

**SWIM ENGLAND SOUTH WEST Masters Swimming Records - SHORT COURSE - JULY 2022**

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE
<b>Mens 50m Freestyle</b>						<b>Womens 50m Freestyle</b>				
Matthew Bray	United Bristol SC	<b>23.73</b>	Sheffield	29/10/16	<b>18/24</b>	Annie Hardie	United Bristol SC	<b>26.20</b>	Sheffield	29/10/16
Philip Muspratt	Salisbury	<b>23.06</b>	Sheffield	25/10/13	<b>25/29</b>	Rebecca Guy	Bristol Heleaze	<b>25.88</b>	Sheffield	29/10/17
Philip Muspratt	United Bristol SC	<b>23.64</b>	Sheffield	25/10/15	<b>30/34</b>	Tessa Muskett	Caradon SC	<b>28.48</b>	Saltash	21/01/17
Masai Zebe-Chaka	Plymouth Leander	<b>24.00</b>	Sheffield	25/10/15	<b>35/39</b>	Rebecca Smith	West Wilts	<b>27.58</b>	Millfield	30/03/14
Peter Smith	Gloucester Masters	<b>25.70</b>	Sheffield	25/10/14	<b>40/44</b>	Ali Pheesse	Carn Brea	<b>28.64</b>	Millfield	30/03/14
Fergal Cawley	Gloucester Masters	<b>26.77</b>	Stafford	23/04/22	<b>45/49</b>	Nicola Harris	Corsham	<b>27.63</b>	Sheffield	25/10/13
Peter Long	St Austell SC	<b>25.19</b>	Cardiff	07/12/13	<b>50/54</b>	Rebecca Jenkinson	Exeter SC	<b>28.97</b>	Sheffield	25/10/13
Colin Stephenson	Gloucester Masters	<b>26.23</b>	Sheffield	25/10/13	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>30.45</b>	Sheffield	25/10/15
Simon Veale	Devon	<b>27.76</b>	Millfield	19/11/17	<b>60/64</b>	Helen Kula-Przewanski	Caradon SC	<b>31.58</b>	Gloucester	31/03/19
John Anderson	Wincanton	<b>31.04</b>	Millfield	10/11/19	<b>65/69</b>	Sue Hodge	Gloucester Masters	<b>32.44</b>	Gloucester	31/03/19
Tony Cherrington	Gloucester Masters	<b>30.91</b>	Sheffield	25/10/13	<b>70/74</b>	Susan Walker	Devon	<b>35.04</b>	Millfield	19/11/17
William Letch	Exmouth	<b>31.72</b>	Sheffield	25/10/15	<b>75/79</b>	Jean Howard-Jones	Poole SC	<b>39.89</b>	Millfield	13/05/18
Roger Burrell	Launceston	<b>40.64</b>	Billingham	22/03/15	<b>80/84</b>	Joan Jackson	St Austell SC	<b>47.42</b>	Bodmin	27/04/14
Doug Winstone	Warminster	<b>51.25</b>	Sailsbury	07/10/17	<b>85/89</b>			<b>NR</b>		

<b>Mens 100m Freestyle</b>					Age Grp	<b>Womens 100m Freestyle</b>				
Kalon Veale	Totnes	<b>51.76</b>	Sheffield	24/10/14	<b>18/24</b>	Fiona Hardie	Littledown Masters	<b>58.53</b>	Bodmin	27/04/14
Philip Muspratt	Salisbury	<b>50.85</b>	Sheffield	27/10/13	<b>25/29</b>	Rebecca Guy	Bristol Henleaze	<b>56.22</b>	Sheffield	24/10/15
Philip Muspratt	United Bristol SC	<b>52.61</b>	Sheffield	24/10/15	<b>30/34</b>	Rachel Curnock	Bristol North SC	<b>1.00.69</b>	Sheffield	24/10/14
Jeremy Birds	United Bristol SC	<b>52.83</b>	Sheffield	25/10/14	<b>35/39</b>	Rebecca Smith	West Wilts Force 5	<b>59.98</b>	Sheffield	24/10/14
Peter Smith	Gloucester Masters	<b>56.69</b>	Sheffield	24/10/14	<b>40/44</b>	Ali Pheesse	Carn Brea	<b>1.02.14</b>	Millfield	30/03/14
Fergal Cawley	Gloucester Masters	<b>1.00.78</b>	Stafford	23/04/22	<b>45/49</b>	Nicola Harris	Corsham	<b>1.01.74</b>	Sheffield	24/10/14
Peter Long	St Austell	<b>56.49</b>	Sheffield	27/10/13	<b>50/54</b>	Ali Pheesse	Carn Brea	<b>1.04.92</b>	Bodmin	15/03/20
Colin Stephenson	Gloucester Masters	<b>58.24</b>	Sheffield	25/10/14	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>1.07.26</b>	Sheffield	24/10/15
Colin Stephenson	Gloucester Masters	<b>58.99</b>	Gloucester	22/04/18	<b>60/64</b>	Helen Kula-Przewanski	Caradon	<b>1.08.87</b>	Sheffield	26/10/19
Nigel Foster	Littledown Masters	<b>1.09.91</b>	Sheffield	29/10/17	<b>65/69</b>	Susan Haigh	Tiverton	<b>1.15.10</b>	Sheffield	24/10/14
Tony Cherrington	Gloucester Masters	<b>1.10.02</b>	Sheffield	27/10/13	<b>70/74</b>	Jean Howard Jones	Poole SC	<b>1.21.90</b>	Poole	16/02/14
William Letch	Exmouth	<b>1.13.88</b>	Sheffield	24/10/15	<b>75/79</b>	Jean Howard Jones	Poole SC	<b>1.31.42</b>	Sheffield	24/10/15
Donald Leatherbarrow	Gloucester Masters	<b>1.21.90</b>	Gloucester	22/04/18	<b>80/84</b>	Joan Jackson	St Austell SC	<b>1.48.99</b>	Bodmin	27/04/14
Doug Winstone	Warminster	<b>2.03.72</b>	Swindon	01/02/17	<b>85/89</b>			<b>NR</b>		

