



(Affiliated to ASA South West Region)

Sherborne Storm Autumn Blast- Early Season Qualifier

Saturday 5th and Sunday 6th October 2019

Level 3 Licensed Meet

License No: SW191682

Oxley Sports Centre, Bradford Rd, Sherborne, DT9 3QN

Anti-wave lane ropes, 25m 6 lane deck level pool
Electronic Timing

Awards for individual events
9, 10/11, 12/13, 14/15, 16+ age groups
This meet will enable swimmers to qualify for county
competitions.

Age as on 5th October 2019

**FOR FURTHER DETAILS CONTACT:
Liam Crook
competitions@sherbornestorm.co.uk**

Sherborne Storm Level 3 Licensed Open Meet

(Under ASA law and ASA technical rules)

COMPETITION RULES

1. This event is a Level 3 Licensed Meet and is therefore subject to upper cut-off times.
2. The competition will be held under ASA Laws & Regulations and ASA Technical Rules of Racing designated by the ASA for entry into County and Regional Competitions and Championships.
3. All entrants must be Category 2 members of an affiliated Club and Amateurs as defined by ASA Law. ASA Registration numbers must be included on the entry form.
4. Selection of swimmers will be on a first come first served basis for each event as defined in attached programme. Age groups are 9, 10/11, 12/13, 14/15, 16 & Over, ages at 31st March 2019.
5. If events are over-subscribed, the promoter reserves the right to return entries based on first come first served basis, the latest received entries will be rejected.
6. There will be no time trials. Any spare lanes in an event resulting from withdrawals on the day, lanes will remain empty.
7. If the meet is undersubscribed Late entries may be taken should spaces be available, but will be at the discretion of the organiser. Exhibition (x) swimmers may be accepted if undersubscribed.
8. Entries confirmed after the start list has been produced will only be accepted at the discretion of the Meet Manager and will be subject to availability of empty lanes in the slowest heats.
9. Start list for each event will be sent directly to the stewards in the marshalling area for distribution to the coaches.
10. Competitors must report to the marshal's two heats before their own and must remain in the marshalling area until called to compete. For the first event at the start of each session, competitors should report to the marshals at the end of the warm up.
11. Entries will be seeded into heats from submitted times and the slowest heats swum first. All heats will be spear-headed.
12. All events are heat declared winners and awards will be made to the top three places in each of the designated age groups to swimmers who have not exceeded the upper cut-off times. Awards not collected will not be posted.
13. Swimmers achieving a time faster than the published upper cut-off time will not be included in the published results list but will receive a certificate with a record of the time achieved. The time swam will be sent to the ASA for rankings purposes.

COMPETITION CONDITIONS

1. **Entries with Short Course times** (Long course conversions accepted) should be made via Sports Systems Entry Manager file (or individual entry form if applicable) backed up with the cash entry summary & coach pass application form together with entry fees. These should reach the meet secretary **by 8th September 2019**. Payment by electronic transfer to **Sort Code: 60-21-40 Account: 67053327 . Ref: Home club name plus SSMOCT19**
2. It is the responsibility of all swimmers/parents and coaches to enter correct times as a random check will be done on the rankings database to check validity.
3. The entry fee is £5.50 per event. Coach passes are £10 each for the weekend.
4. The correct entry fee must accompany the entries, or they will be treated as incorrect.
5. No other form of entry will be accepted, and no entries will be accepted after the advertised closing date of **8th September 2019**.

