

Swim England South West Region Summer Championships 2026

Licence Number: 1SW260538, 1SW260539, 1SW260540
Level One Meet

Below are the conditions and full details of 2026 Summer Championships for the South West Region. Winter Championships will be available at a later date. Qualifying times/Consideration times and Para Event details are at the end of this document.

Important notes:

When sending in entries, we only require the entry file, a copy of the entry summary, para paper entry form and note on all correspondence **which club you are from with the name and club code**. Please ensure contact details are clear and this can then be updated to the database as required.

No payment is to be made until the entries are confirmed and we will endeavour to supply this information in plenty of time for the payments to be made prior to the event commencing. There are Hytek entry files for all events, and these must be used for club entries, however individual entries will be accepted when there is only one entry per club. These should be made by emailing SE number and events to be entered to swentries@swimming.org

Closing Date:

The closing date and time will be midnight on Wednesday 8th April 2026 for all three weekends, this will allow times achieved at designated meets on the weekend of 4th and 5th April 2026 to be sent to Rankings and hopefully appear on the swimmers file. We will not be accepting updated times from those meets if entries had already been submitted, do not send more than one entry file.

Data Protection Statement:

Entries will be administered by the promoter of the event employed by the Region and will be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 2018, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the meet on application to the promoter. Swim England SWR values your privacy and operates in line with the Data Protection Act 2018. In order to operate the SWR Championships, we have a legitimate interest to collect and process some personal data from all competitors.

NB: Personal information may be available to a third party who is operating timing and inputting systems on the day of the competition. The above consent clause also applies. Name, Date of Birth, Club & Club Code & Swim England Registration Number
Personal data collected for the purposes of managing the Championships will be destroyed 1 year after the event. Results from the event with names of competitors will continue to be retained as a regional record.

Officials:

To comply with Licence regulations, we do need officials for all sessions, if there are insufficient officials the Meet level may be lowered or in the worst instance the Licence may be withdrawn and the times achieved will not be entered on to Aquatics GB Rankings. So please ensure your officials use the SwimMeet sign up in order to declare their availability to the Officials Secretary.

The link to use is as follows: <https://swim-meet.com/OfficialsSignup/SwimEnglandSouthWest/>
Should there be an issue with this link please email the Officials Secretary : swofficialssecretary@gmail.com

Volunteers:

The Region cannot run an event without the valuable support of the volunteers from our clubs. We need volunteers for all sessions; Young Volunteers are also welcome to support their development and assist the region.

For each club that enters this meet volunteers do need to be supplied – please encourage your parents/volunteers to sign up by using the SwimMeet sign up in order to declare their availability to the Meet Promoter. The link to use is as follows:

<https://swim-meet.com/Volunteers/> Should there be an issue with this link for any reason please email chris.vickery@swimming.org

All Volunteers are most welcome and will be supported by the team.

1. General Conditions

- a. This Event will be held under Swim England Laws and Regulations and Swim England Technical Rules of Racing.
- b. The Swim England South West Regional Management Board Reserves full power over all Regional Swimming Championships including but not limited to cancelling, postponing or changing the competition venue and/or format due to reasons beyond its reasonable control.
- c. Management and Promoter responsibilities shall be delegated to the Swim England South West Swimming Committee and their nominated representative as Promoter.
- d. The Promoter of the Event is Mrs. Chris Vickery
- e. In the interests of the sport in cases of extenuating circumstances the Region's Officers shall decide if the swimmer is eligible to compete. Their decision will be final.
- f. All athletes must be registered as Club Compete members of a Swim England South West Region club.
- g. Age groups are based on ages at 31st December 2026.
- h. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female
- i. A secondary strobe will be available at this meet. Please advise on entry if the secondary strobe is required.
- j. The heats will be seeded on slowest to fastest entry times.
- k. Coaches will always be responsible for their swimmers. Please complete the Coach Pass Application. All Teams must be accompanied by at least one Level 2 or Swim England Swimming Coach who must have current Safeguarding and DBS passes. Team Managers on poolside must be TM1 Qualified and be DBS Checked. A link to this will be available on our website for a month immediately prior to the first competition. These are the only people who will be allowed to accompany the swimmer's area of the pool.

- I. **The use of any device with video or photo capture capability is strictly prohibited in the toilets, changing rooms or changing area's at any time. Strict sanctions will be imposed if this rule is broken.**

2. Events

- a. Individual Events;
50m, 100m, 200m, 400m, 800m and 1500m Freestyle
50m, 100m, 200m Backstroke, Breaststroke and Butterfly
200m and 400m Individual Medley
- b. Relay Events (all Heat Declared Winners)
4 x 100m Freestyle and Medley Teams
4 x 200m Freestyle Teams
- c. There are no QTs for the relay events although teams must be entered with a time and names of the swimmers.
- d. All individual and relay events are available for both Open/Male and Female competitors.
- e. No times from Relay events will be sent to AGB rankings.

3. Finals

- a. Finals shall be run for all individual events other than 400m, 800m and 1500m Freestyle & 400m Ind Medley, these will be run as Heat Declared Winners
- b. Awards will be given for 1st 2nd and 3rd place competitors, once results have been verified.

