

## SWIM ENGLAND SOUTH WEST Masters Swimming Records - SHORT COURSE - AUGUST 2021

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE
<b>Mens 50m Freestyle</b>						<b>Womens 50m Freestyle</b>				
Matthew Bray	United Bristol SC	<b>23.73</b>	Sheffield	29/10/16	<b>18/24</b>	Annie Hardie	United Bristol SC	<b>26.20</b>	Sheffield	29/10/16
Philip Muspratt	Salisbury	<b>23.06</b>	Sheffield	25/10/13	<b>25/29</b>	Rebecca Guy	Bristol Heleaze	<b>25.88</b>	Sheffield	29/10/17
Philip Muspratt	United Bristol SC	<b>23.64</b>	Sheffield	25/10/15	<b>30/34</b>	Tessa Muskett	Caradon SC	<b>28.48</b>	Saltash	21/01/17
Masai Zebe-Chaka	Plymouth Leander	<b>24.00</b>	Sheffield	25/10/15	<b>35/39</b>	Rebecca Smith	West Wilts	<b>27.58</b>	Millfield	30/03/14
Peter Smith	Gloucester Masters	<b>25.70</b>	Sheffield	25/10/14	<b>40/44</b>	Ali Phesse	Carn Brea	<b>28.64</b>	Millfield	30/03/14
Simon Mullinger	Wiltshire	<b>26.96</b>	Millfield	19/11/17	<b>45/49</b>	Nicola Harris	Corsham	<b>27.63</b>	Sheffield	25/10/13
Peter Long	St Austell SC	<b>25.19</b>	Cardiff	07/12/13	<b>50/54</b>	Rebecca Jenkinson	Exeter SC	<b>28.97</b>	Sheffield	25/10/13
Colin Stephenson	Gloucester Masters	<b>26.23</b>	Sheffield	25/10/13	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>30.45</b>	Sheffield	25/10/15
Simon Veale	Devon	<b>27.76</b>	Millfield	19/11/17	<b>60/64</b>	Helen Kula-Przewanski	Caradon SC	<b>31.58</b>	Gloucester	24/10/19
John Anderson	Wincanton	<b>31.38</b>	Millfield	17/11/18	<b>65/69</b>	Sue Hodge	Gloucester Masters	<b>32.44</b>	Gloucester	31/03/19
Tony Cherrington	Gloucester Masters	<b>30.91</b>	Sheffield	25/10/13	<b>70/74</b>	Susan Walker	Devon	<b>35.04</b>	Millfield	19/11/17
William Letch	Exmouth	<b>31.72</b>	Sheffield	25/10/15	<b>75/79</b>	Jean Howard-Jones	Poole SC	<b>39.89</b>	Millfield	13/05/18
Roger Burrell	Launceston	<b>40.64</b>	Billingham	22/03/15	<b>80/84</b>	Joan Jackson	St Austell SC	<b>47.42</b>	Bodmin	27/04/14
Doug Winstone	Warminster	<b>51.25</b>	Sailsbury	07/10/17	<b>85/89</b>			<b>NR</b>		