6. The promoter reserves the right to refuse or restrict entries as required to meet ASA conditions of meet designation.
7. Only competitors, officials and holders of a valid coaches pass will be permitted on poolside. All coaches and chaperones must have relevant accreditation and be registered on the child protection database.
8. During warm up, swimmers must be supervised by their coach.
9. A warm up Protocol will be issued with each coaches information pack and coaches are required to ensure that their swimmers adhere to the warm up procedure as outlined in the protocol or they may be requested to leave the pool.
10. All competitors are required to observe all safety announcements and conduct themselves in an appropriate manner at all times.
11. All participants must observe the safety precautions in operation at Oxley Sports Centre.
12. Anyone wishing to use a devices capable of photography or video recording must take careful note of the information posters. The full ASA Guidance on Photography can be found in Wavepower the ASA Child Safeguarding Policy and Procedures available at www.swimming.org
13. Under extenuating circumstances which are out of our control, the Referee reserves the right to amend or change the meet rules on the day to cover all conditions out of his/her control to ensure the smooth running of the competition.
14. Entries may be held on a computer solely for the purpose of this competition and consent, as required by the Data Protection Act 2018 and in line with GDPR 2018, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal Data will be available for inspection during the Meet on application to the Promoters.
15. Neither the promoter nor Sherborne Storm ASC will be responsible for any loss or damage occurring during the meet.
16. All clubs entering the meet will be requested to provide officials, over the duration of the open meet, no swimmers will be rejected if a club cannot supply officials.

PROMOTER AND MEET MANAGER: Liam Crook Sherborne Storm ASC

email address : competitions@sherbornestorm.co.uk

For Hytek File, please contact
meet manager.

PROGRAMME OF EVENTS

Session 1 Saturday 5th Oct
Warm Up: 10.30am | Start: 11.15am

Event 1	400m Free Male
Event 2	200m Free Female
Event 3	200m Backstroke Male
Event 4	100m Breastroke Female
Event 5	100m Fly Male
Event 6	50m Fly Female
Event 7	50m Back Male

Session 2 Saturday 5th Oct
Warm up: TBC

Event 8	200m IM Female
Event 9	200m Breastroke Male
Event 10	100m Backstroke Female
Event 11	100m Freestyle Male
Event 12	50m Breastroke Female
Event 13	50m Free Male

Session 3 Sunday 6th Oct
Warm up: 11.40am | Start: 12.15pm

Event 14	400m Free Female
Event 15	200m Free Male
Event 16	200m Backstroke Female
Event 17	100m Breastroke Male
Event 18	100m Fly Female
Event 19	50m Fly Male
Event 20	50m Back Female

Event 21	200IM Male
Event 22	200m Breastroke Female
Event 23	100m Backstroke Male
Event 24	100m Freestyle Female
Event 25	50m Breastroke Male
Event 26	50m Free Female

Individual Entry Form

Name:		
Swim England Registration No:		
DOB:		
Email:		
Club		
Age as 5 th Oct 2019		
No	Event	Entry Time
	50m Freestyle	
	100m Freestyle	
	200m Freestyle	
	400m Freestyle	
	50m Backstroke	
	100m Backstroke	
	200m Backstroke	
	50m Breaststroke	
	100m Breaststroke	
	200m Breaststroke	
	50m Butterfly	
	100m Butterfly	
	100m Individual Medley	
	200m Individual Medley	
	400m Individual Medley	
Number of Events:		
Total Cost @£5.50 Per Event:		£

Club Summary

Club Name :

Entry fees:

Male entries

Female entries @ £5.50 per event =£

Coach passes: @ £5.50 per event =£

Meet pass (lunch provided)

..... @ £10 each =£

TOTAL:

Payment by electronic transfer to Sort Code: 60-21-40 Account: 67053327 . Ref: Home club name plus SSMOCT19

Officials Name, ASA No & Qualification

(must be a minimum J1 in training with TimeKeeper passed)

Contact name (print)

Address

Tel (daytime) (evenings).....