4. Entries

- a. Entries may only be considered from competitors registered with Swim England at the closing date of entries as a member of a club affiliated to Swim England South West Region.
- b. No Individual may compete in Championships if they have competed or enter in an equivalent Championships or other English, Welsh or Scottish Region in the same calendar year.
- c. Individual Events for each gender will comprise of 11/12yrs, 13yrs, 14yrs, 15yrs,16yrs,17yrs and 18yrs/Over Age groups
- d. Relay events Age groups shall be 14 – 16yrs and 17yrs/Over
- e. Entry times must be achieved at a Level 1, 2 or 3 Licensed meets between 1st June 2025 and 8th April 2026 in either a 50m LC time or a 25m SC converted to LC time (including 800 and 1500m Freestyle). You must use an AGB conversion table for this.
- f. Entries with slower submitted times will be rejected.
- g. **Closing Date for individual and relay entries will be Midnight 8th April 2026.**
- h. Late entries or additions will not be accepted. All entries must be submitted electronically, however if there is only one entry from your club we will accept a paper entry.
- i. Para Swimmer entries submitted via the paper application in this pack.
- j. The programme of events and warm-up times are all provisional and may be subject to change once the entries have been received.
- k. The promoter will limit the number of entries should the event be oversubscribed. If scratches are to be made, they will be undertaken equally over all age groups and all events until time fits the programme. Entries do need to show on the rankings database

5. Promoters Conditions

- a. Competitors must report to the marshals at least 3 heats before their own event. Failure to do so may mean exclusion from their event.
- b. All starts will be over the top, except for backstroke races.
- c. Warm up times may change after entries have been accepted. Warm up procedures will be listed and shared prior to the start of the meet.
- d. Clubs are requested to supply a qualified official for every 10 swimmers entered in the competition.
- e. Clubs are requested to supply volunteers for this competition if they enter swimmers.
- f. The promoter reserves the right to refuse admission to any competitor or coach who displays or has previously displayed rude, aggressive or abusive behaviour.
- g. There will be no changing of swim wear on poolside, the balcony or in the toilets outside of the changing areas. All swimmers must use the designated changing areas and arrive in the marshaling area swim ready.
- h. It is a requirement of entry that all swimmers abide by World Aquatics competition regulation Part 1 Rule 7.1 relating to the good moral taste and suitability of swimwear during the competition, including the warm-up. Swimmer who refuse to comply will be asked to leave the pool area for the remainder of that session.
<https://www.worldaquatics.com/swimming/approved-swimwear>
- i. No swimming aids i.e. flippers, snorkels, hand paddles etc., will be allowed in the warm-up/swim down pool.
- j. The meet promoter will make every effort to run the event. In any situation that the meet must be cancelled competitors are not automatically eligible to a full refund of their entry fees. Proportionate refunds may be made but only after the promoter has covered all incurred costs. In any situation that the meet must be run at either unlicensed or at a lower license level, competitors are not eligible for refunds of their entry fees.
- k. Anyone wishing to use a device capable of photography or videoing must take careful note of the information posters. The full Swim England Guidance on Photography can be found in Wavepower the Child Safeguarding Policy and Procedures available at <http://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>
- l. This event may be photographed and may be filmed. Static images will be displayed at the venue. They will be used to promote the sport at this event and events in the future. If there are any concerns about photography/filming at Swim England events, please speak to the Swim England Event Officer present. The full Swim England Guidance on Photography can be found in Wavepower.
- m. **The use of any device with video or photo capture capability is strictly prohibited in the toilets, changing rooms or changing areas at any time. Strict sanctions will be imposed if this rule is broken.**
- n. Psych Sheets will be available on the regional website and results sheets will also be posted on the regional website and on Meet Mobile. Heat sheets will be supplied to Coaches and Team Managers – 3 per club maximum.
- o. Anything not covered in the above conditions and associated literatures will be at the discretion of the promoter but in agreement with the lead referee. The meet organisers will amend the rules where necessary following the advice of the lead referee, but only in the event of a situation out of our control and to ensure the meet runs smoothly.
- p. The referee's decision is final, subject to Swim England laws. The electronic timing is provisional and may be overruled by the referee.

- q. Disabilities must be reported to the referee before the session of their event. A copy of the Aquatics GB certificate of disability or Certificate of Exemption must be produced if requested. Failure to comply could result in disqualification of the event
- r. The Competition will be run as an integrated competition. Para Swimmer competitors must have an authorized SE/IPC/WPS swimming classification or a Certificate of Exemption which must be declared on the entry form, failure to do so may result in disqualification.
- s. Officials who officiate at any of the Sessions will be entitled to Reimbursement of Expenses according to the South West Region's Officials Expenses document. This can be found on the SWR Website and can also be requested from the Referee on the day. Officials should request the Expenses Application Form from the Lead Referee which should be completed and returned to that Referee during the duration of the Meet. This condition applies to all qualified Licensed Officials, including those Officials who have swimmers competing in the meet but does not apply to trainee officials. www.swimwest.org.uk/funding - Regional Expenses Claim Form
- t. There will be spectators at this meet but due to a capacity limit at the venue a ticketing system will be implemented. Online ticket sales will be available nearer the event and on the door on the day.

