

South West Region Short Course Winter Championships

Level 2 – Friday 6th November 2026 – Sunday 8th November 2026

Millfield School, BA16 0YD

License Number 2SW262186

The Region plans to run an event which mirrors those of previous years, with the main purpose to provide swimmers with the opportunity to qualify for the Swim England National Winter Meet. Accordingly, the schedule and consideration times for this year takes into account venue capacity as well as age groups for the Swim England National Winter Meet and can be found later in this document.

For the 2026 event the Region will allow short course times to have been achieved in Level 1 2 and 3 competitions since the 3rd November 2025. Conversion times will be permitted, using Sportsystems time converter only. <https://www2.sportsys.co.uk/time.asp>

The event will commence on Friday with a distance event and other events.

Due to venue capacity, the Region will be allowing limited spectators at the event and will explore the option of live streaming although cannot guarantee this will be available. A ticketing system will be implemented, and entry will be via tickets only.

Entry fees will be £12.00 per event.

We will be asking all clubs to support the event with officials and volunteers. Once entries have been confirmed a list of volunteer jobs will be circulated to competing clubs.

Awards will be 1st 2nd 3rd place in the Senior (16 +) and Junior (15 U) Final. HDW events will also receive awards as the finals events and Para Swimmers will receive separate awards for their events.

South West Short Course Winter Championships Level 2 Licensed Meet

(Under Swim England Laws and Regulations and Swim England Technical Rules)

Promoters Conditions

These conditions are in addition to SESW Region Competition General and Swimming Conditions.

1. The meet will be held under Swim England Laws and Regulations and Swim England Technical Rules of Racing.
2. All athletes must be registered as Club Compete members of their governing body.
3. This competition is only open to swimmers who are registered with a club affiliated to Swim England South West Ltd and who have not swum in any other regional area events over the last calendar year.
4. The Promoter of the event will be SE South West Regional Swimming Committee
5. Entries may be administered by a third party appointed by the Region and will be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 2018, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the meet on application to the promoters.
6. Age groups are based on ages at 31st December 2026.
7. A competitor may compete under the name of one club only.

8. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
9. Applications for entry must be correctly submitted by the specified date, 19th October 2026. Late entries or additions will not be accepted.
10. Clubs will be invoiced for entry fees once entries have been accepted.
11. The promoter will limit the number of entries should the event be oversubscribed; the slowest entries in each of the relevant events and levels will be scratched. There will be no refunds on accepted entries. Entries must show on the rankings database but may have been achieved in Level 1, 2 or 3 events.
12. Age groups are 13/14, 15, 16 and 17 plus
13. There will be Senior and Junior finals of all events, apart from 400m Freestyle, 400m Individual Medley, 800m Freestyle and 1500m Freestyle which will be HDW.
14. We will accept at least the fastest x number of entries for all events. The number of entries per event is listed in the Consideration Times. Entries for these events must still be made with a time in the entry file to be accepted. Para Swimmers are not included in this number as they will be in addition to.
15. If entries are low in one event the promoters of this event may wish to fill other events with more than the number required to allow more athletes to swim
16. If any deletions are necessary from any event these will be made across all age groups not, simply the slowest entries.
17. There will be a secondary sign in process for the 800m Freestyle and 1500m Freestyle events. Swimmers must sign in prior to the warm up session starting. Coaches may sign in on behalf of the swimmer.
18. A secondary strobe will be available at this meet.
19. The heats will be seeded on entry times. All entry times must appear on the rankings database within the qualifying window of the 3rd November 2025 to the 19th October 2026
20. Swimmers must meet the minimum Short Course consideration standard, shown in the consideration times table, to enter this competition. Long Course conversion times are applicable if they meet the minimum time shown in the consideration table. using Sportsystems time converter only.
<https://www2.sportsys.co.uk/time.asp>
21. Competitors must report to the marshals at least 3 heats before their own event. Failure to do so may mean exclusion from their event.
22. All starts will be from the Scoreboard end of the pool. All starts will be over the top, except for backstroke races.
23. Coaches and team managers will be responsible for their swimmers at all times. The Coach/Team Manager Pass will need to be applied for through the online Swim England Accreditation process. All Teams must be accompanied by at least one Swim England Coach or the equivalent Level 2 Coach who must have current Safeguarding and be DBS checked. Team Managers on poolside must be TM1 Qualified and be DBS checked. Full details on how to do this are on the final page of this information pack.
24. Warm up times may change after entries have been accepted. Warm up procedures will be listed and shared prior to the start of the meet.
25. No swimming aids i.e. flippers, snorkels, hand paddles etc. will be allowed in the warm up / swim down pool.
26. Clubs are requested to supply qualified officials and volunteers to assist with the running of the event.
27. The promoter reserves the right to refuse admission to any competitor, coach or spectator who displays or has previously displayed rude, aggressive, or abusive behaviour.
28. The meet promoter will make every effort to run the event. In any situation that the meet must be cancelled competitors are not automatically eligible for a full refund of their entry fees. Proportionate refunds may be made but only after the promoter has covered all incurred costs, should any situation arise that causes the meet to be cancelled, be run at either unlicensed or at a lower license level, competitors are not eligible for refunds of their entry fees.
29. **The use of any device with video or photo capture capability is strictly prohibited in the toilets, changing rooms or changing area's at any time. Strict sanctions will be imposed if this rule is broken.**
30. Anyone wishing to use a device capable of photography or videoing must take careful note of the information posters. The full Swim England Guidance on Photography can be found in Wavepower the Child Safeguarding Policy and Procedures available at
<http://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>
31. Psych sheets will be available on the website, this is a list of all swimmers entered into the various events. Heat sheets will be supplied to Coach and Team Manager via WhatsApp and printed—**maximum of 2 per club will be printed.**