<b>Mens 200m Freestyle</b>					Age Grp	<b>Womens 200m Freestyle</b>				
Bartek Karpisz	United Bristol SC	<b>1.55.19</b>	Sheffield	27/10/17	<b>18/24</b>	O Planteau de Marousse	United Bristol SC	<b>2.08.57</b>	Sheffield	27/04/14
Kalon Veale	Totnes	<b>1.54.77</b>	Plymouth	03/09/17	<b>25/29</b>	Kathleen Baker	Poole SC	<b>2.11.84</b>	Sheffield	
Daniel John	Totnes	<b>1.57.03</b>	Sheffield	27/10/17	<b>30/34</b>	Rachel Curnock	Bristol North SC	<b>2.11.11</b>	Sheffield	
Paul Hembrow	Littledown Masters	<b>2.06.73</b>	Poole	09/07/17	<b>35/39</b>	Rebecca Smith	West Wilts	<b>2.16.24</b>	Millfield	30/03/14
Oliver Wilkinson	Gloucester Masters	<b>2.09.12</b>	Sheffield	29/10/16	<b>40/44</b>	Jessica Wooddisse	Stroud Masters	<b>2.17.52</b>	Gloucester	28/02/15
Steven Hurley	Exeter City SC	<b>2.10.31</b>	Bodmin	15/03/20	<b>45/49</b>	Sara Dykes	Weston-Super-Mare	<b>2.16.67</b>	Sheffield	26/10/14
Matthew Bailey	Gloucester Masters	<b>2.18.64</b>	Stafford	23/04/22	<b>50/54</b>	Sheryl Taylor	Newquay	<b>2.30.28</b>	Sheffield	26/10/14
Colin Stephenson	Gloucester Masters	<b>2.13.06</b>	Sheffield	26/10/13	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>2.29.16</b>	Millfield	23/10/15
Simon Veale	Totnes	<b>2.17.20</b>	Millfield	15/05/16	<b>60/64</b>	Helen Kula-Przewanski	Caradon SC	<b>2.29.71</b>	Sheffield	25/10/19
Dave Hembrow	Littledown Masters	<b>2.36.63</b>	Poole	16/02/14	<b>65/69</b>	Susan Haigh	Tiverton	<b>2.41.42</b>	Millfield	26/10/14
Dave Hembrow	Littledown Masters	<b>2.35.46</b>	Sheffield	27/10/17	<b>70/74</b>	Jean Howard-Jones	Poole SC	<b>3.09.58</b>	Poole	16/02/14
Tony Cherrington	Gloucester Masters	<b>2.49.21</b>	Sheffield	27/10/17	<b>75/79</b>	Rosemary Johnson	Wincanton	<b>4.18.04</b>	Sheffield	23/10/15
Donald Leatherbarrow	Gloucester Masters	<b>3.10.24</b>	Gloucester	22/04/18	<b>80/84</b>	Jean Kitson	Brixham	<b>4.08.17</b>	Isle of Wight	09/02/14

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE
<b>Mens 400m Freestyle</b>						<b>Womens 400m Freestyle</b>				
Levin Veale	Totnes	<b>4.15.45</b>	Gloucester	21/04/18	<b>18/24</b>	Lauren Matthews	Swindon Dolphins	<b>4.34.25</b>	Sheffield	28/10/17
Kalon Veale	Totnes	<b>4.12.36</b>	Bartne Copthall	08/07/17	<b>25/29</b>	Nia Westlake	Cinderford	<b>4.48.77</b>	Sheffield	29/10/21
Daniel John	Totnes	<b>4.11.93</b>	Sheffield	28/10/17	<b>30/34</b>	Rachel Curnock	Bristol North SC	<b>4.43.67</b>	Sheffield	28/10/17
Paul Hembrow	Littledown Masters	<b>4.32.83</b>	Poole	09/07/17	<b>35/39</b>	Jessica Wooddisse	Stroud Masters	<b>4.44.15</b>	Sheffield	25/10/14
Oliver Wilkinson	Gloucester Masters	<b>4.30.14</b>	Sheffield	29/10/16	<b>40/44</b>	Jessica Wooddisse	Stroud Masters	<b>4.45.65</b>	Gloucester	23/04/17
Steven Hurley	Exeter City SC	<b>4.36.09</b>	Bodmin	15/03/20	<b>45/49</b>	Jessica Wooddisse	Stroud Masters	<b>4.50.01</b>	Millfield	27/02/22
Sean Kinsey	Stroud Masters	<b>4.32.32</b>	Sheffield	29/10/16	<b>50/54</b>	Sheryl Taylor	Newquay	<b>5.19.80</b>	Sheffield	25/10/14
Sean Kinsey	Stroud Masters	<b>4.44.52</b>	Gloucester	31/03/19	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>5.22.35</b>	Guernsey	01/04/17
Simon Veale	Totnes	<b>4.49.26</b>	Sheffield	28/10/17	<b>60/64</b>	Susan Haigh	Tiverton	<b>5.21.86</b>	Sheffield	27/10/13
Dave Hembrow	Littledown Masters	<b>5.27.32</b>	Poole	16/02/14	<b>65/69</b>	Susan Haigh	Tiverton	<b>5.40.12</b>	Millfield	12/03/17
Dave Hembrow	Littledown Masters	<b>5.32.68</b>	Bristol	24/09/17	<b>70/74</b>	Esther Murray	Gloucester Masters	<b>8.07.70</b>	Gloucester	23/04/17
Tony Cherrington	Gloucester Masters	<b>6.06.66</b>	Sheffield	28/10/17	<b>75/79</b>	Ann Humphris	Barnstaple	<b>9.37.11</b>	Millfield	30/03/14
		<b>NR</b>			<b>80/84</b>	Jean Kitson	Brixham	<b>8.29.78</b>	Millfield	30/03/14