6. Withdrawal Refunds:

- a. If the withdrawal is before the programme is published a full refund will be given.
- b. When withdrawal from all events is made by 4.00pm on the day before the event because of injury or sickness a full refund will be given provided a Doctor's/Hospital letter is produced.
- c. Prior to the event withdrawals must be by email to swentries@swimming.org and on the day of the event withdrawals must be presented to the Recorder desk.
- d. All withdrawals from Finals in the Finals session, by Finalists and Reserves must be made within 15 minutes of the last event with heats in all sessions or 75 minutes before the advertised start time of the final's sessions. Failure to do so will result in a £25.00 fine. These withdrawals must be made on the recognised form available from the recorder at the meet.
- e. All refunds are given to clubs and fines are payable by the club on behalf of the swimmer.

7. Para Conditions

These supplementary conditions are to be adhered to in conjunction with the promoters' conditions for the South West Long Course Summer Championships. Para entries to be submitted on the paper entry form contained within this document.

a. Eligibility

All swimmers must have an authorized SE/IPC/WPS swimming classification or a Certificate of Exemption. Qualifying standard will apply and all swimmers can qualify from Level 1, 2 & 3 events and must have been achieved in the qualification window specified.

b. Heats and Results

The Region will combine the events with able bodied events and results will be from heat declared winner.

c. Awards

Awards shall be awarded on multi disability points basis to swimmer in 1st, 2nd and 3rd place. If there is only one entry in any event, that swimmer must better or match their entry time to be awarded an award.

Swim England Southwest Regional Summer Champs 2026
 Programme of Events –
 License Number – 1SW260538

Age Group Weekend 1 – MILLFIELD SCHOOL	
Saturday 25th April 2026	Sunday 26th April 2026
Session 1 - Heats	Session 4 - Heats
Female 200m Butterfly	Female 200m Backstroke
Open/Male 200m Freestyle	Open/Male 200m Breaststroke
Female 50m Breaststroke	Female 100m Butterfly
Open/Male 100m Backstroke	Open/Male 100m Freestyle
Female 400m Freestyle	Female 50m Freestyle
Session 2 - Heats	Session 5 – Finals
	<u>11/12yrs, 13yrs, 14yrs</u>
Open/Male 100m Breaststroke	Female 200m Backstroke
Female 200m Ind Medley	Open/Male 200m Breaststroke
Open/Male 50m Butterfly	Female 100m Butterfly
Female 50m Backstroke	Open/Male 100m Freestyle
Open/Male 400m Ind Medley	Female 50m Freestyle
Session 3 – Finals	Session 6 – HDW
<u>11/12yrs, 13yrs, 14yrs</u>	<u>All Ages</u>
Female 200m Butterfly	Open/Male 1500m Freestyle
Open/Male 200m Freestyle	Female 1500m Freestyle
Female 50m Breaststroke	
Open/Male 100m Backstroke	
Female 200m Ind Medley	
Open/Male 100m Breaststroke	
Female 50m Backstroke	
Open/Male 50m Butterfly	

Swim England Southwest Regional Summer Champs 2026
 Programme of Events –
 License Number – 1SW260539

Youth Weekend – Hengrove Park Leisure Centre

Incorporating Para Championships

Saturday 2nd May 2026	Sunday 3rd May 2026	Monday 4th May 2026
Session 7 - Heats	Session 10 - Heats	Session 13 – Heats
Open/Male 200m Freestyle	Female 200m Butterfly	Female 200m Freestyle
Female 200m Backstroke	Open/Male 200m Butterfly	Open/Male 200m Backstroke
Open/Male 100m Breaststroke	Female 100m Backstroke	Female 100m Breaststroke
Female 100m Butterfly	Open/Male 100m Backstroke	Open/Male 100m Butterfly
Open/Male 50m Butterfly	Female 50m Freestyle	Female 50m Butterfly
Female 4 x 100m Freestyle Relay	Open/Male 4 x 200 Freestyle Relay	Open/Male 4 x 100 Freestyle Relay
Session 8 - Heats	Session 11 - Heats	Session 14 – Heats
Female 50m Breaststroke	Open/Male 50m Freestyle	Open/Male 50m Breaststroke
Open/Male 200m Ind Medley	Female 200m Breaststroke	Female 200m Ind Medley
Female 100m Freestyle	Open/Male 200 Breaststroke	Open/Male 100m Freestyle
Open/Male 50m Backstroke	Female 400 Freestyle	Female 50m Backstroke
Female 400m Ind Medley	Open/Male 400m Freestyle	Open/Male 400 Ind Medley
Open/Male 4 x 100m Medley Relay	Female 4 x 200 Freestyle Relay	Female 4 x 100m Medley Relay
Session 9 – Finals	Session 12 – Finals	Session 15 – Finals
<u>15yrs, 16yrs, 17yrs & 18yrs/ov</u>	<u>15yrs, 16yrs, 17yrs & 18yrs/ov</u>	<u>15yrs, 16yrs, 17yrs & 18yrs/ov</u>
Open/Male 200m Freestyle	Female 200m Butterfly	Female 200m Freestyle
Female 200m Backstroke	Open/Male 200m Butterfly	Open/Male 200m Backstroke
Open/Male 100m Breaststroke	Female 100m Backstroke	Female 100m Breaststroke
Female 100m Butterfly	Open/Male 100m Backstroke	Open/Male 100m Butterfly
Open/Male 50m Butterfly	Female 50m Freestyle	Female 50m Butterfly
Female 50m Breaststroke	Open/Male 50m Freestyle	Open/Male 50m Breaststroke
Open/Male 200m Ind Medley	Female 200m Breaststroke	Female 200m Ind Medley
Female 100m Freestyle	Open/Male 200 Breaststroke	Open/Male 100m Freestyle
Open/Male 50m Backstroke		Female 50m Backstroke

