

#### President M.Coles

### Minutes of the Coaches Committee held on Wednesday 17<sup>h</sup> June 2020 via Zoom

Present:  M.Coles C.Robinson R.Margetts C.Vickery C.Tremellen	(MC) (CR) (RM) (CV) (CT)	President Board Chairman Swimming Finance Officer and Chairman Admin and Events Co-ordinator Swimming Secretary & Minutes
G.King-Lam E.Dart	b (GKL) (ED)	Mount Kelly Truro
R.Smith J.Wills J.John	(RS) (JW) (JJ)	Marlborough Soundwell
L.Atkinson B.Alldrick J.Richards R. Beard	(JJ) (LA) (BA) (JR) (RB)	Exeter City City of Bristol Poole Gloucester Plymouth Leander (for R.Armayan)
H. James	(HJ)	Mount Kelly

**Apologies** S.Millett, R.Armayan, E.Dale, M.Parker

# 20/8 Minutes of previous meeting - agreed

### 20/9 Matters arising

- 9.1 Coaches and Teachers register. A meeting was held 2 weeks ago but so far there is no new information. Number of coaches and teachers still to register is reducing but still some way to go. There are plenty of safeguarding courses with spaces throughout July. Registering with all requirements is now urgent.
- 9.2 6.4 Conference was held at beginning of June.
- 9.3 6.5 Stronger Affiliation. Still to be completed by Dec 1<sup>st</sup>. 45 clubs still not signed up.
- 9.4 7.1 Selection of coaches for Talent programme. No discussion to date. CV has started spreadsheet.

# 20/10 Competition

- 10.1 Due to Covid19 all National and Regional 2020 competitions cancelled. Level 3 and 4 meets allowed but emphasis should be on training not competition as swimmers have been out of the water for at least 3 months with no return date set.
- 10.2 Return to Pools document circulated by SE to all clubs (also available on website). Many things still to be sorted for return eg social distancing, coaches on poolside, spectators.

# 20/11 Overseas meet

Noted that this was not go to happen in 2021 due to unknown situation in Feb due to Covid19 and the impossibility of swimmer selection due to lack of competition.

### 20/12 Coach Support programme update

- 12.1 CR reported that a refund £2000 received for 2019 as E.D was unable to complete work.
- 12.2 Still hoping for a partial refund for 2020 due to current situation but only if coaches are laid off Oct – Dec. SE are very busy due to cutting 40% of staff, also no income from IOS.
- Coach Forum on Return to Pool will be held Fri 19<sup>th</sup> June at 10am via zoom. Names to CV. 12.3
- Applications available for Senior Coach Programme. Info to web and newsletter. 12.4

# 20/13 Regional Club Development Report

Andy Jack on furlough till next week.

# 20/14 Talent Pathway

- 14.1 The usual programme has been aborted but SE propose an online development day on September 20th. Lead coach (E.Dart) to attend a training session on 16<sup>th</sup> July.
- Selection of swimmers still to be made, probably on short course times. 14.2
- 14.3 Stacey on furlough now but will deal with selections etc on return later this month.

### 20/15 Coaches' update on current situation

- **Plymouth Leander:** keeping in touch with swimmers. Using gym equipment. 15.1
- Gloucs: swimmers engaged, land training sessions. 15.2
- 15.3 Wilts running land training sessions and following advice on SE website.
- 15.4 *Exeter*: Land training via Zoom, next week LT in a field in small groups – risk assessment completed. Goal setting, one to one meetings. Once pool training can return it was important not to do too much too quickly as could affect immune system.
- 15.5 City of Bristol: Land training, stroke analysis via zoom engaging swimmers with various activities. Psychology sessions. Coaches have been able to have some time off. Phase.
- 15.6 **Mount Kelly:** will have a return to training workshop soon, also psychology session. Noted that foreign students have been training.
- 15.7 **Bath AS**: touching base with each swimmer towards a maintenance phase. Each swimmer given own exercise programme. All seem engaged and attending weekly workshops.
- 15.8 **Poole**: Pathway presentation everyday, lot of one to one sessions, goal setting & race plans. 3 phase plan to return to training.
- 15.9 Soundwell: Doing body weight training, swimmers taking ownership of sessions.

#### 20/16 Pools re-opening update

- Plymouth: Plym. College opening looking positive. 16.1
- 16.2 Gloucs: no information re GL1
- 16.3 Wilts: Marlborough pool not opening until September.
- 16.4 Exeter: use a lot of private pools which are not likely to open soon. New Pool on target for April / May 2021. Riverside- no info.
- 16.5 Hengrove: Pool may not open till September/October but Manager keen to open to clubs if enough support.
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16.6	Mount Kelly: as it is their own pool they hope to open soon. Possibly have perspex screens between lanes. Will be available to other clubs.
16.7	Bath: National Squad have been training so hope club will get some (possibly limited) wate time from August.
20/17	Date of next meeting - Tuesday 29 <sup>th</sup> September 10.15am via Zoom.
Signed	<u></u>
	R.Margetts (Chairman)