<b>Mens 800m Freestyle</b>					Age Grp	<b>Womens 800m Freestyle</b>				
		<b>9.27.56</b>			<b>18/24</b>	Emma Baird	Weyport Masters	<b>10.13.65</b>	Sheffield	26/10/13
Daniel John	Totnes	<b>8.47.34</b>	Sheffield	25/10/15	<b>25/29</b>	Nia Westlake	Cinderford	<b>9.55.71</b>	Sheffield	29/10/21
Daniel John	Totnes	<b>8.48.46</b>	Sheffield	29/10/17	<b>30/34</b>			<b>12.21.05</b>		
Peter Gleed	Southwold	<b>9.10.21</b>	Sheffield	26/10/13	<b>35/39</b>	Jessica Wooddisse	Stroud Masters SC	<b>9.42.18</b>	Sheffield	26/10/14
Oliver Wilkinson	Gloucester Masters	<b>9.23.53</b>	Sheffield	30/10/16	<b>40/44</b>			<b>12.21.05</b>		
Darren Beer	Exmouth	<b>10.15.09</b>	Sheffield	30/10/16	<b>45/49</b>	Jessica Wooddisse	Stroud Masters SC	<b>9.57.72</b>	Sheffield	31/10/21
Mark Partridge	Stroud Masters	<b>11.22.17</b>	Sheffield	30/10/16	<b>50/54</b>	Sheryl Taylor	Newquay	<b>10.54.73</b>	Sheffield	26/10/14
Simon Veale	Totnes	<b>9.54.66</b>	Sheffield	26/10/14	<b>55/59</b>	Sheryl Taylor	Newquay	<b>11.36.63</b>	Sheffield	26/10/13
Simon Veale	Totnes	<b>10.01.58</b>	Sheffield	29/10/17	<b>60/64</b>	Jayne Ball	Gloucester Masters	<b>11.15.12</b>	Barnet	12/07/14
		<b>15.15.19</b>			<b>65/69</b>	Susan Haigh	Tiverton	<b>12.04.76</b>	Sheffield	26/10/18
Tony Cherrington	Gloucester Masters	<b>11.57.70</b>	Sheffield	26/10/13	<b>70/74</b>	Margaret Rose	Littledown Masters	<b>17.05.10</b>	Sheffield	26/10/13
Tony Cherrington	Gloucester Masters	<b>12.56.44</b>	Sheffield	29/10/17	<b>75/79</b>			<b>NR</b>		
Tony Cherrington	Gloucester Masters	<b>14.01.98</b>	Stafford	09/07/22	<b>80/84</b>	Jean Kitson	Brixham	<b>17.01.78</b>	Isle of Wight	09/02/14

<b>Mens 1500m Freestyle</b>					Age Grp	<b>Womens 1500m Freestyle</b>				
Michal Kotlewski	United Bristol SC	<b>17.25.73</b>	Sheffield	24/10/14	<b>18/24</b>	Emma Baird	Weyport Masters	<b>19.57.42</b>	Sheffield	25/10/13
Daniel John	Totnes SC	<b>17.03.45</b>	Sheffield	28/10/16	<b>25/29</b>	Nia Westlake	Cinderford	<b>19.14.57</b>	Sheffield	29/10/21
Daniel John	Totnes SC	<b>16.52.96</b>	Sheffield	27/10/17	<b>30/34</b>			<b>26.43.79</b>		
Pip Bennett	Bristol Henleaze	<b>18.22.47</b>	Sheffield	27/10/17	<b>35/39</b>	Jessica Wooddisse	Stroud Masters SC	<b>18.26.05</b>	Sheffield	24/10/14
Oliver Wilkinson	Gloucester Masters	<b>17.58.75</b>	Sheffield	28/10/16	<b>40/44</b>			<b>21.10.93</b>		
Nigel Dawson	Gloucester Masters	<b>22.06.93</b>	Sheffield	23/10/15	<b>45/49</b>	Jessica Wooddisse	Stroud Masters SC	<b>18.53.92</b>	Sheffield	29/10/21
Rob Kellaway	East Dorset Open Water SC	<b>20.29.84</b>	Sheffield	23/10/15	<b>50/54</b>	Sheryl Taylor	Newquay	<b>20.42.60</b>	Sheffield	25/10/13
		<b>21.27.88</b>			<b>55/59</b>	Sheryl Taylor	Newquay	<b>21.25.27</b>	Sheffield	23/10/15
David Grainger	Gloucester Masters	<b>22.11.36</b>	Sheffield	28/10/16	<b>60/64</b>	Susan Haigh	Tiverton	<b>21.29.00</b>	Sheffield	25/10/13
David Hembrow	Littledown Masters	<b>21.50.93</b>	Sheffield	28/10/16	<b>65/69</b>	Susan Haigh	Tiverton	<b>23.00.15</b>	Bexley Heath	23/10/15
David Hembrow	Littledown Masters	<b>21.40.00</b>	Sheffield	27/10/17	<b>70/74</b>	Margaret Rouse	Littledown Masters	<b>27.07.64</b>	Aldershot	25/10/13
John Perks	Tewkesbury	<b>31.25.52</b>	Sheffield	25/10/13	<b>75/79</b>			<b>NR</b>		

