A & B Finals
- Female 100m Breaststroke A & B Finals
- Male/Open 100m Backstroke A & B Finals
- Female 200m Butterfly A & B Finals
- Male/Open 50m Breaststroke A & B Finals
- Female 50m Backstroke A & B Finals
- Male/Open 100m Ind. Medley A & B Finals
- Male/Open 100m Butterfly A & B Finals
- Female 100m Freestyle A & B Finals
- Male/Open 200m Backstroke A & B Finals
- Female 200m Breaststroke A & B Finals
- Male/Open 50m Freestyle A & B Finals
- Female 50m Butterfly A & B Finals
- Male/Open 200m Ind. Medley A & B Finals

### **Withdrawals**

Please note that withdrawals from finals must be made within 15 minutes of the end of each heat session. This includes the top 20 ranked swimmers in each event. Those swimmers ranked 17th to 20th will act as reserves and will also need to withdraw.

## South West Short Course Winter Championships

### Short Course Consideration Times

Male/Open 2010 or younger	Male/Open Open	Event	Female Open	Female 2010 or younger
25.80	25.20	50m Freestyle	28.20	28.20
56.10	54.80	100m Freestyle	1.01.30	1.01.70
2.02.80	1.59.70	200m Freestyle	2.13.20	2.14.30
4.30.00	4.30.00	400m Freestyle	4.50.00	4.50.00
9.00.00	9.00.00	800m Freestyle	10.00.00	10.00.00
18.00.00	18.00.00	1500m Freestyle	20.00.00	20.00.00
32.90	31.70	50m Breaststroke	35.90	36.10
1.11.70	1.08.60	100m Breaststroke	1.17.80	1.18.00
2.36.90	2.31.50	200m Breaststroke	2.47.60	2.48.10
28.10	27.00	50m Butterfly	30.40	30.50
1.02.40	1.00.20	100m Butterfly	1.07.90	1.08.30
2.22.80	2.17.40	200m Butterfly	2.30.30	2.33.00
29.20	28.10	50m Backstroke	31.90	32.00
1.02.40	1.01.20	100m Backstroke	1.08.10	1.08.50
2.18.00	2.15.40	200m Backstroke	2.28.50	2.28.80
1.05.50	1.03.70	100m Ind. Medley	1.11.30	1.11.50
2.18.90	2.15.70	200m Ind. Medley	2.29.70	2.31.60
5.00.00	4.55.00	400m Ind. Medley	5.20.00	5.29.00

All entries must be made from times on the rankings database from Level 1, 2 or 3 events since the 4<sup>th</sup> November 2024. The Region reserves the right to reject swimmers with a consideration time to meet the maximum time allowed by licensing regulations or to meet the venue capacity.

Times must be submitted on the entry file for all events to ensure entries can be processed correctly.

# South West Short Course Winter Championships

## Para Conditions

These supplementary conditions are to be adhered to in conjunction with the promoters' conditions for the South West Short Course Winter Championships.

## Events

- 50m Freestyle S1 – S14
- 50m Backstroke S1 – S5
- 50m Breaststroke SB1 – SB3
- 50m Butterfly S2 – S7
- 100m Freestyle S1 – S14
- 100m Backstroke S1 – S2 & S6 – S14
- 100m Breaststroke SB4 – SB9 & SB11 – SB14
- 100m Butterfly S8 – S14
- 200m Ind. Medley SM5 – SM14
- 200m Freestyle S1 – S5 & S14
- 400m Freestyle S6 – S14

## Eligibility

All swimmers must have an authorized SE/IPC swimming classification or a Certificate of Disability / Exception. Qualifying standards will apply, and all swimmers can qualify from Level 1, 2 or 3 events and must have been achieved in the qualification window specified.

## Heats

The Region will combine the events with able bodied events and results will be from heat declared winner.

## Awards

Awards shall be awarded on multi disability points basis to swimmer in 1st, 2nd and 3rd place.

*Swim England South West Region Winter Championships*  
**PARA SWIMMING ENTRY FORM**

Entries must be made on this form or by email as they will not be accepted by Hy-Tek unless the times are within AB QTs.

<p><b>FULL NAME (IN CAPITALS)</b> .....</p> <p><b>Club</b>.....</p> <p><b>BIRTH SEX FEMALE / OPEN    DOB</b>..... <b>Swim England number</b> .....</p> <p><b>CLASSIFICATION:</b>  <b>S( ) SM( ) SB( )</b></p> <p><b>Email address confirmation to be sent to</b>          .....</p>
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Completed entries to be returned to [swentries@swimming.org](mailto:swentries@swimming.org)

**CLOSING DATE FOR ENTRIES: Monday 13<sup>th</sup> October 2025.**

<b>ENTRY</b> <b>£12.00 PER INDIVIDUAL EVENT</b>	<b>ENTRY TIME</b> <b>SHORT COURSE</b> <b>TIMES TO BE USED</b>	
50M FREESTYLE S1-S14		
100M FREESTYLE S1-S14		
200M FREESTYLE S1- S5 & S14		
400M FREESTYLE S6-S14		
50M BACKSTROKE S1-S5		
100M BACKSTROKE S1-S2 & S6-S14		
50M BUTTERFLY S2-S7		
100M BUTTERFLY S8-S14		
50M BREASTSTROKE SB1-SB3		
100M BREASTSTROKE SB4-SB9 Except SB10		
200M IND. MEDLEY SM5-SM14		

Signature of Competitor.....Date:.....