<b>Mens 100m Freestyle</b>					Age Grp	<b>Womens 100m Freestyle</b>				
Kalon Veale	Totnes	<b>51.76</b>	Sheffield	24/10/14	<b>18/24</b>	Fiona Hardie	Littledown Masters	<b>58.53</b>	Bodmin	27/04/14
Philip Muspratt	Salisbury	<b>50.85</b>	Sheffield	27/10/13	<b>25/29</b>	Rebecca Guy	Bristol Henleaze	<b>56.22</b>	Sheffield	24/10/15
Philip Muspratt	United Bristol SC	<b>52.61</b>	Sheffield	24/10/15	<b>30/34</b>	Rachel Curnock	Bristol North SC	<b>1.00.69</b>	Sheffield	24/10/14
Jeremy Birds	United Bristol SC	<b>52.83</b>	Sheffield	25/10/14	<b>35/39</b>	Rebecca Smith	West Wilts Force 5	<b>59.98</b>	Sheffield	24/10/14
Peter Smith	Gloucester Masters	<b>56.69</b>	Sheffield	24/10/14	<b>40/44</b>	Ali Phesse	Carn Brea	<b>1.02.14</b>	Millfield	30/03/14
					<b>45/49</b>	Nicola Harris	Corsham	<b>1.01.74</b>	Sheffield	24/10/14
Peter Long	St Austell	<b>56.49</b>	Sheffield	27/10/13	<b>50/54</b>	Ali Phesse	Carn Brea	<b>1.04.92</b>	Bodmin	15/03/20
Colin Stephenson	Gloucester Masters	<b>58.24</b>	Sheffield	25/10/14	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>1.07.26</b>	Sheffield	24/10/15
Colin Stephenson	Gloucester Masters	<b>58.99</b>	Gloucester	22/04/18	<b>60/64</b>	Helen Kula-Przewanski	Caradon	<b>1.09.44</b>	Gloucester	31/03/19
Nigel Foster	Littledown Masters	<b>1.09.91</b>	Sheffield	29/10/17	<b>65/69</b>	Susan Haigh	Tiverton	<b>1.15.10</b>	Sheffield	24/10/14
Tony Cherrington	Gloucester Masters	<b>1.10.02</b>	Sheffield	27/10/13	<b>70/74</b>	Jean Howard Jones	Poole SC	<b>1.21.90</b>	Poole	16/02/14
William Letch	Exmouth	<b>1.13.88</b>	Sheffield	24/10/15	<b>75/79</b>	Jean Howard Jones	Poole SC	<b>1.31.42</b>	Sheffield	24/10/15
Donald Leatherbarrow	Gloucester Masters	<b>1.21.90</b>	Gloucester	22/04/18	<b>80/84</b>	Joan Jackson	St Austell SC	<b>1.48.99</b>	Bodmin	27/04/14
Doug Winstone	Warminster	<b>2.03.72</b>	Swindon	01/02/17	<b>85/89</b>			<b>NR</b>		

<b>Mens 200m Freestyle</b>					Age Grp	<b>Womens 200m Freestyle</b>				
Bartek Karpisz	United Bristol SC	<b>1.55.19</b>	Sheffield	27/10/17	<b>18/24</b>	O Planteau de Marousse	United Bristol SC	<b>2.08.57</b>	Sheffield	27/04/14
Kalon Veale	Totnes	<b>1.54.77</b>	Plymouth	03/09/17	<b>25/29</b>	Kathleen Baker	Poole SC	<b>2.11.84</b>	Sheffield	
Daniel John	Totnes	<b>1.57.03</b>	Sheffield	27/10/17	<b>30/34</b>	Rachel Curnock	Bristol North SC	<b>2.11.11</b>	Sheffield	
Paul Hembrow	Littledown Masters	<b>2.06.73</b>	Poole	09/07/17	<b>35/39</b>	Rebecca Smith	West Wilts	<b>2.16.24</b>	Millfield	30/03/14
Oliver Wilkinson	Gloucester Masters	<b>2.09.12</b>	Sheffield	29/10/16	<b>40/44</b>	Jessica Wooddisse	Stroud Masters	<b>2.17.52</b>	Gloucester	28/02/15
Steven Hurley	Exeter City SC	<b>2.10.31</b>	Bodmin	15/03/20	<b>45/49</b>	Sara Dykes	Weston-Super-Mare	<b>2.16.67</b>	Sheffield	26/10/14
Darren Beer	Crediton & District	<b>2.20.23</b>	Plymouth	03/09/17	<b>50/54</b>	Sheryl Taylor	Newquay	<b>2.30.28</b>	Sheffield	26/10/14
Colin Stephenson	Gloucester Masters	<b>2.13.06</b>	Sheffield	26/10/13	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>2.29.16</b>	Millfield	23/10/15
Simon Veale	Totnes	<b>2.17.20</b>	Millfield	15/05/16	<b>60/64</b>	Helen Kula-Przewanski	Caradon SC	<b>2.31.39</b>	Guernsey	05/04/19
Dave Hembrow	Littledown Masters	<b>2.36.63</b>	Poole	16/02/14	<b>65/69</b>	Susan Haigh	Tiverton	<b>2.41.42</b>	Millfield	26/10/14
Dave Hembrow	Littledown Masters	<b>2.35.46</b>	Sheffield	27/10/17	<b>70/74</b>	Jean Howard-Jones	Poole SC	<b>3.09.58</b>	Poole	16/02/14
Tony Cherrington	Gloucester Masters	<b>2.49.21</b>	Sheffield	27/10/17	<b>75/79</b>	Rosemary Johnson	Wincanton	<b>4.18.04</b>	Sheffield	23/10/15
Donald Leatherbarrow	Gloucester Masters	<b>3.10.24</b>	Gloucester	22/04/18	<b>80/84</b>	Jean Kitson	Brixham	<b>4.08.17</b>	Isle of Wight	09/02/14