32. Anything not covered in the above conditions and associated literature will be at the discretion of the promoter but in agreement with the Technical Director. The meet organisers will amend the rules where necessary following the advice of the Technical Director, but only in the event of a situation out of our control and to ensure the smooth running of the meet.
33. The referee's decision is final, subject to Swim England laws. The electronic timing is provisional and may be overruled by the referee.
34. The Competition will be run as an integrated competition. Para-Swim/Disability competitors must have an authorised disability Classification, or Certificate of Disability/Exception which must be declared on the entry form and be presented to the Referee at the start of the relevant session before racing commences. Failure to do so may result in disqualification.
35. Officials who officiate at any of the Sessions will be entitled to Reimbursement of Expenses according to the South West Region's Officials Expenses document. This can be found on the SWR Website - www.swimwest.org.uk/swimming and can also be requested from the Referee on the day. Officials should request the Expenses Application Form from the Lead Referee which should be completed and returned to that Referee during the duration of the Meet. This condition applies to all qualified Licensed Officials including those Officials who have swimmers competing in the meet but does not apply to trainee officials.
36. There will be spectators at this meet but due to a capacity limit at the venue a ticketing system will be implemented. Online ticket sales will be available nearer the event. Entry will only be allowed with a valid ticket purchased prior to the event.

Please note that the closing date for entries is midday on Monday 19th October 2026. This is to allow swimmers the opportunity to gain additional qualifying times at the various competitions taking place on the weekend of the 17th/18th October. All entries must be submitted electronically. Failure to return entries will result in swimmers being excluded from the programme. The programme of events and warm-up times are all provisional and may be subject to change once the entries have been received.

South West Short Course Winter Championships Programme of Events

SESSION ONE - Friday 06.11.2026

Warm Up at 18:00 PM; Race Start at 18:25 PM

SESSION TWO - Saturday 7th November 2026

Warm Up at 08:00 AM; Race Start at 09:00 AM

SESSION THREE – Saturday 7th November 2026

Warm Up TBC; Race Start TBC

SESSION FOUR –Saturday 7th November 2026

Warm Up TBC; Race Start TBC

SESSION FIVE – Sunday 8th November 2026

Warm Up 08:00 AM; Race Start 09:00 AM

SESSION SIX – Sunday 8th November 2026

Warm Up TBC; Race Start TBC

SESSION SEVEN –Sunday 8th November 2026

Warm Up TBC; Race Start TBC

Withdrawals

Please note that withdrawals from finals must be made within 15 minutes of the end of each heat session.

