

South West Regional Records

In this document you will find the Regional Swimming Records for Short Course Events

Senior Male

50 Freestyle	Proud	Benjamin	Ben	21/09/1994	906396	ENG	03/12/2021	20.40
100 Freestyle	Richards	Matthew	Matt	17/12/2002	879146 MILW	WAL	03/12/2022	45.85
200 Freestyle	Dean	Thomas	Tom	02/05/2000	756314	ENG	13/12/2022	1:40.86
400 Freestyle	Dean	Thomas	Tom	02/05/2000	756314	ENG	21/11/2020	3:36.56
800 Freestyle	Bird	Kieran	Kieran	02/09/1999	773723	WAL	08/12/2023	7:36.26
1500 Freestyle	Derbyshire	Tom	Tom	13/05/1998	708386 BAUW	ENG	17/12/2016	14:33.06
50 Breaststroke	Woodburn	Elliot	Elliot	05/06/2005	1119713 MILW	ENG	02/12/2022	26.99
100 Breaststroke	Jamieson	Michael	Michael	05/08/1988	70097 EEUX	SCO	21/12/2013	57.52
200 Breaststroke	Chillingworth	Adam	Adam	23/09/1997	978871 PLYW	HKG	08/12/2019	2:07.60
50 Butterfly	Proud	Benjamin	Ben	21/09/1994	906396	ENG	16/12/2017	22.18
100 Butterfly	Peters	Jacob	Jacob	20/08/2000	793766 BATI	ENG	03/12/2021	50.20
200 Butterfly	Guy	James	James	26/11/1995	222667	ENG	08/12/2019	1:51.73
50 Backstroke	Brooker	Cameron	Cam	17/03/2002	781025 WYCS	ENG	04/12/2021	23.87
100 Backstroke	Brooker	Cameron	Cam	17/03/2002	781025	ENG	19/11/2023	50.95
200 Backstroke	Williams	Brodie	Brodie	18/03/1999	520920	ENG	09/12/2022	1:51.81
100 Individual Medley	Guy	James	James	26/11/1995	222667 MILW	ENG	22/11/2020	52.55
200 Individual Medley	Dean	Thomas	Tom	02/05/2000	756314	ENG	13/12/2022	1:53.53
400 Individual Medley	Dean	Thomas	Tom	02/05/2000	756314	ENG	22/11/2020	4:02.53

Senior Female

50 Freestyle	Hopkin	Anna	Anna Hopkin	24/04/1996	365187 EALL	ENG	15/12/2018	23.70
100 Freestyle	Hopkin	Anna	Anna Hopkin	24/04/1996	365187	ENG	06/12/2019	51.90
200 Freestyle	Canny	Aimee	Aimee	21/11/2003	1579958 PLYW	RSA	05/12/2021	1:54.48
400 Freestyle	Carlin	Jazmin	Jazz	17/09/1990	16663 BAUW	WAL	11/12/2015	3:58.07
800 Freestyle	Carlin	Jazmin	Jazz	17/09/1990	16663	WAL	04/12/2014	8:08.16
1500 Freestyle	Patten	Cassandra	Cassandra	01/01/1987	6281 BODW	ENG	26/04/2007	16:03.69
50 Breaststroke	Meilutyte	Ruta	Ruta	19/03/1997	849258 PLYW	LTU	13/10/2013	28.89
100 Breaststroke	O'connor	Siobhan-Marie	Siobhan	29/11/1995	292600	ENG	10/11/2018	1:05.07
200 Breaststroke	O'connor	Siobhan-Marie	Siobhan	29/11/1995	292600	ENG	20/12/2019	2:21.36
50 Butterfly	Hopkin	Anna	Anna Hopkin	24/04/1996	365187 EALL	ENG	16/12/2018	25.94
100 Butterfly	Stephens	Laura	Laura	02/06/1999	380196 PLYW	ENG	15/12/2018	57.62
200 Butterfly	Jarvis	Jemma	Jemma	31/03/1990	19880 BAUW	WAL	12/12/2012	2:03.19
50 Backstroke	Whittaker	Leah Paige	Leah Paige	09/01/2005	828864 KELW	ENG	02/12/2022	26.67
100 Backstroke	Fullalove	Jessica	Jessica	27/07/1996	212176 BAUW	ENG	02/11/2019	58.49
200 Backstroke	Osrin	Honey	Honey	24/02/2003	1334468 LCLA	ENG	04/12/2021	2:06.54
100 Individual Medley	O'connor	Siobhan-Marie	Siobhan	29/11/1995	292600	ENG	09/11/2018	58.35
200 Individual Medley	Phiri	Mia	Mia	05/05/2003	1382697	ENG	07/12/2018	2:04.61
400 Individual Medley	Booker	Elizabeth	Lily	27/01/2001	729500 MILW	ENG	08/12/2019	4:36.06