Swim England Southwest Regional Summer Champs 2026
 Programme of Events –
 License Number – 1SW260540

Age Group Weekend 2 – MILLFIELD SCHOOL	
Saturday 9th May 2026	Sunday 10th May 2026
Session 16 - Heats	Session 19 - Heats
Open/Male 200m Butterfly	Open/Male 200m Backstroke
Female 200m Freestyle	Female 200m Breaststroke
Open/Male 50m Breaststroke	Open/Male 100m Butterfly
Female 100m Backstroke	Female 100m Freestyle
Open/Male 400m Freestyle	Open/Male 50m Freestyle
Session 17 - Heats	Session 20 – Finals
	<u>11/12yrs, 13yrs, 14yrs</u>
Female 100m Breaststroke	Open/Male 200m Backstroke
Open/Male 200m Ind Medley	Female 200m Breaststroke
Female 50m Butterfly	Open/Male 100m Butterfly
Open/Male 50m Backstroke	Female 100m Freestyle
Female 400m Ind Medley	Open/Male 50m Freestyle
Session 18 – Finals	Session 21 – HDW
<u>11/12yrs, 13yrs, 14yrs</u>	<u>All Ages</u>
Open/Male 200m Butterfly	Female 800m Freestyle
Female 200m Freestyle	Open/Male 800m Freestyle
Open/Male 50m Breaststroke	
Female 100m Backstroke	
Open/Male 200m Ind Medley	
Female 100m Breaststroke	
Open/Male 50m Backstroke	
Female 50m Butterfly	

Swim England South West Region - Coach's Pass Application Form

For this event we will be using the Swim England system for Coaches and Team Managers to apply for their poolside passes. We will be using the Swim England System for Accreditation which will make the process much easier for clubs and the Region when processing. This is the same system that is used for many national events and involves applying through the website and printing out your pass that you will take along to the event.

1. Log into www.swimmingresults.org
2. On the 'Members' tab click on 'Swim England Member Options. This will bring up a log in screen which you will need your membership number and password for (details on how to make an account or reset your password if forgotten is available on this page).
3. Once you are logged in you should have a number of options listed. Click on the link for 'Purchase accreditation for events here'. Please note you must ensure that you have a headshot uploaded and that all your qualifications, Safeguarding and DBS information is in date on your clubs OMS system.
4. After clicking the link the page will show a number of events from around the Country, you will need to scroll to find 'South West LC Summer Championships'.
5. All the fields for this event will need to show as pass in a green box for you to be able to purchase accreditation. If any of the boxes are red you will need to go back to your club and make sure that all of the information is up to date.
6. Once on this page there is a link for 'purchase accreditation' click on that and follow the prompts.
7. After payment it will give you the option to print your accreditation, please print this and bring along to the event. We will be handing out lanyards and pouches at the event for you to add this to. Without the pass you will not be admitted to the event.

Please note there will be a one-off fee of £10.00 for a pass for this event. Any problems please email swimsouthwest@swimming.org Tea/Coffee and soft drinks will be available for Coaches and Team Managers – please bring a drinking cup (with lid) along with you.

CLUB OFFICIALS AT CHAMPIONSHIPS

To comply with Licence regulations, we do need officials for all sessions, if there are insufficient officials the Licence can be withdrawn, and the times achieved will not be entered on to Aquatics GB Rankings. So please ensure your officials use the SwimMeet sign up in order to declare their availability to the Officials Secretary.

The link to use is as follows: <https://swim-meet.com/OfficialsSignup/SwimEnglandSouthWest/>
Should there be an issue with this link please email the Officials Secretary :
swofficialssecretary@gmail.com

OFFICIALS REIMBURSEMENT

Officials who officiate at any of the Sessions will be entitled to Mileage Expenses at a Rate of 45p per mile from their home address to the Pool Venue and return, with a limit of one claim per day, regardless of the number of sessions attended in that day. Officials should request an Expenses Application Form from a Referee which should be completed and returned to that Referee during the duration of the Meet. Officials who officiate for two sessions in one day will be provided with a light lunch.