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE
<b>Mens 50m Backstroke</b>						<b>Womens 50m Backstroke</b>				
Kalon Veale	Totnes	25.25	Sheffield	24/10/14	18/24	Stephanie Bremner	Warminster	30.24	Millfield	10/11/13
Kalon Veale	Totnes	25.70	Plymouth	03/09/17	25/29	Emma Challis	Totnes	31.77	Sheffield	23/10/15
James Edmonds	United Bristol SC	26.64	Sheffield	28/10/17	30/34	Emma Challis	Totnes	31.88	Sheffield	30/10/16
Jonathan Audis	Swindon Dolphins	27.16	Sheffield	28/10/17	35/39	Katie Nimmo	Gloucester Masters	32.22	Sheffield	27/10/13
Bjorn Hoffman	Backwell	31.04	Sheffield	23/10/15	40/44	Katie Nimmo	Gloucester Masters	33.08	Sheffield	28/10/17
Matthew Bailey	Gloucester Masters	30.83	Millfield	14/11/21	45/49	Ali Phesse	Carn Brea & Helston	32.58	Sheffield	28/10/17
Matthew Bailey	Gloucester Masters	30.58	Millfield	27/02/22	50/54	Ali Phesse	Carn Brea & Helston	33.16	Bodmin	15/03/20
Simon Veale	Totnes	30.98	Sheffield	24/10/14	55/59	Helen Kula-Przezanski	Gloucester Masters	36.42	Sheffield	23/10/15
Simon Veale	Totnes	31.24	Sheffield	30/10/16	60/64	Helen Kula-Przezanski	Caradon SC	36.61	Sheffield	25/10/19
Nigel Foster	Swim Bournemouth	36.85	Sheffield	23/10/15	65/69	Julia Kemp	Salisbury	42.16	Millfield	10/11/13
Tony Cherrington	Gloucester Masters	39.70	Millfield	29/09/13	70/74	Carol Fellows	Bristol Masters	46.50	Bristol	24/09/17
William Letch	Exmouth	42.96	Sheffield	23/10/15	75/79	Muriel Hitchcock	Warminster	54.80	Hutton Moor	15/11/14
Roger Burrell	Launceston	48.75	Sheffield	23/10/15	80/84	Lorna Harding	Salisbury	58.17	Trowbridge	22/02/14
Doug Winstone	Warminster	1.08.18	Swindon	01/02/17	85/89			NR		

<b>Mens 100m Backstroke</b>					Age Grp	<b>Womens 100m Backstroke</b>				
Kalon Veale	Totnes	54.67	Sheffield	26/10/14	18/24	Fiona Hardie	Poole SC	1.03.95	Sheffield	29/10/16
Kalon Veale	Totnes	55.39	Plymouth	03/09/17	25/29	Cara Deasy	Barnstaple	1.09.62	Millfield	12/03/17
James Edmonds	United Bristol SC	57.03	Sheffield	29/10/16	30/34	Kerrie Aldridge	Dursley Dolphins	1.09.96	Sheffield	26/10/14
Jonathan Audis	Swindon Dolphins	58.45	Sheffield	27/10/17	35/39	Rebecca Smith	West Wilts	1.09.28	Millfield	30/03/14
		1.11.15			40/44	Heidi Hunt	Exmouth	1.13.58	Sheffield	26/10/14
Fergal Cawley	Gloucester Masters	1.09.81	Millfield	27/02/22	45/49	Nicola Harris	Corsham	1.10.46	Sheffield	26/10/14
Matthew Bailey	Gloucester Masters	1.07.89	Millfield	27/02/22	50/54	Ali Phesse	Carn Brea	1.15.04	Bodmin	15/03/20
Simon Veale	Totnes	1.07.53	Sheffield	25/10/13	55/59	Helen Kula-Przezanski	Gloucester Masters	1.17.99	Sheffield	25/10/15
Simon Veale	Totnes	1.08.98	Millfield	15/05/16	60/64	Helen Kula-Przezanski	Caradon SC	1.18.33	Guernsey	07/04/19
Nigel Foster	Swim Bournemouth	1.18.28	Sheffield	25/10/15	65/69	Gillian Ferris	Gloucester Masters	1.37.98	Millfield	27/02/22
Tony Cherrington	Gloucester Masters	1.30.90	Millfield	30/03/14	70/74	Janet Brown	Bristol Masters SC	1.41.17	Gloucester	13/04/14
William Letch	Exmouth	1.35.22	Bristol	24/09/17	75/79	Muriel Hitchcock	Warminster	1.55.41	Swindon	28/06/14
Roger Burrell	Launceston	1.49.63	Sheffield	25/10/15	80/84	Jean Kitson	Brixham	2.16.70	Isle of Wight	09/02/14
Doug Winstone	Warminster	2.20.17	Trowbridge	03/06/17	85/89			NR		