Friday - SESSION 1

101	1500 Free	Mixed	Mixed
102	200 Breast	Senior	Male/Open
103	200 Breast	Senior	Female
104	50 Fly	Senior	Male/Open
105	50 Fly	Senior	Female

SESSION 2 SENIOR

201	400 IM	Mixed	Mixed
202	100 Free	Senior	Female
203	50 Back	Senior	Male/Open
204	200 Fly	Senior	Female
205	100 IM	Senior	Male/Open
206	50 Breast	Senior	Female
207	200 Free	Senior	Male/Open
208	200 Back	Senior	Female
209	100 Fly	Senior	Male/Open
210	200 IM	Senior	Female
211	50 Free	Senior	Male/Open
212	100 Breast	Senior	Female
213	100 Back	Senior	Male/Open
214	8 x 25 Free Relay	15+	Mixed

SESSION 3 JUNIOR

301	800 Free	Senior	Mixed
302	100 Back	Junior	Male/Open
303	100 Free	Junior	Female
304	50 Back	Junior	Male/Open
305	50 Fly	Junior	Female
306	200 Breast	Junior	Male/Open
307	50 Breast	Junior	Female
308	100 IM	Junior	Male/Open
309	200 Fly	Junior	Female
310	200 Free	Junior	Male/Open
311	200 Back	Junior	Female
312	100 Fly	Junior	Male/Open
313	200 IM	Junior	Female
314	50 Free	Junior	Male/Open
315	100 Breast	Junior	Female

SESSION 4 - FINALS

401	100 Free Final	Senior/Junior	Female
402	50 Back Final	Senior/Junior	Male/Open
403	200 Fly Final	Senior/Junior	Female
404	200 Breast Final	Senior/Junior	Male/Open
405	200 Breast Final	Senior	Female
406	50 Fly Final	Senior	Male/Open
407	50 Fly Final	Senior/Junior	Female
408	100 Back Final	Senior/Junior	Male/Open
409	50 Breast Final	Senior/Junior	Female
410	100 IM Final	Senior/Junior	Male/Open
411	200 Back Final	Senior/Junior	Female
412	200 Free Final	Senior/Junior	Male/Open
413	100 Breast Final	Senior/Junior	Female
414	50 Free Final	Senior/Junior	Male/Open
415	200 IM Final	Senior/Junior	Female
416	100 Fly Final	Senior/Junior	Male/Open

SESSION 5 SENIOR

501	400 Free	Mixed	Mixed
502	100 Free	Senior	Male/Open
503	50 Back	Senior	Female
504	200 Fly	Senior	Male/Open
505	100 IM	Senior	Female
506	50 Breast	Senior	Male/Open
507	200 Free	Senior	Female
508	200 Back	Senior	Male/Open
509	100 Fly	Senior	Female
510	200 IM	Senior	Male/Open
511	50 Free	Senior	Female
512	100 Breast	Senior	Male/Open
513	100 Back	Senior	Female
514	8 x 25 Med Relay	15+	Mixed

SESSION 6 JUNIOR

601	800 Free	Junior	Mixed
602	100 Back	Junior	Female
603	100 Free	Junior	Male/Open
604	50 Back	Junior	Female
605	50 Fly	Junior	Male/Open
606	200 Breast	Junior	Female
607	50 Breast	Junior	Male/Open
608	100 IM	Junior	Female
609	200 Fly	Junior	Male/Open
610	200 Free	Junior	Female
611	200 Back	Junior	Male/Open
612	100 Fly	Junior	Female
613	200 IM	Junior	Male/Open
614	50 Free	Junior	Female
615	100 Breast	Junior	Male/Open