Junior Male

50 Freestyle	Hamilton	Matthew	Matthew	13/12/2007	1384900	ENG	07/10/2023	22.73
50 Freestyle	Adama	Abduljabar	Abduljabar	06/08/2008	1583747	NGR	05/11/2023	22.73
100 Freestyle	Laws	Nicholas	Nicholas	22/04/2000	820839	ENG	08/11/2015	52.21
200 Freestyle	Davies	Adam	Adam	17/10/2001	493809 PLYW	ENG	17/01/2017	1:53.27
400 Freestyle	Arioli	Davide	Davide	28/05/2002	1441703	ENG	26/03/2018	3:55.31
800 Freestyle	Arioli	Davide	Davide	28/05/2002	1441703	ENG	27/01/2018	7:59.84
1500 Freestyle	Arioli	Davide	Davide	28/05/2002	1441703	ENG	20/01/2018	15:18.06
50 Breaststroke	Williams	Cameron	Cameron	08/01/2004	1220335 DDAW	WAL	07/12/2019	28.36
100 Breaststroke	Williams	Cameron	Cameron	08/01/2004	1220335 DDAW	WAL	05/12/2019	1:01.32
200 Breaststroke	Ellington	William	William	25/06/2003	945680 MILW	SCO	16/12/2018	2:16.78
50 Butterfly	Adama	Abduljabar	Abduljabar	06/08/2008	1583747	NGR	21/10/2023	24.48
100 Butterfly	Hamilton	Matthew	Matthew	13/12/2007	1384900	ENG	05/11/2023	54.72
200 Butterfly	Dailley	Sam	Sam	17/01/2001	1115931 PLYW	ENG	17/12/2016	2:00.17
50 Backstroke	Kauspedas	Mantas	Mantas	26/10/2007	1726539	LTU	22/10/2023	24.55
100 Backstroke	Kauspedas	Mantas	Mantas	26/10/2007	1726539	LTU	23/10/2023	54.23
200 Backstroke	Thomson	Fergus	Fergus Thomson	06/02/2007	1231394 KELW	SCO	02/12/2022	2:00.84
100 Individual Medley	Williams	Cameron	Cameron	08/01/2004	1220335 DDAW	WAL	07/12/2019	56.84
200 Individual Medley	Cherrington	Conor	Conor	05/01/2006	939148 MILW	ENG	04/12/2021	2:03.60
400 Individual Medley	Williams	Brodie	Brodie	18/03/1999	520920 MILW	ENG	08/03/2015	4:23.01

Junior Female

50 Freestyle	Meilutyte	Ruta	Ruta	19/03/1997	849258 PLYW	LTU	13/10/2012	24.97
100 Freestyle	Meilutyte	Ruta	Ruta	19/03/1997	849258 PLYW	LTU	13/12/2012	53.54
200 Freestyle	Osrin	Honey	Honey	24/02/2003	1334468 PLYW	ENG	16/12/2018	2:00.49
400 Freestyle	Bochmann	Anne	Anne	22/08/1993	43122 ECTM	ENG	08/08/2009	4:12.55
800 Freestyle	Wilke	Franka	Franka	03/04/2002	1444748	GER	14/12/2017	8:44.96
1500 Freestyle	Atkinson	Charlotte	Charlotte	29/11/1996	455029 PLYW	IOM	25/02/2012	16:55.40
50 Breaststroke	Meilutyte	Ruta	Ruta	19/03/1997	849258 PLYW	LTU	13/12/2012	29.44
100 Breaststroke	Meilutyte	Ruta	Ruta	19/03/1997	849258 PLYW	LTU	15/12/2012	1:03.52
200 Breaststroke	Cain	Emma	Emma	08/08/1999	453494	ENG	07/12/2014	2:26.92
50 Butterfly	Kamzol	Flawia	Flawia	26/02/2007	1665450	POL	09/12/2022	26.79
100 Butterfly	Freeman	Sophie	Sophie	19/02/2004	902279 PLYW	ENG	05/12/2019	58.96
200 Butterfly	Freeman	Sophie	Sophie	19/02/2004	902279 PLYW	ENG	07/12/2019	2:09.52
50 Backstroke	Whittaker	Leah Paige	Leah Paige	09/01/2005	828864 KELW	ENG	07/12/2019	27.07
100 Backstroke	Whittaker	Leah Paige	Leah Paige	09/01/2005	828864 KELW	ENG	05/12/2019	59.74
200 Backstroke	Freeman	Sophie	Sophie	19/02/2004	902279 PLYW	ENG	08/12/2019	2:11.91
100 Individual Medley	Widdows	Hollie	Hollie	12/08/2006	1220193 KELW	ENG	04/12/2021	1:03.58
200 Individual Medley	Phiri	Mia	Mia	05/05/2003	1382697	ENG	07/12/2018	2:04.61
400 Individual Medley	Wilson	Sophia	Sophia	18/09/2001	707019 MILW	ENG	18/12/2016	4:44.34