HELP WANTED AT ALL EVENTS!

Clubs will be asked to provide volunteers to act as stewards, marshals and various other duties. Please encourage parents/Young Volunteers and helpers to sign up to assist with the smooth running of the weekends. For those who attend whole days refreshments will be available. For any questions please contact Chris.vickery@swimming.org

COMPUTER ENTRY FORM – THIS PAGE MUST BE RETURNED WITH ALL ENTRIES

Please complete and return.

Club & Club Code _____

Number of Open/Male Summer entries @£12.00 _____

Number of Female Summer entries @£12.00 _____

Number of Open/Male Relay entries @£25.00 _____

Number of Female Relay entries @£25.00 _____

Number of Open/Male Para entries @£12.00 _____

Number of Female Para entries @£12.00 _____

SIGNATURE OF CLUB OFFICER AS RATIFICATION THAT THE SWIMMERS ARE CAPABLE OF DIVING AS REQUIRED BY THE SE COMPETITIVE START AWARD.

Signature _____

Name _____

Clubs will be invoiced for accepted entries once confirmed.

PLEASE ONLY PAY ONCE ENTRIES ARE CONFIRMED

Email _____

Phone _____

swentries@swimming.org

T 01823 666792

Entry procedure:

There are HYTEK entry files for all events, and these must be used for club entries including times for all relay events swentries@swimming.org

Swim England South West Region Para Swimming Entry Form 2026

These events will be swum at Hengrove 02.05.2026 – 04.05.2026

Incorporating Para Championships 2026

Para swimming entries should be made on this form if times cannot be entered on the Hytek entry file from Rankings, if they show Yellow N this will be accepted

NAME: _____

CLUB: _____

D.O.B: _____ GENDER: _____

CLASSIFICATION: S _____ SB _____ SM _____ Exceptions _____

S14 SWIMMERS NEED TO BE REGISTERED WITH UKSA OR INAS-FID AT THE TIME OF ENTRY

S14 Registration No: _____

(PLEASE NOTE ANY ENTRIES WITHOUT AN S14 REGISTRATION WILL NOT BE ENTERED IN THE COMPETITION)

Registration Number: ASA / SASA / WASA _____

PLEASE INDICATE WHICH EVENTS YOU WISH TO ENTER BY SUBMITTING TIMES NEXT TO THE APPROPRIATE EVENTS.

EVENTS AVAILABLE	TIME
50M FREESTYLE S1 – S14	
100M FREESTYLE S1 – S14	
200M FREESTYLE S1 – S5 & S14	
400M FREESTYLE S6 – S14	
50M BACKSTROKE S1 – S5	
100M BACKSTROKE S1 – S2 & S6 – S14	
50M BREASTSTROKE SB1 – SB3	
100M BREASTSTROKE SB4 – SB9, SB11 – SB14	
50M BUTTERFLY S1 – S7	
100M BUTTERFLY S8 – S14	
200M I.M. SM5 – SM14	