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE
<b>Mens 400m Freestyle</b>						<b>Womens 400m Freestyle</b>				
Levin Veale	Totnes	<b>4.15.45</b>	Gloucester	21/04/18	<b>18/24</b>	Lauren Matthews	Swindon Dolphins	<b>4.34.25</b>	Sheffield	28/10/17
Kalon Veale	Totnes	<b>4.12.36</b>	Bartne Copthall	08/07/17	<b>25/29</b>	Cara Deasy	Barnstaple	<b>4.50.90</b>	Millfield	12/03/17
Daniel John	Totnes	<b>4.11.93</b>	Sheffield	28/10/17	<b>30/34</b>	Rachel Curnock	Bristol North SC	<b>4.43.67</b>	Sheffield	28/10/17
Paul Hembrow	Littledown Masters	<b>4.32.83</b>	Poole	09/07/17	<b>35/39</b>	Jessica Wooddisse	Stroud Masters	<b>4.44.15</b>	Sheffield	25/10/14
Oliver Wilkinson	Gloucester Masters	<b>4.30.14</b>	Sheffield	29/10/16	<b>40/44</b>	Jessica Wooddisse	Stroud Masters	<b>4.45.65</b>	Gloucester	23/04/17
Steven Hurley	Exeter City SC	<b>4.36.09</b>	Bodmin	15/03/20	<b>45/49</b>	Adele Parham	Exmouth	<b>5.27.82</b>	Sheffield	25/10/14
Sean Kinsey	Stroud Masters	<b>4.32.32</b>	Sheffield	29/10/16	<b>50/54</b>	Sheryl Taylor	Newquay	<b>5.19.80</b>	Sheffield	25/10/14
Sean Kinsey	Stroud Masters	<b>4.44.52</b>	Gloucester	31/03/19	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>5.22.35</b>	Guernsey	01/04/17
Simon Veale	Totnes	<b>4.49.26</b>	Sheffield	28/10/17	<b>60/64</b>	Susan Haigh	Tiverton	<b>5.21.86</b>	Sheffield	27/10/13
Dave Hembrow	Littledown Masters	<b>5.27.32</b>	Poole	16/02/14	<b>65/69</b>	Susan Haigh	Tiverton	<b>5.40.12</b>	Millfield	12/03/17
Dave Hembrow	Littledown Masters	<b>5.32.68</b>	Bristol	24/09/17	<b>70/74</b>	Esther Murray	Gloucester Masters	<b>8.07.70</b>	Gloucester	23/04/17
Tony Cherrington	Gloucester Masters	<b>6.06.66</b>	Sheffield	28/10/17	<b>75/79</b>	Ann Humphris	Barnstaple	<b>9.37.11</b>	Millfield	30/03/14
		<b>NR</b>			<b>80/84</b>	Jean Kitson	Brixham	<b>8.29.78</b>	Millfield	30/03/14