SESSION 7 - FINALS

701	100 Free Final	Senior/Junior	Male/Open
702	50 Back Final	Senior/Junior	Female
703	200 Fly Final	Senior/Junior	Male/Open
704	200 Breast Final	Junior	Female
705	50 Fly Final	Junior	Male/Open
706	100 Back Final	Senior/Junior	Female
707	50 Breast Final	Senior/Junior	Male/Open
708	100 IM Final	Senior/Junior	Female
709	200 Back Final	Senior/Junior	Male/Open
710	200 Free Final	Senior/Junior	Female
711	100 Breast Final	Senior/Junior	Male/Open
712	50 Free Final	Senior/Junior	Female
713	200 IM Final	Senior/Junior	Male/Open
714	100 Fly Final	Senior/Junior	Female

South West Winter Regional Consideration Times 2026

			Junior				Senior			
			13/14		15		16		17+	
			2012 - 2013		2011		2010		2009 or older	
			Open/Male	Female	Open/Male	Female	Open/Male	Female	Open/Male	Female
Max #			CQT	CQT	CQT	CQT	CQT	CQT	CQT	CQT
50 Free	SC	16	27.30	29.00	27.00	28.70	25.60	28.00	25.00	27.50
100 Free	SC	16	59.90	1:04.00	58.90	1:02.50	56.60	1:02.00	54.00	59.50
200 Free	SC	12	2:11.00	2:21.00	2:09.50	2:15.00	2:02.50	2:13.50	1:58.00	2:12.00
400 Free	SC	8	4:40.50	4:54.50	4:36.00	4:46.00	4:23.00	4:45.00	4:12.00	4:39.00
800 Free	SC	8	09:39.00	10:15.00	09:15.00	10:00.00	09:12.00	10:00.00	08:50.00	09:45.00
1500 Free	SC	6	18:33.00	19:51.50	18:00.00	19:15.00	17:55.00	19:15.00	17:20.00	18:38.00
50 Back	SC	16	32.00	33.40	31.00	33.00	30.00	32.00	29.50	31.00
100 Back	SC	16	1:09.70	1:12.50	1:08.00	1:11.80	1:04.50	1:09.40	1:01.00	1:06.70
200 Back	SC	12	2:30.00	2:37.00	2:23.00	2:35.00	2:18.00	2:33.50	2:15.00	2:23.50
50 Breast	SC	16	36.00	37.20	34.00	37.00	33.20	36.50	32.00	35.50
100 Breast	SC	16	1:18.20	1:21.50	1:16.50	1:21.00	1:13.50	1:20.00	1:10.00	1:17.50
200 Breast	SC	12	2:51.50	2:56.00	2:51.00	2:56.00	2:50.00	2:55.00	2:39.00	2:52.00
50 Fly	SC	16	30.00	31.60	29.30	31.10	28.50	30.50	27.00	30.00
100 Fly	SC	16	1:07.00	1:13.00	1:07.00	1:11.50	1:05.00	1:10.50	59.50	1:06.50
200 Fly	SC	12	2:34.00	2:48.00	2:34.00	2:44.00	2:28.00	2:42.00	2:15.00	2:40.00
100 IM	SC	16	1:09.00	1:12.50	1:07.00	1:12.50	1:04.50	1:11.00	1:02.00	1:08.00
200 IM	SC	12	2:29.00	2:37.50	2:28.00	2:36.00	2:19.50	2:33.00	2:14.50	2:27.00
400 IM	SC	8	5:20.00	5:32.00	5:15.00	5:30.00	5:05.00	5:29.00	5:00.00	5:25.00

Qualifying Window will be 3rd November 2025 - 18th October 2026

All entries must be made from times on the rankings database from Level 1, 2 or 3 events since the 3rd November 2025. The Region reserves the right to reject swimmers with a consideration time to meet the maximum time allowed by licensing regulations or to meet the venue capacity.