<b>Mens 200m Backstroke</b>					Age Grp	<b>Womens 200m Backstroke</b>				
Kalon Veale	Totnes	2.03.19	Sheffield	24/10/15	18/24			2.38.48		
Kalon Veale	Totnes	2.02.86	Sheffield	28/10/16	25/29	Nia Westlake	Cinderford	2.37.63	Sheffield	29/10/21
James Edmonds	United Bristol SC	2.06.31	Sheffield	28/10/16	30/34	Kerrie Aldridge	Dursley Dolphins	2.33.36	Sheffield	25/10/14
Jonathan Audis	Swindon Dolphins	2.10.01	Sheffield	28/10/17	35/39			3.00.42		
Stuart Baker	Exmouth	2.33.09	Sheffield	28/10/16	40/44	Bethan Lewis	Bristol Masters SC	2.41.58	Sheffield	25/10/14
Jonathan Rawlings	Gloucester Masters	2.33.28	Sheffield	26/10/13	45/49	Katherine Veale	Totnes	2.57.67	Sheffield	25/10/14
Ross Donaldson	Exmouth	2.36.44	Sheffield	28/10/16	50/54	Ali Phesse	Carn Brea & Helston SC	2.45.22	Bodmin	15/03/20
Colin Stephenson	Gloucester Masters	2.41.71	Sheffield	24/10/15	55/59	Helen Kula-Przezanski	Gloucester Masters	2.50.73	Sheffield	28/10/16
Nigel Foster	Swim Bournemouth	2.54.70	Sheffield	25/10/14	60/64	Helen Kula-Przezanski	Caradon SC	2.49.91	St Peter Port	04/06/19
Nigel Foster	Swim Bournemouth	2.49.56	Sheffield	24/10/15	65/69	Margaret Bickley	Totnes	3.23.13	Sheffield	28/10/16
John Holding	DT's	3.21.66	Bodmin	27/04/14	70/74	Rosemary Johnson	Wincanton	4.39.03	Sheffield	26/10/13
		NR			75/79	Rosemary Johnson	Wincanton	5.00.38	Sheffield	24/10/15

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE	
<b>Mens 50m Butterfly</b>						<b>Womens 50m Butterfly</b>					
Matthew Bray	United Bristol SC	<b>25.22</b>	Sheffield	25/10/14	<b>18/24</b>	Emma Bickley	United Bristol SC	<b>29.04</b>	Sheffield	28/10/17	
Kalon Veale	Devon	<b>24.86</b>	Millfield	19/11/17	<b>25/29</b>	Fiona Hardie	Poole SC	<b>29.75</b>	Fareham	27/04/19	
Warren Barrett	Devon	<b>25.06</b>	Millfield	19/11/17	<b>30/34</b>	Emma Oliver	Durrington Otters	<b>30.35</b>	Sheffield	25/10/14	
Masai Zebe-Cheke	Plymouth Leander	<b>25.35</b>	Sheffield	25/10/15	<b>35/39</b>	Katie Nimmo	Gloucester Masters	<b>31.09</b>	Sheffield	26/10/13	
Bryan Fielder	Poole	<b>28.14</b>	Millfield	12/03/17	<b>40/44</b>	Sara Dykes	Weston-Super-Mare	<b>30.89</b>	Sheffield	25/10/14	
Graham Cridland	Tiverton	<b>28.28</b>	Sheffield	25/10/14	<b>45/49</b>	Katie Nimmo	Gloucester Masters	<b>32.12</b>	Millfield	14/11/21	
Nick Vaughan	Poole	<b>28.75</b>	Hutton Moor	15/11/14	<b>50/54</b>	Sandra Jones	Gloucester Masters	<b>32.09</b>	Sheffield	25/10/15	
Simon Veale	Totnes	<b>29.83</b>	Hutton Moor	15/11/14	<b>55/59</b>	Helen Kula-Przezowski	Gloucester Masters	<b>34.45</b>	Sheffield	25/10/14	
Graeme Milne	Truro	<b>29.36</b>	Sheffield	25/10/14	<b>60/64</b>	Helen Kula-Przezowski	Caradon SC	<b>35.13</b>	Sheffield	26/10/19	
Nigel Foster	Dorset	<b>37.73</b>	Millfield	19/11/17	<b>65/69</b>	Susan Haigh	Tiverton	<b>39.84</b>	Millfield	19/11/17	
William Letch	Exmouth	<b>36.92</b>	Millfield	10/11/13	<b>70/74</b>	Jean Howard-Jones	Poole SC	<b>46.82</b>	Millfield	10/11/13	
William Letch	Exmouth	<b>36.64</b>	Sheffield	25/10/15	<b>75/79</b>	Muriel Hitchcock	Warminster	<b>58.86</b>	Hutton Moor	15/11/14	
Donald Leatherbarrow	Gloucester Masters	<b>45.42</b>	Gloucester	22/04/18	<b>80/84</b>			<b>NR</b>			

<b>Mens 100m Butterfly</b>					Age Grp	<b>Womens 100m Butterfly</b>				
Bartek Karpisz	United Bristol SC	<b>54.90</b>	Sheffield	27/10/17	<b>18/24</b>	Fiona Hardie	Poole SC	<b>1.01.48</b>	Sheffield	28/10/16
Kalon Veale	Totnes	<b>56.63</b>	Millfield	27/10/17	<b>25/29</b>	Kathleen Baker	Poole SC	<b>1.08.20</b>	Sheffield	27/10/17
Daniel John	Totnes	<b>59.11</b>	Sheffield	27/10/17	<b>30/34</b>	Sarah Quartermaine	Carn Brea & Helston	<b>1.07.67</b>	Millfield	13/05/18
Jonathan Audis	Swindon Dolphins	<b>58.53</b>	Sheffield	27/10/17	<b>35/39</b>	Rebecca Smith	West Wilts Force 5	<b>1.10.50</b>	Sheffield	25/10/14
John Drake	Swindon Dolphins	<b>1.01.89</b>	Sheffield	30/10/16	<b>40/44</b>	Sara Dykes	Weston-Super-Mare	<b>1.08.55</b>	Sheffield	25/10/14
Graham Cridland	Tiverton	<b>1.05.01</b>	Sheffield	25/10/14	<b>45/49</b>	Philippa O'Grady	Exmouth	<b>1.11.07</b>	Sheffield	24/10/15
Peter Smith	Gloucester Masters	<b>1.05.27</b>	Sheffield	29/10/21	<b>50/54</b>	Sandra Jones	Gloucester Masters	<b>1.13.36</b>	Sheffield	24/10/15
Simon Veale	Totnes	<b>1.06.04</b>	Sheffield	27/10/13	<b>55/59</b>	Helen Kula-Przezowski	Gloucester Masters	<b>1.21.41</b>	Sheffield	27/10/17
Graeme Milne	Truro	<b>1.07.09</b>	Sheffield	24/10/15	<b>60/64</b>	Helen Kula-Przezowski	Gloucester Masters	<b>1.22.46</b>	Horfield	18/05/19
Andy Chapman	Corsham	<b>1.32.04</b>	Salisbury	14/04/18	<b>65/69</b>			<b>1.39.37</b>		
Tony Fairfoull	Swindon Masters	<b>1.45.23</b>	Swindon	01/02/17	<b>70/74</b>	Lesley Maynard	Salisbury	<b>2.50.33</b>	Swindon	01/02/17
William Letch	Exmouth	<b>1.32.64</b>	Bristol	24/09/17	<b>75/79</b>			<b>NR</b>		