I CONFIRM I ACCEPT THE PROMOTERS CONDITIONS FOR THE EVENT

Signature: _____

Parent/Guardian Signature (if competitor under the age of 18): _____

Date: _____

Entries close Wednesday 08.04.2026

By email to swentries@swimming.org

Or by post to

Chris Vickery

Swim England S W Regional Office

Castle Road Chelston Business Park Wellington TA21 9JQ

South West Regional Qualifying Time 2026

		Age Group											
		11/12				13				14			
		Male/Open		Female		Male/Open		Female		Male/Open		Female	
		CQT	QT	CQT	QT	CQT	QT	CQT	QT	CQT	QT	CQT	QT
50 FC	LC	3360	3310	3330	3290	32 20	32 00	3220	3200	29 00	28 90	3020	3010
	SC	3290	3240	3270	3230	31 50	31 30	3150	3130	28 30	28 20	2950	2940
100 FC	LC	1:1400	1:1310	1:1440	1:1350	1:10.20	1:09.70	1:10.80	1:10.20	1:04.00	1:03.10	1:06.60	1:05.50
	SC	1:12.80	1:11.90	1:13.30	1:12.40	1:09.00	1:08.50	1:09.60	1:09.00	1:02.70	1:01.80	1:05.30	1:04.20
200 FC	LC	2:39.20	2:36.50	2:42.30	2:38.50	2:34.20	2:29.90	2:31.50	2:30.30	2:19.00	2:17.30	2:24.60	2:23.40
	SC	2:37.00	2:34.20	2:40.10	2:36.30	2:31.90	2:27.60	2:29.20	2:28.00	2:16.60	2:14.70	2:22.20	2:21.00
400 FC	LC	5:41.60	5:37.20	5:46.30	5:42.90	5:24.40	5:18.20	5:22.60	5:17.70	4:54.30	4:51.80	5:03.40	5:00.20
	SC	5:37.40	5:33.00	5:42.20	5:38.80	5:20.00	5:13.70	5:18.90	5:13.20	4:49.50	4:47.00	4:58.70	4:55.50
800 FC	LC	11.45.30		12.04.00		11.21.80		11.00.80		10.24.80		10.28.30	
	SC	Long Course - Consideration Times											
1500 FC	LC	24.00.00		24.00.00		22.00.00		22.00.00		20.00.00		20.00.00	
	SC	Long Course - Consideration Times											
50 Back	LC	3880	3780	3900	3860	3750	3690	3680	3650	3410	3380	3460	3410
	SC	3830	3730	3850	3810	3690	3630	3620	3590	3350	3320	3400	3350
100 Back	LC	1:24.20	1:23.20	1:25.20	1:24.20	1:21.00	1:19.30	1:18.90	1:17.70	1:13.30	1:12.60	1:15.20	1:14.20
	SC	1:23.20	1:22.20	1:24.20	1:23.20	1:20.00	1:18.30	1:17.80	1:16.60	1:12.20	1:11.50	1:14.10	1:13.10
200 Back	LC	2:58.90	2:55.70	3:04.30	2:53.70	2:52.60	2:48.00	2:49.10	2:45.10	2:35.80	2:34.80	2:40.50	2:37.70
	SC	2:57.00	2:53.70	3:02.40	2:51.70	2:50.60	2:46.00	2:47.10	2:43.00	2:33.60	2:32.60	2:38.40	2:35.50
50 Fly	LC	3770	3700	3720	3690	3610	3560	3550	3520	3230	3200	3300	3260
	SC	3720	3650	3670	3640	3560	3510	3500	3470	3170	3140	3235	3200
100 Fly	LC	1:29.50	1:26.80	1:30.00	1:28.10	1:26.70	1:22.50	1:23.20	1:21.90	1:14.80	1:13.90	1:16.50	1:14.40
	SC	1:28.60	1:25.90	1:29.10	1:27.20	1:25.80	1:21.60	1:22.30	1:21.00	1:13.80	1:12.90	1:15.50	1:13.40
200 Fly	LC	3:22.00	3:17.30	3:38.00	3:27.50	3:21.60	3:13.10	3:12.20	3:03.50	2:51.90	2:44.60	2:56.80	2:54.40
	SC	3:20.40	3:15.70	3:36.50	3:26.00	3:20.00	3:11.50	3:10.50	3:01.80	2:50.10	2:42.70	2:55.00	2:52.60
50 Breast	LC	4490	4420	4430	4380	4230	4140	4190	4130	3820	3800	3910	3830
	SC	4420	4350	4360	4310	4150	4060	4110	4050	3740	3720	3830	3750
100 Breast	LC	1:41.70	1:38.60	1:37.20	1:35.80	1:32.60	1:31.70	1:31.90	1:30.00	1:24.30	1:22.50	1:24.80	1:23.40
	SC	1:40.50	1:37.30	1:35.90	1:34.50	1:31.20	1:30.30	1:30.50	1:28.60	1:22.80	1:21.00	1:23.30	1:21.90
200 Breast	LC	3:28.50	3:23.40	3:25.30	3:22.70	3:17.60	3:14.70	3:16.90	3:12.80	3:03.10	2:59.80	3:01.70	2:57.20
	SC	3:25.90	3:20.80	3:22.70	3:20.10	3:14.90	3:12.00	3:14.20	3:10.00	3:00.20	2:56.80	2:58.80	2:54.20
200 IM	LC	3:01.10	2:59.50	3:01.30	2:58.00	2:53.90	2:51.90	2:53.50	2:52.20	2:38.80	2:36.40	2:43.60	2:40.90
	SC	2:58.90	2:57.30	2:59.10	2:55.80	2:51.60	2:49.60	2:51.20	2:49.90	2:36.30	2:33.90	2:41.20	2:38.40
400 IM	LC	7:19.00	7:04.20	6:37.50	6:26.30	6:28.90	6:13.50	6:11.00	6:03.90	5:48.60	5:43.50	5:49.40	5:45.40
	SC	7:15.00	7:00.00	6:33.00	6:21.70	6:24.30	6:08.80	6:06.20	5:59.00	5:43.50	5:38.30	5:44.30	5:40.30