I certify that the above information is correct :.....( signed Club Secretary or coach).

## South West Short Course Winter Championships – Para SC Consideration Times

		Freestyle				Backstroke		Butterfly		Breaststroke		IM		
		50m	100m	200m	400m	50m	100m	50m	100m	50m	100m	200m		
S1	Open	2.22.90	4.19.10	12.11.80		2.15.80	4.39.10			SB1	3.26.30			
	Female	2.14.60	6.39.40	10.35.90		3.37.50	7.10.90				3.37.30			
S2	Open	1.39.30	3.55.10	7.02.70		1.36.90	3.29.20	3.50.70		SB2	1.36.90			
	Female	2.05.30	5.47.50	10.14.20		1.47.70	4.02.20	3.43.70			2.17.60			
S3	Open	1.13.00	2.43.0	5.44.30		1.21.80		2.18.60		SB3	1.21.60			
	Female	1.31.10	2.49.80	6.24.40		1.31.40		2.07.50			1.41.10			
S4	Open	1.03.40	2.19.10	4.59.20		1.13.00		1.14.30		S4B		2.37.40		
	Female	1.21.10	2.49.0	6.15.60		1.26.00		2.44.30				3.13.30		
S5	Open	55.80	2.02.70	4.23.70		1.03.40		58.50		SB5		2.30.90	SM5	5.39.40
	Female	1.01.70	2.14.40	4.53.70		1.12.40		1.14.70				3.01.30		5.53.90
S6	Open	48.30	1.48.50		8.18.00		1.59.90	50.00		SB6		2.13.00	SM6	4.18.90
	Female	55.60	2.00.10		9.13.80		2.20.40	1.01.10				2.39.40		5.07.70
S7	Open	45.40	1.41.20		7.57.80		1.58.40	48.80		SB7		2.06.10	SM7	4.16.70
	Female	53.90	1.56.80		8.40.00		2.15.80	59.20				2.36.20		4.59.00
S8	Open	43.70	1.33.60		7.18.40		1.45.50		1.41.10	S8B		1.55.70	SMB	3.55.00
	Female	50.60	1.48.70		8.02.70		2.07.70		1.58.70			2.11.20		4.34.30
S9	Open	42.20	1.31.40		7.00.00		1.44.40		1.37.20	SB9		1.50.40	SM9	3.46.30
	Female	47.10	1.42.40		7.43.20		1.53.10		1.51.70			2.07.30		4.14.30
S10	Open	37.90	1.25.10		6.44.90		1.38.50		1.32.10	SB10			SM10	3.32.00
	Female	44.80	1.38.00		7.27.40		1.49.50		1.51.00					4.03.20
S11	Open	42.90	1.35.90		7.36.70		1.51.30		1.41.00	SB11		1.59.50	SM11	4.01.80
	Female	51.0	1.54.80		9.01.80		2.16.30		2.24.30			2.28.10		4.42.90
S12	Open	38.90	1.25.20		6.46.10		1.38.20		1.33.30	SB12		1.49.60	SM12	3.36.60
	Female	45.30	1.37.80		7.33.60		1.59.20		1.49.90			2.18.00		4.21.30
S13	Open	38.80	1.25.10		6.45.80		1.37.80		1.33.50	SB13		1.49.20	SM13	3.36.40
	Female	45.40	1.37.50		7.29.00		1.56.60		1.50.80			2.08.70		4.03.70
S14	Open	40.60	1.28.90	3.07.30	6.57.40		1.36.70		1.36.90	SB14		1.48.80	SM14	3.37.30
	Female	45.70	1.37.60	3.21.00	8.05.10		1.46.80		1.52.00			2.04.90		3.53.30

## South West Short Course Winter Championships

### Officials

We will require the support of our officials for this competition. Please find the sign up link below.

<https://swim-meet.com/Availability/?m=1111>

### Coach/Team Manager Accreditation Process

For this event we will be using a new system for Coaches and Team Managers to apply for their poolside passes. We will be using the Swim England System for Accreditation which will make the process much easier for clubs and the Region when processing.

This is the same system that is used for many national events and involves applying through the website and printing out your pass that you will take along to the event.

1. Log into [www.swimmingresults.org](http://www.swimmingresults.org)
2. On the 'Members' tab click on 'Swim England Member Options'. This will bring up a log in screen which you will need your membership number and password for (details on how to make an account or reset your password if forgotten is available on this page).
3. Once you are logged in you should have a number of options listed. Click on the link for 'Purchase accreditation for events here'. Please note you must ensure that you have a headshot uploaded and that all your qualifications, Safeguarding and DBS information is in date on your clubs OMS system.
4. After clicking the link the page will show a number of events from around the Country, you will need to scroll to find 'South West SC Winter Championships'.
5. All of the fields for this event will need to show as pass in a green box for you to be able to purchase accreditation. If any of the boxes are red you will need to go back to your club and make sure that all of the information is up to date.
6. Once on this page there is a link for 'purchase accreditation' click on that and follow the prompts.
7. After payment it will give you the option to print your accreditation, please print this and bring along to the event. We will be handing out lanyards and pouches at the event for you to add this to. Without the pass you will not be admitted to the event.

Please note there will be a fee of £5.00 for a pass for this event. Any problems please email [swimsouthwest@swimming.org](mailto:swimsouthwest@swimming.org)