Times must be submitted on the entry file for all events to ensure entries can be processed correctly.

South West Short Course Winter Championships

Para Conditions

These supplementary conditions are to be adhered to in conjunction with the promoters' conditions for the South West Short Course Winter Championships.

Events

- 50m Freestyle S1 – S14
- 50m Backstroke S1 – S5
- 50m Breaststroke SB1 – SB3
- 50m Butterfly S2 – S7
- 100m Freestyle S1 – S14
- 100m Backstroke S1 – S2 & S6 – S14
- 100m Breaststroke SB4 – SB9 & SB11 – SB14
- 100m Butterfly S8 – S14
- 200m Ind. Medley SM5 – SM14
- 200m Freestyle S1 – S5 & S14
- 400m Freestyle S6 – S14

Eligibility

All swimmers must have an authorized SE/IPC swimming classification or a Certificate of Disability / Exception. Qualifying standards will apply, and all swimmers can qualify from Level 1, 2 or 3 events and must have been achieved in the qualification window specified.

Heats

The Region will combine the events with able bodied events and results will be from heat declared winner.

Awards

Awards shall be awarded on multi disability points basis to swimmer in 1st, 2nd and 3rd place.

Medals will be given to the top 3 Para/Disabled swimmers based on British Disability Points. If there is only one entry in an event the swimmer must match or better the entry time to be awarded the gold medal.

Swim England South West Region Winter Championships

PARA SWIMMING ENTRY FORM

Entries must be made on this form or by email as they will not be accepted by Hy-Tek unless the times are within AB QTs.

FULL NAME (IN CAPITALS)

.....

Club.....

BIRTH SEX FEMALE / OPEN DOB..... Swim England number

.....

CLASSIFICATION:

S() SM() SB()

Email address confirmation to be sent to

.....

Completed entries to be returned to swentries@swimming.org

CLOSING DATE FOR ENTRIES: Monday 13th October 2025.

ENTRY £12.00 PER INDIVIDUAL EVENT	ENTRY TIME SHORT COURSE TIMES TO BE USED	
50M FREESTYLE S1-S14		
100M FREESTYLE S1-S14		
200M FREESTYLE S1- S5 & S14		
400M FREESTYLE S6-S14		
50M BACKSTROKE S1-S5		
100M BACKSTROKE S1-S2 & S6-S14		
50M BUTTERFLY S2-S7		
100M BUTTERFLY S8-S14		
50M BREASTSTROKE SB1-SB3		
100M BREASTSTROKE SB4-SB9 Except SB10		
200M IND. MEDLEY SM5-SM14		

Signature of Competitor.....^{..}Date:.....

I certify that the above information is correct :.....(signed Club Secretary or coach).