<b>Mens 200m Butterfly</b>					Age Grp	<b>Womens 200m Butterfly</b>				
Bartek Karpisz	United Bristol SC	<b>2.13.42</b>	Sheffield	23/10/15	<b>18/24</b>	Lauren Matthews	Swindon Dolphins	<b>2.25.16</b>	Sheffield	29/10/17
Daniel John	Totnes	<b>2.12.94</b>	Sheffield	24/10/14	<b>25/29</b>	Nia Westlake	Cinderford	<b>2.36.85</b>	Sheffield	29/10/21
Daniel John	Totnes	<b>2.11.17</b>	Sheffield	29/10/17	<b>30/34</b>	Sarah Quartermaine	Carn Brea & Helston	<b>2.39.84</b>	Saltash	20/01/18
Peter Gleed	Southwold	<b>2.22.59</b>	Sheffield	24/10/14	<b>35/39</b>	Jessica Wooddisse	Stroud Masters	<b>2.39.72</b>	Bracknell	01/03/14
John Drake	Swindon Dolphins	<b>2.24.25</b>	Sheffield	26/10/16	<b>40/44</b>	Jessica Wooddisse	Stroud Masters	<b>2.37.88</b>	Bracknell	26/10/18
Darren Beer	Crediton & District	<b>2.37.31</b>	Sheffield	24/10/14	<b>45/49</b>	Philippa O'Grady	Exmouth	<b>2.38.25</b>	Sheffield	23/10/15
Darren Beer	Crediton & District	<b>2.39.92</b>	Sheffield	29/10/17	<b>50/54</b>	Sandra Jones	Gloucester Masters	<b>3.17.50</b>	Barnet	07/07/18
		<b>3.16.15</b>			<b>55/59</b>	Ninette Hibbs	St Austell	<b>3.09.58</b>	Sheffield	29/10/17
John Ryan	DT's	<b>3.35.56</b>	Saltash	21/01/17	<b>60/64</b>	Susan Haigh	Tiverton	<b>3.11.14</b>	Guildford	05/10/13
John Ryan	DT's	<b>3.41.12</b>	Saltash	20/01/18	<b>65/69</b>			<b>3.47.03</b>		
Tim Mann	St Austell	<b>4.06.46</b>	Bodmin	06/05/17	<b>70/74</b>			<b>NR</b>		
		<b>NR</b>			<b>75/79</b>			<b>NR</b>		

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE
<b>Mens 50m Breaststroke</b>						<b>Womens 50m Breaststroke</b>				
Levin Veale	Totnes	28.89	Sheffield	29/10/17	18/24	Aimee Carter	Gloucester Masters	33.45	Sheffield	29/10/17
James Broady	Gloucester Masters	29.26	Gloucester	31/03/19	25/29	Hannah Wiltshire	Poole SC	33.64	Millfield	15/05/16
Warren Barrett	Exeter uni Alumni	30.30	Sheffield	29/10/17	30/34	Hannah Wiltshire	Poole SC	34.69	Millfield	12/03/17
Graham Marshall	City of Bristol	31.36	Sheffield	26/10/13	35/39	Alex McRae	Devon	37.38	Millfield	19/11/17
Nigel Masters	Cirencester	32.21	Sheffield	24/10/15	40/44	Heidi Hunt	Exmouth	36.07	Sheffield	26/10/14
Nigel Masters	Cirencester	32.37	Millfield	29/10/17	45/49	Heidi Hunt	Exmouth	36.08	Sheffield	29/10/16
Mark Partridge	Stroud Masters	33.88	Sheffield	26/10/14	50/54	Rebecca Jenkinson	Exeter City	39.61	Sheffield	26/10/13
Mark Partridge	Stroud Masters	34.79	Sheffield	26/10/18	55/59	Rebecca Jenkinson	Exeter City	41.15	Plymouth	01/07/18
David Smith	Devonport RSA	36.09	Saltash	20/01/18	60/64	Alison Nye	Swindon	40.62	Millfield	12/03/17
John Anderson	Wincanton	38.04	Sheffield	27/10/19	65/69	Gillian Ferris	Gloucester Masters	46.97	Millfield	10/11/19
Alan Morris	Wincanton	46.82	Millfield	12/03/17	70/74	Jean Howard-Jones	Poole SC	51.60	Millfield	10/11/13
Donald Leatherbarrow	Gloucester Masters	44.23	Sheffield	26/10/13	75/79	Muriel Hitchcock	Warminster	50.38	Millfield	10/11/13
Donald Leatherbarrow	Gloucester Masters	48.19	Gloucester	22/04/18	80/84	Muriel Hitchcock	Warminster	57.14	Gloucester	22/04/18
Grenville Cole	AST Burnham	58.45	Gloucester	23/04/17	85/89			NR		