Qualifying Window will be 1st June 2025 - 8th April 2026

South West Regional Qualifying Time 2026

		Youth															
		15				16				17				18+			
		Male/Open		Female		Male/Open		Female		Male/Open		Female		Male/Open		Female	
		CQT	QT	CQT	QT	CQT	QT	CQT	QT	CQT	QT	CQT	QT	CQT	QT	CQT	QT
50 FC	LC	2800	2770	2980	2950	2720	2680	2910	2890	2630	2580	2880	2860	2550	2530	2860	2850
	SC	2720	2690	2910	2880	2640	2600	2840	2820	2550	2500	2810	2790	2470	2450	2790	2780
100 FC	LC	1.00.90	1.00.50	1.04.50	1.03.80	5810	5750	1.03.60	1.02.90	5670	5560	1.02.80	1.01.90	5550	5500	1.02.10	1.01.60
	SC	5950	5910	1.03.20	1.02.50	5660	5600	1.02.30	1.01.60	5520	5410	1.01.40	1.00.50	5400	5350	1.00.70	1.00.20
200 FC	LC	2.13.20	2.10.20	2.20.50	2.18.60	2.07.40	2.03.80	2.17.40	2.15.80	2.04.40	2.02.50	2.12.70	2.10.40	2.01.30	1.58.50	2.12.70	2.10.40
	SC	2.10.60	2.07.50	2.18.00	2.16.10	2.04.70	2.01.00	2.14.90	2.13.20	2.01.60	1.59.60	2.10.10	2.07.70	1.58.40	1.55.50	2.10.10	2.07.70
400 FC	LC	4.43.00	4.37.90	4.55.80	4.53.40	4.33.20	4.28.50	4.50.90	4.47.80	4.26.70	4.25.10	4.44.00	4.38.00	4.22.40	4.19.00	4.44.00	4.38.00
	SC	4.38.00	4.32.80	4.51.00	4.48.60	4.28.00	4.23.20	4.46.00	4.42.90	4.21.40	4.19.80	4.39.00	4.32.90	4.17.00	4.13.50	4.39.00	4.32.90
800 FC	LC	9.47.40		10.14.50		9.30.70		10.08.80		9.16.30		9.39.50		9.10.60		9.39.50	
	SC	Long Course - Consideration Times															
1500 FC	LC	18.30.00		19.15.00		17.50.00		19.15.00		17.40.00		19.15.00		17.40.00		19.15.00	
	SC	Long Course - Consideration Times															
50 Back	LC	3200	3150	3400	3350	3110	3050	3340	3290	3050	3010	3290	3260	3000	2940	3230	3200
	SC	3130	3080	3340	3290	3040	2980	3280	3230	2980	2940	3230	3200	2930	2870	3170	3130
100 Back	LC	1.08.70	1.07.80	1.12.60	1.12.00	1.06.60	1.05.70	1.11.20	1.10.80	1.05.90	1.05.00	1.10.20	1.09.30	1.03.40	1.01.90	1.10.20	1.09.30
	SC	1.07.50	1.06.60	1.11.50	1.10.80	1.05.40	1.04.40	1.10.00	1.09.60	1.04.60	1.03.70	1.09.00	1.08.10	1.02.10	1.00.60	1.09.00	1.08.10
200 Back	LC	2.26.40	2.23.40	2.36.90	2.35.30	2.23.80	2.21.80	2.32.80	2.28.20	2.23.30	2.21.90	2.31.00	2.28.30	2.23.30	2.21.90	2.31.00	2.28.30
	SC	2.24.00	2.21.00	2.34.70	2.33.10	2.21.40	2.19.40	2.30.60	2.25.90	2.20.90	2.19.50	2.28.70	2.26.00	2.20.90	2.19.50	2.28.70	2.26.00
50 Fly	LC	3050	3010	3240	3210	2930	2890	3220	3160	2870	2830	3170	3140	2770	2730	3070	3030
	SC	2990	2950	3180	3150	2860	2820	3160	3100	2800	2760	3110	3080	2700	2660	3010	2970
100 Fly	LC	1.09.40	1.08.60	1.13.60	1.11.90	1.06.30	1.04.80	1.11.50	1.09.70	1.05.00	1.03.80	1.12.20	1.11.40	1.01.80	1.01.00	1.09.50	1.08.10
	SC	1.08.30	1.07.50	1.12.60	1.10.80	1.05.10	1.03.60	1.10.40	1.08.60	1.03.80	1.02.60	1.11.10	1.10.30	1.00.60	5970	1.08.40	1.07.00
200 Fly	LC	2.40.00	2.32.40	2.47.90	2.43.50	2.35.10	2.32.90	2.44.20	2.38.70	2.34.20	2.24.70	2.52.80	2.50.00	2.28.10	2.15.30	2.52.80	2.43.30
	SC	2.38.00	2.30.30	2.46.00	2.41.60	2.33.00	2.30.80	2.42.30	2.36.70	2.32.10	2.22.50	2.51.00	2.48.10	2.26.00	2.13.00	2.51.00	2.41.30
50 Breast	LC	3590	3510	3860	3800	3470	3360	3840	3730	3460	3360	3750	3660	3310	3290	3741	3650
	SC	3500	3420	3780	3720	3380	3270	3760	3640	3370	3270	3670	3570	3210	3190	3660	3560
100 Breast	LC	1.19.80	1.18.20	1.24.30	1.23.10	1.15.80	1.13.80	1.22.30	1.21.10	1.15.50	1.13.10	1.22.00	1.21.00	1.13.40	1.11.80	1.22.00	1.21.00
	SC	1.18.20	1.16.60	1.22.80	1.21.60	1.14.10	1.12.10	1.20.80	1.19.50	1.13.80	1.11.40	1.20.40	1.19.40	1.11.70	1.10.00	1.20.40	1.19.40
200 Breast	LC	2.52.40	2.45.30	3.00.80	2.55.00	2.44.20	2.41.30	3.00.80	2.55.60	2.45.30	2.38.80	2.54.00	2.49.90	2.41.70	2.36.00	2.54.00	2.49.90
	SC	2.49.30	2.42.10	2.57.80	2.52.00	2.41.00	2.38.00	2.57.80	2.52.60	2.42.10	2.35.40	2.50.90	2.46.80	2.38.40	2.32.60	2.50.90	2.46.80
200 IM	LC	2.28.40	2.27.10	2.38.50	2.35.90	2.23.40	2.20.70	2.36.10	2.34.60	2.22.00	2.20.30	2.30.10	2.28.70	2.17.60	2.14.90	2.30.10	2.28.70
	SC	2.25.70	2.24.40	2.36.00	2.33.40	2.20.60	2.17.90	2.33.60	2.32.00	2.19.20	2.17.50	2.27.50	2.26.00	2.14.70	2.12.00	2.27.50	2.26.00
400 IM	LC	5.31.10	5.26.40	5.39.30	5.37.00	5.20.00	5.09.50	5.34.30	5.26.80	5.12.70	5.02.50	5.35.00	5.26.00	5.09.70	4.51.70	5.35.00	5.26.00
	SC	5.25.70	5.21.00	5.34.10	5.31.70	5.14.50	5.03.80	5.29.00	5.21.40	5.07.00	4.56.60	5.29.70	5.20.60	5.04.00	4.45.60	5.29.70	5.20.60