<b>Mens 800m Freestyle</b>					Age Grp	<b>Womens 800m Freestyle</b>				
		<b>9.27.56</b>			<b>18/24</b>	Emma Baird	Weyport Masters	<b>10.13.65</b>	Sheffield	26/10/13
Daniel John	Totnes	<b>8.47.34</b>	Sheffield	25/10/15	<b>25/29</b>	Hannah Maycock	Gloucester Masters	<b>10.41.14</b>	Sheffield	26/10/13
Daniel John	Totnes	<b>8.48.46</b>	Sheffield	29/10/17	<b>30/34</b>			<b>12.21.05</b>		
Peter Gleed	Southwold	<b>9.10.21</b>	Sheffield	26/10/13	<b>35/39</b>	Jessica Wooddisse	Stroud Masters SC	<b>9.42.18</b>	Sheffield	26/10/14
Oliver Wilkinson	Gloucester Masters	<b>9.23.53</b>	Sheffield	30/10/16	<b>40/44</b>			<b>12.21.05</b>		
Darren Beer	Exmouth	<b>10.15.09</b>	Sheffield	30/10/16	<b>45/49</b>	Helen Hanks	Swindon Dolphin ASC	<b>11.11.31</b>	Sheffield	26/10/14
Mark Partridge	Stroud Masters	<b>11.22.17</b>	Sheffield	30/10/16	<b>50/54</b>	Sheryl Taylor	Newquay	<b>10.54.73</b>	Sheffield	26/10/14
Simon Veale	Totnes	<b>9.54.66</b>	Sheffield	26/10/14	<b>55/59</b>	Sheryl Taylor	Newquay	<b>11.36.63</b>	Sheffield	26/10/13
Simon Veale	Totnes	<b>10.01.58</b>	Sheffield	29/10/17	<b>60/64</b>	Jayne Ball	Gloucester Masters	<b>11.15.12</b>	Barnet	12/07/14
		<b>15.15.19</b>			<b>65/69</b>	Susan Haigh	Tiverton	<b>13.03.63</b>	Sheffield	26/10/14
Tony Cherrington	Gloucester Masters	<b>11.57.70</b>	Sheffield	26/10/13	<b>70/74</b>	Margaret Rose	Littledown Masters	<b>17.05.10</b>	Sheffield	26/10/13
Tony Cherrington	Gloucester Masters	<b>12.56.44</b>	Sheffield	29/10/17	<b>75/79</b>			<b>NR</b>		
		<b>NR</b>			<b>80/84</b>	Jean Kitson	Brixham	<b>17.01.78</b>	Isle of Wight	09/02/14

<b>Mens 1500m Freestyle</b>					Age Grp	<b>Womens 1500m Freestyle</b>				
Michal Kotlewski	United Bristol SC	<b>17.25.73</b>	Sheffield	24/10/14	<b>18/24</b>	Emma Baird	Weyport Masters	<b>19.57.42</b>	Sheffield	25/10/13
Daniel John	Totnes SC	<b>17.03.45</b>	Sheffield	28/10/16	<b>25/29</b>			<b>23.02.23</b>		
Daniel John	Totnes SC	<b>16.52.96</b>	Sheffield	27/10/17	<b>30/34</b>			<b>26.43.79</b>		
Pip Bennett	Bristol Henleaze	<b>18.22.47</b>	Sheffield	27/10/17	<b>35/39</b>	Jessica Wooddisse	Stroud Masters SC	<b>18.26.05</b>	Sheffield	24/10/14
Oliver Wilkinson	Gloucester Masters	<b>17.58.75</b>	Sheffield	28/10/16	<b>40/44</b>			<b>21.10.93</b>		
Nigel Dawson	Gloucester Masters	<b>22.06.93</b>	Sheffield	23/10/15	<b>45/49</b>	Adele Parham	Exmouth	<b>21.32.00</b>	Sheffield	25/10/13
Rob Kellaway	East Dorset Open Water SC	<b>20.29.84</b>	Sheffield	23/10/15	<b>50/54</b>	Sheryl Taylor	Newquay	<b>20.42.60</b>	Sheffield	25/10/13
		<b>21.27.88</b>			<b>55/59</b>	Sheryl Taylor	Newquay	<b>21.25.27</b>	Sheffield	23/10/15
David Grainger	Gloucester Masters	<b>22.11.36</b>	Sheffield	28/10/16	<b>60/64</b>	Susan Haigh	Tiverton	<b>21.29.00</b>	Sheffield	25/10/13
David Hembrow	Littledown Masters	<b>21.50.93</b>	Sheffield	28/10/16	<b>65/69</b>	Susan Haigh	Tiverton	<b>23.00.15</b>	Bexley Heath	23/10/15
David Hembrow	Littledown Masters	<b>21.40.00</b>	Sheffield	27/10/17	<b>70/74</b>	Margaret Rouse	Littledown Masters	<b>27.07.64</b>	Aldershot	25/10/13
John Perks	Tewkesbury	<b>31.25.52</b>	Sheffield	25/10/13	<b>75/79</b>			<b>NR</b>		