South West Short Course Winter Championships – Para SC Consideration Times

		Freestyle				Backstroke		Butterfly			Breaststroke			IM
		50m	100m	200m	400m	50m	100m	50m	100m		50m	100m		200m
S1	Open	2.22.90	4.19.10	12.11.80		2.15.80	4.39.10			SB1	3.26.30			
	Female	2.14.60	6.39.40	10.35.90		3.37.50	7.10.90				3.37.30			
S2	Open	1.39.30	3.55.10	7.02.70		1.36.90	3.29.20	3.50.70		SB2	1.36.90			
	Female	2.05.30	5.47.50	10.14.20		1.47.70	4.02.20	3.43.70			2.17.60			
S3	Open	1.13.00	2.43.0	5.44.30		1.21.80		2.18.60		SB3	1.21.60			
	Female	1.31.10	2.49.80	6.24.40		1.31.40		2.07.50			1.41.10			
S4	Open	1.03.40	2.19.10	4.59.20		1.13.00		1.14.30		S4B		2.37.40		
	Female	1.21.10	2.49.0	6.15.60		1.26.00		2.44.30				3.13.30		
S5	Open	55.80	2.02.70	4.23.70		1.03.40		58.50		SB5		2.30.90	SM5	5.39.40
	Female	1.01.70	2.14.40	4.53.70		1.12.40		1.14.70				3.01.30		5.53.90
S6	Open	48.30	1.48.50		8.18.00		1.59.90	50.00		SB6		2.13.00	SM6	4.18.90
	Female	55.60	2.00.10		9.13.80		2.20.40	1.01.10				2.39.40		5.07.70
S7	Open	45.40	1.41.20		7.57.80		1.58.40	48.80		SB7		2.06.10	SM7	4.16.70
	Female	53.90	1.56.80		8.40.00		2.15.80	59.20				2.36.20		4.59.00
S8	Open	43.70	1.33.60		7.18.40		1.45.50		1.41.10	S8B		1.55.70	SMB	3.55.00
	Female	50.60	1.48.70		8.02.70		2.07.70		1.58.70			2.11.20		4.34.30
S9	Open	42.20	1.31.40		7.00.00		1.44.40		1.37.20	SB9		1.50.40	SM9	3.46.30
	Female	47.10	1.42.40		7.43.20		1.53.10		1.51.70			2.07.30		4.14.30
S10	Open	37.90	1.25.10		6.44.90		1.38.50		1.32.10	SB10			SM10	3.32.00
	Female	44.80	1.38.00		7.27.40		1.49.50		1.51.00					4.03.20
S11	Open	42.90	1.35.90		7.36.70		1.51.30		1.41.00	SB11		1.59.50	SM11	4.01.80
	Female	51.0	1.54.80		9.01.80		2.16.30		2.24.30			2.28.10		4.42.90
S12	Open	38.90	1.25.20		6.46.10		1.38.20		1.33.30	SB12		1.49.60	SM12	3.36.60
	Female	45.30	1.37.80		7.33.60		1.59.20		1.49.90			2.18.00		4.21.30
S13	Open	38.80	1.25.10		6.45.80		1.37.80		1.33.50	SB13		1.49.20	SM13	3.36.40
	Female	45.40	1.37.50		7.29.00		1.56.60		1.50.80			2.08.70		4.03.70
S14	Open	40.60	1.28.90	3.07.30	6.57.40		1.36.70		1.36.90	SB14		1.48.80	SM14	3.37.30
	Female	45.70	1.37.60	3.21.00	8.05.10		1.46.80		1.52.00			2.04.90		3.53.30

South West Short Course Winter Championships

Officials

We will require the support of our officials for this competition. Please find the sign up link below:
<https://swim-meet.com/Availability/?m=8763>

Coach/Team Manager Accreditation Process

For this event we will be using a new system for Coaches and Team Managers to apply for their poolside passes. We will be using the Swim England System for Accreditation which will make the process much easier for clubs and the Region when processing.

This is the same system that is used for many national events and involves applying through the website and printing out your pass that you will take along to the event.

<https://swim-meet.com/Availability/?m=8763>

1. Log into www.swimmingresults.org
2. On the 'Members' tab click on 'Swim England Member Options'. This will bring up a log in screen which you will need your membership number and password for (details on how to make an account or reset your password if forgotten is available on this page).
3. Once you are logged in you should have a number of options listed. Click on the link for 'Purchase accreditation for events here'. Please note you must ensure that you have a headshot uploaded and that all your qualifications, Safeguarding and DBS information is in date on your clubs OMS system.
4. After clicking the link the page will show a number of events from around the Country, you will need to scroll to find 'South West SC Winter Championships'.
5. All of the fields for this event will need to show as pass in a green box for you to be able to purchase accreditation. If any of the boxes are red you will need to go back to your club and make sure that all of the information is up to date.
6. Once on this page there is a link for 'purchase accreditation' click on that and follow the prompts.
7. After payment it will give you the option to print your accreditation, please print this and bring along to the event. We will be handing out lanyards and pouches at the event for you to add this to. Without the pass you will not be admitted to the event.

Please note there will be a fee of £5.00 for a pass for this event. Any problems please email swimsouthwest@swimming.org