<b>Mens 100m Breaststroke</b>					Age Grp	<b>Womens 100m Breaststroke</b>				
Levin Veale	Totnes	1.03.65	Sheffield	28/10/17	18/24	Aimee Carter	Gloucester Masters	1.12.62	Sheffield	28/10/17
James Broady	Gloucester Masters	1.05.21	Gloucester	31/03/19	25/29	Hannah Wiltshire	Poole SC	1.14.07	Millfield	15/05/16
James Flanagan	Bristol Henlease	1.08.32	Millfield	27/02/22	30/34	Hannah Wiltshire	Poole SC	1.16.05	Millfield	12/03/17
Graham Marshall	City of Bristol	1.09.90	Sheffield	26/10/13	35/39	Alison Browning	Exmouth	1.22.15	Sheffield	28/10/17
Nigel Masters	Cirencester	1.09.10	Sheffield	23/10/15	40/44	Katie Nimmo	Gloucester Masters	1.25.79	Gloucester	22/04/18
Nigel Masters	Swindon Dolphins	1.09.95	Sheffield	28/10/17	45/49	Debbie Atkins	Weston Super Mare SC	1.22.46	Sheffield	29/10/21
Mark Partridge	Stroud Masters	1.15.53	Sheffield	26/10/13	50/54	Sandra-Jane Jones	Gloucester Masters	1.27.09	Sheffield	25/10/19
Simon Wintle	Gloucester Masters	1.16.83	Stafford	23/04/22	55/59	Helen Kula-Przewanski	Gloucester Masters	1.36.37	Shrewsbury	07/01/17
Simon Veale	Totnes	1.22.65	Plymouth	01/07/18	60/64	Helen Kula-Przewanski	Caradon	1.37.17	Guernsey	05/04/19
John Anderson	Wincanton	1.24.88	Sheffield	25/10/19	65/69	Anne Nicholls	Gloucester Masters	1.46.03	Stafford	23/04/22
William Letch	Exmouth	1.39.42	Millfield	29/09/13	70/74	Lesley Maynard	Salisbury	2.21.58	Swindon	28/06/14
William Letch	Exmouth	1.46.95	Plymouth	03/09/17	75/79	Muriel Hitchcok	Warminster	1.59.35	Swindon	28/06/14
Donald Leatherbarrow	Gloucester Masters	1.49.79	Gloucester	22/04/18	80/84	Muriel Hitchcok	Warminster	2.12.64	Gloucester	31/03/19
Grenville Cole	AST Burnham	2.10.22	Sheffield	28/10/16	85/89					

<b>Mens 200m Breaststroke</b>					Age Grp	<b>Womens 200m Breaststroke</b>				
		2.39.13			18/24	Kay De Courcy	St Austell SC	2.43.76	Bodmin	27/04/14
James Flanagan	United Bristol SC	2.28.01	Sheffield	24/10/15	25/29	Kathleen Baker	Poole SC	2.47.99	Sheffield	27/10/17
Thomas Hughes	Totnes	2.35.40	Sheffield	30/10/16	30/34	Emma Oliver	Durrington Otters	2.55.45	Sheffield	24/10/14
Graham Marshall	City of Bristol	2.34.00	Sheffield	25/10/13	35/39	Katie Nimmo	Gloucester Masters	2.58.88	Sheffield	24/10/14
Nigel Masters	Cirencester	2.30.96	Sheffield	24/10/15	40/44	Alison Browning	Exeter SC	3.05.27	Saltash	20/01/18
Nigel Masters	Swindon Dolphins	2.32.73	Sheffield	27/10/17	45/49	Debbie Atkins	Weston Super Mare	3.01.98	Weston Super Mare	29/09/19
Darren Beer	Crediton & District	2.44.56	Sheffield	27/10/17	50/54	Ninette Hibbs	St Austell SC	3.09.51	Sheffield	25/10/13
Mark Partridge	Stroud Masters	3.10.19	Sheffield	26/10/18	55/59	Ninette Hibbs	St Austell SC	3.17.30	Bodmin	06/05/17
John Anderson	Wincanton	3.09.61	Sheffield	27/10/17	60/64	Jayne Ball	Gloucester Masters	3.27.75	Sheffield	24/10/14
Thomas Morrow	Gloucester Masters	3.07.80	Newport	27/11/21	65/69	Margaret Bickley	Totnes	3.42.10	Sheffield	30/10/16
Robert Lloyd-Evans	Poole SC	3.48.78	Poole	15/02/15	70/74			NR		
Robert Lloyd-Evans	Poole SC	3.53.60	Bristol	24/09/17	75/79	Muriel Hitchcock	Warminster	4.40.14	Bristol	24/09/17