Qualifying Window will be 1st June 2025 - 8th April 2026

Swim England South West Region Para Times 2026

Open/Male	50m Free	100m Free	200m Free	400m Free	50m Back	100m Back	50m Breast	100m Breast	50m Fly	100m Fly	150m IM	200m IM
S1	02:24.08	05:08.88	08:12.64		02:22.35	05:10.05	02:34.61		00:00.00		00:00.00	
S2	01:39.95	03:32.10	06:56.43		01:34.11	03:17.57	01:40.69		02:47.10		07:47.34	
S3	01:12.64	02:38.42	05:32.37		01:14.38		01:18.94		01:27.60		04:57.47	
S4	01:02.62	02:14.67	04:43.87		01:12.74			02:48.74	01:10.16		04:11.66	
S5	00:52.37	01:55.46	04:19.78		00:57.78			02:23.12	00:55.10			05:26.56
S6	00:47.94	01:46.42		08:17.55		02:00.80		02:11.02	00:50.26			04:20.80
S7	00:44.50	01:38.82		07:33.28		01:51.50		02:04.90	00:47.54			04:06.13
S8	00:42.90	01:35.71		07:18.85		01:50.77		01:52.19		01:43.28		03:55.92
S9	00:40.98	01:30.21		06:52.05		01:39.47		01:49.70		01:37.62		03:40.26
S10	00:37.81	01:22.35		06:36.30		01:37.25				01:33.76		03:31.31
S11	00:42.00	01:34.54		07:20.50		01:52.69		01:55.06		01:42.88		03:58.93
S12	00:38.26	01:24.78		06:59.20		01:38.08		01:45.62		01:32.32		03:42.86
S13	00:38.42	01:23.84		06:33.68		01:37.33		01:44.80		01:31.81		03:31.58
S14	00:40.64	01:25.55	03:04.30	06:53.41		01:37.12		01:46.69		01:31.14		03:28.67
FEMALE												
S1	02:14.58	06:39.41	10:35.89		03:37.46	07:10.90	03:37.31		03:43.66		00:00.00	
S2	02:10.45	06:10.43	11:07.74		01:58.37	04:14.83	02:50.53		01:51.44		08:25.30	
S3	01:29.28	03:17.09	07:03.95		01:34.26		01:39.76		03:39.34		07:05.31	
S4	01:07.39	02:26.58	05:33.63		01:28.26				01:13.28		04:52.50	
S5	01:00.59	02:11.58	04:35.12		01:12.48			03:02.14	00:58.27			05:46.27
S6	00:53.65	01:58.19		08:30.83		02:15.38		02:45.42	00:57.30			04:52.72
S7	00:52.69	01:55.73		08:30.30		02:08.96		02:37.14				04:44.90
S8	00:48.86	01:45.78		07:45.94		02:03.23		02:29.34		01:56.80		04:19.82
S9	00:46.69	01:40.80		07:36.90		01:52.32		02:11.54		01:48.82		04:09.54
S10	00:45.15	01:37.22		07:19.86		01:52.58		02:05.90		01:48.30		03:58.88
S11	00:49.12	01:49.28		08:49.44		02:08.11		02:16.94		02:51.28		04:30.46
S12	00:44.40	01:37.15		07:45.60		01:54.48		02:01.41		01:47.38		04:04.50
S13	00:44.27	01:35.68		07:18.99		01:46.58		02:01.62		01:43.12		03:58.59
S14	00:45.66	01:37.76	03:22.03	07:39.06		01:49.14		02:02.13		01:46.32		03:53.68

Qualifying Window will be 1st June 2025 - 8th April 2026