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE
<b>Mens 50m Backstroke</b>						<b>Womens 50m Backstroke</b>				
Kalon Veale	Totnes	25.25	Sheffield	24/10/14	18/24	Stephanie Bremner	Warminster	30.24	Millfield	10/11/13
Kalon Veale	Totnes	25.70	Plymouth	03/09/17	25/29	Emma Challis	Totnes	31.77	Sheffield	23/10/15
James Edmonds	United Bristol SC	26.64	Sheffield	28/10/17	30/34	Emma Challis	Totnes	31.88	Sheffield	30/10/16
Jonathan Audis	Swindon Dolphins	27.16	Sheffield	28/10/17	35/39	Katie Nimmo	Gloucester Masters	32.22	Sheffield	27/10/13
Bjorn Hoffman	Backwell	31.04	Sheffield	23/10/15	40/44	Katie Nimmo	Gloucester Masters	33.08	Sheffield	28/10/17
Nigel Masters	Swindon Dolphins	33.27	Sailsbury	14/04/18	45/49	Ali Phesse	Carn Brea & Helston	32.58	Sheffield	28/10/17
Andy Small	Poole SC	31.67	Hutton Moor	15/11/14	50/54	Ali Phesse	Carn Brea & Helston	33.16	Bodmin	15/03/20
Simon Veale	Totnes	30.98	Sheffield	24/10/14	55/59	Helen Kula-Przewanski	Gloucester Masters	36.42	Sheffield	23/10/15
Simon Veale	Totnes	31.24	Sheffield	30/10/16	60/64	Helen Kula-Przewanski	Caradon SC	37.24	Gloucester	31/03/19
Nigel Foster	Swim Bournemouth	36.85	Sheffield	23/10/15	65/69	Julia Kemp	Salisbury	42.16	Millfield	10/11/13
Tony Cherrington	Gloucester Masters	39.70	Millfield	29/09/13	70/74	Carol Fellows	Bristol Masters	46.50	Bristol	24/09/17
William Letch	Exmouth	42.96	Sheffield	23/10/15	75/79	Muriel Hitchcock	Warminster	54.80	Hutton Moor	15/11/14
Roger Burrell	Launceston	48.75	Sheffield	23/10/15	80/84	Lorna Harding	Salisbury	58.17	Trowbridge	22/02/14
Doug Winstone	Warminster	1.08.18	Swindon	01/02/17	85/89			NR		