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE
<b>Mens 100m Individual Medley</b>						<b>Womens 100m Individual Medley</b>				
Levin Veale	Totnes	27.90	Sheffield	27/10/17	18/24	Fiona Hardie	Littledown Masters	1.07.25	Poole	09/07/17
Kalon Veale	Totnes	59.51	Millfield	15/05/16	25/29	Rebecca Guy	Bristol Henleaze	1.05.56	Sheffield	27/10/17
James Edmonds	United Bristol SC	59.46	Sheffield	30/10/16	30/34	Clare Turner	Gloucester Masters	1.13.39	Sheffield	24/10/15
Jonathan Audis	Swindon Dolphins	59.57	Sheffield	27/10/17	35/39	Rebecca Smith	West Wilts Force 5	1.10.02	Sheffield	24/10/14
Nigel Masters	Cirencester	1.04.30	Sheffield	24/10/15	40/44	Heidi Hunt	Exmouth	1.14.84	Sheffield	24/10/14
Nigel Masters	Swindon Dolphins	1.05.17	Sheffield	27/10/17	45/49	Heidi Hunt	Exmouth	1.13.37	Sheffield	24/10/15
Peter Long	St Austell SC	1.05.66	Sheffield	25/10/13	50/54	Rebecca Jenkinson	Exeter	1.16.38	Sheffield	25/10/13
Simon Veale	Totnes	1.07.92	Sheffield	25/10/13	55/59	Helen Kula-Przewanski	Gloucester Masters	1.18.66	Sheffield	30/10/16
Simon Veale	Totnes	1.09.61	Guernsey	17/04/16	60/64	Helen Kula-Przewanski	Caradon SC	1.19.35	Sheffield	27/10/19
John Anderson	Wincanton	1.20.26	Sheffield	26/10/18	65/69	Jayne Stephenson	Gloucester Masters	1.29.46	Gloucester	31/03/19
William Letch	Exmouth	1.23.45	Bracknell	01/03/14	70/74	Jean Howard-Jones	Poole SC	1.41.61	Barnet	07/09/14
William Letch	Exmouth	1.29.78	Plymouth	03/09/17	75/79	Muriel Hitchcock	Warminster	2.18.34	Salisbury	07/10/17
Donald Leatherbarrow	Gloucester Masters	1.36.95	Gloucester	22/04/18	80/84	Janet Gwilt	Gloucester Masters	2.41.72	Gloucester	31/03/19

<b>Mens 200m Individual Medley</b>					Age Grp	<b>Womens 200m Individual Medley</b>				
Michael Kotlewski	United Bristol SC	2.10.99	Sheffield	29/10/17	18/24	Fiona Hardie	Poole SC	2.21.29	Sheffield	29/10/16
Kalon Veale	Totnes	2.08.78	Bristol	24/09/17	25/29	Kathleen Baker	Poole SC	2.28.28	Sheffield	29/10/17
James Edmonds	United Bristol SC	2.12.36	Sheffield	29/10/17	30/34	Kimberly Berry	Exe Masters	2.39.93	Sheffield	29/10/21
Oliver White	Exmouth	2.26.78	Sheffield	26/10/13	35/39	Rebecca Smith	West Wilts Force 5	2.35.30	Sheffield	26/10/14
Nigel Masters	Cirencester	2.21.79	Sheffield	26/10/14	40/44	Sara Dykes	Weston-Super-Mare	2.36.55	Sheffield	26/10/14
Nigel Masters	Swindon Dolphins	2.21.73	Sheffield	29/10/17	45/49	Philippa O'Grady	Exmouth	2.42.45	Sheffield	26/10/14
Peter Long	St Austell	2.31.09	Sheffield	26/10/13	50/54	Sandra-Jane Jones	Gloucester Masters	2.50.08	Sheffield	23/10/15
Simon Veale	Totnes	2.31.04	Sheffield	26/10/13	55/59	Helen Kula-Przewanski	Gloucester Masters	2.55.28	Guernsey	01/04/17
Simon Veale	Totnes	2.33.38	Sheffield	29/10/17	60/64	Helen Kula-Przewanski	Caradon SC	2.53.96	Guernsey	06/04/19
John Anderson	Wincanton	3.04.81	Southampton	28/04/18	65/69	Susan Haigh	Tiverton	3.15.52	Guernsey	01/04/17
Peter Stephens	Truro	3.48.03	Guernsey	13/04/18	70/74			NR		
William Letch	Exmouth	3.17.55	Sheffield	23/10/15	75/79			NR		

<b>Mens 400m Individual Medley</b>					Age Grp	<b>Womens 400m Individual Medley</b>				
Michal Kotlewski	United Bristol SC	4.41.65	Sheffield	28/10/17	18/24	Aimee Carter	Gloucester Masters	5.06.00	Sheffield	28/10/17
David Langston	City of Bristol	4.55.00	Sheffield	27/10/13	25/29	Nia Westlake	Cinderford	5.34.08	Sheffield	29/10/21
Daniel John	Totnes	4.56.63	Barnet	07/07/18	30/34	Clare Turner	Gloucester Masters	5.43.21	Gloucester	13/04/14
Peter Gleed	Southwold	5.09.17	Sheffield	26/10/14	35/39	Jessica Wooddisse	Stroud Masters	5.36.47	Sheffield	25/10/14
Bjorn Hoffman	Backwell	5.33.64	Sheffield	25/10/15	40/44	Jessica Wooddisse	Stroud Masters	5.35.97	Sheffield	26/10/18
Darren Beer	Crediton & District	5.18.56	Sheffield	25/10/14	45/49	Philippa O'Grady	Exmouth	5.47.31	Sheffield	25/10/15
Sean Kinsey	Stroud Masters	5.19.62	Gloucester	23/04/17	50/54	Sheryl Taylor	Newquay	6.11.84	Sheffield	25/10/14
Sean Kinsey	Stroud Masters	5.19.00	Gloucester	31/03/19	55/59	Helen Hula-Przewanski	Gloucester Masters	6.16.98	Sheffield	28/10/17
Simon Veale	Totnes	5.33.84	Sheffield	28/10/16	60/64	Susan Haigh	Tiverton	6.23.71	Gloucester	13/04/14
John Anderson	Wincanton	6.44.09	Gloucester	22/04/18	65/69	Susan Haigh	Tiverton	6.45.14	Gloucester	23/04/17
Chris Jessop	Salisbury	8.41.52	Sheffield	28/10/17	70/74			NR		
		NR			75/79			NR		