Girls								
Event	9 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs	15 yrs	16+ yrs
50m Freestyle	37.60	36.10	35.10	33.80	31.90	30.90	30.80	30.50
100m Freestyle	1:18.10	1:16.10	1:14.10	1:12.20	1:06.60	1:05.50	1:04.10	1:02.90
200m Freestyle	3:01.90	2:52.00	2:42.20	2:35.10	2:26.80	2:20.70	2:15.40	2:14.00
400m Freestyle	6:03.90	5:44.10	5:29.30	5:24.60	5:05.70	5:04.80	4:43.00	4:42.30
50m Backstroke	46.30	44.00	41.50	39.20	37.10	35.90	35.20	34.10
100m Backstroke	1:32.90	1:28.90	1:26.90	1:23.00	1:17.50	1:14.40	1:11.40	1:11.10
200m Backstroke	3:31.60	3:16.70	3:01.80	2:50.30	2:39.80	2:36.70	2:28.00	2:27.80
50m Breaststroke	50.60	48.70	46.70	44.90	42.50	40.30	40.20	38.90
100m Breaststroke	1:49.20	1:44.20	1:41.30	1:38.10	1:31.80	1:28.20	1:25.30	1:22.90
200m Breaststroke	3:52.30	3:44.40	3:32.50	3:22.60	3:12.80	3:02.90	2:57.00	2:53.10
50m Butterfly	44.40	40.50	39.30	37.00	36.00	34.80	33.70	33.50
100m Butterfly	1:39.80	1:35.80	1:31.80	1:24.90	1:20.80	1:16.10	1:12.90	1:11.30
200m Butterfly	3:51.40	3:31.50	3:21.60	3:04.70	2:58.00	2:52.10	2:39.30	2:38.00
100m I.M.	1:48.80	1:38.50	1:34.20	1:29.10	1:24.90	1:22.60	1:20.90	1:19.40
200m I.M.	3:31.90	3:17.00	3:02.20	2:59.20	2:50.30	2:43.40	2:36.50	2:34.60
400m I.M.	N/A	N/A	6:24.60	6:09.80	5:49.10	5:40.20	5:26.40	5:25.40

QUALIFYING TIMES - NO SLOWER THAN

Boys								
Event	9 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs	15 yrs	16+ yrs
50m Freestyle	37.60	36.10	35.10	34.10	31.80	29.90	29.20	28.50
100m Freestyle	1:18.10	1:16.10	1:14.10	1:13.10	1:08.80	1:03.00	1:01.70	59.40
200m Freestyle	3:01.90	2:52.00	2:42.20	2:36.40	2:28.80	2:16.80	2:11.30	2:06.50
400m Freestyle	6:03.90	5:44.10	5:29.30	5:24.30	5:13.90	4:43.90	4:32.50	4:27.00
50m Backstroke	46.30	44.00	41.50	40.00	38.10	34.80	34.10	32.30
100m Backstroke	1:32.90	1:28.90	1:26.90	1:24.50	1:20.00	1:12.90	1:10.90	1:07.50
200m Backstroke	3:31.60	3:16.70	3:01.80	2:54.90	2:45.00	2:31.20	2:27.30	2:19.90
50m Breaststroke	50.60	48.70	46.70	45.10	42.60	40.50	37.60	36.50
100m Breaststroke	1:49.20	1:44.20	1:41.30	1:39.10	1:34.60	1:26.60	1:20.50	1:17.80
200m Breaststroke	3:52.30	3:44.40	3:32.50	3:22.60	3:10.80	3:00.00	2:51.10	2:42.30
50m Butterfly	44.40	40.50	39.30	38.10	35.30	33.90	32.50	30.90
100m Butterfly	1:39.80	1:35.80	1:31.80	1:29.80	1:21.90	1:15.00	1:10.50	1:06.20
200m Butterfly	3:51.40	3:31.50	3:21.60	3:15.60	3:00.80	2:44.90	2:32.10	2:26.20
100m I.M.	1:47.40	1:39.60	1:33.90	1:28.70	1:23.10	1:18.10	1:14.70	1:11.80
200m I.M.	3:31.90	3:17.00	3:02.20	2:59.70	2:52.40	2:38.50	2:32.60	2:25.70
400m I.M.	N/A	N/A	6:24.60	6:16.70	5:57.90	5:35.30	5:15.60	4:57.00