<b>Mens 100m Backstroke</b>					Age Grp	<b>Womens 100m Backstroke</b>				
Kalon Veale	Totnes	54.67	Sheffield	26/10/14	18/24	Fiona Hardie	Poole SC	1.03.95	Sheffield	29/10/16
Kalon Veale	Totnes	55.39	Plymouth	03/09/17	25/29	Cara Deasy	Barnstaple	1.09.62	Millfield	12/03/17
James Edmonds	United Bristol SC	57.03	Sheffield	29/10/16	30/34	Kerrie Aldridge	Dursley Dolphins	1.09.96	Sheffield	26/10/14
Jonathan Audis	Swindon Dolphins	58.45	Sheffield	27/10/17	35/39	Rebecca Smith	West Wilts	1.09.28	Millfield	30/03/14
		1.11.15			40/44	Heidi Hunt	Exmouth	1.13.58	Sheffield	26/10/14
Jonathan Rawlings	Gloucester Masters	1.11.15	Sheffield	25/10/13	45/49	Nicola Harris	Corsham	1.10.46	Sheffield	26/10/14
Andrew Small	Poole SC	1.10.66	Poole	16/02/14	50/54	Ali Phesse	Carn Brea	1.15.04	Bodmin	15/03/20
Simon Veale	Totnes	1.07.53	Sheffield	25/10/13	55/59	Helen Kula-Przewanski	Gloucester Masters	1.17.99	Sheffield	25/10/15
Simon Veale	Totnes	1.08.98	Millfield	15/05/16	60/64	Helen Kula-Przewanski	Caradon SC	1.18.33	Guernsey	07/04/19
Nigel Foster	Swim Bournemouth	1.18.28	Sheffield	25/10/15	65/69	Margaret Bickley	Totnes	1.41.41	Plymouth	03/09/17
Tony Cherrington	Gloucester Masters	1.30.90	Millfield	30/03/14	70/74	Janet Brown	Bristol Masters SC	1.41.17	Gloucester	13/04/14
William Letch	Exmouth	1.35.22	Bristol	24/09/17	75/79	Muriel Hitchcok	Warminster	1.55.41	Swindon	28/06/14
Roger Burrell	Launceston	1.49.63	Sheffield	25/10/15	80/84	Jean Kitson	Brixham	2.16.70	Isle of Wight	09/02/14
Doug Winstone	Warminster	2.20.17	Trowbridge	03/06/17	85/89			NR		

<b>Mens 200m Backstroke</b>					Age Grp	<b>Womens 200m Backstroke</b>				
Kalon Veale	Totnes	2.03.19	Sheffield	24/10/15	18/24			2.38.48		
Kalon Veale	Totnes	2.02.86	Sheffield	28/10/16	25/29	Sam Crosby	Caradon	2.47.98	Sheffield	28/10/16
James Edmonds	United Bristol SC	2.06.31	Sheffield	28/10/16	30/34	Kerrie Aldridge	Dursley Dolphins	2.33.36	Sheffield	25/10/14
Jonathan Audis	Swindon Dolphins	2.10.01	Sheffield	28/10/17	35/39			3.00.42		
Stuart Baker	Exmouth	2.33.09	Sheffield	28/10/16	40/44	Bethan Lewis	Bristol Masters SC	2.41.58	Sheffield	25/10/14
Jonathan Rawlings	Gloucester Masters	2.33.28	Sheffield	26/10/13	45/49	Katherine Veale	Totnes	2.57.67	Sheffield	25/10/14
Ross Donaldson	Exmouth	2.36.44	Sheffield	28/10/16	50/54	Ali Phesse	Carn Brea & Helston SC	2.45.22	Bodmin	15/03/20
Colin Stephenson	Gloucester Masters	2.41.71	Sheffield	24/10/15	55/59	Helen Kula-Przewanski	Gloucester Masters	2.50.73	Sheffield	28/10/16
Nigel Foster	Swim Bournemouth	2.54.70	Sheffield	25/10/14	60/64	Helen Kula-Przewanski	Caradon SC	249.97	Guernsey	06/04/19
Nigel Foster	Swim Bournemouth	2.49.56	Sheffield	24/10/15	65/69	Margaret Bickley	Totnes	3.23.13	Sheffield	28/10/16
John Holding	DT's	3.21.66	Bodmin	27/04/14	70/74	Rosemary Johnson	Wincanton	4.39.03	Sheffield	26/10/13
		NR			75/79	Rosemary Johnson	Wincanton	5.00.38	Sheffield	24/10/15

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE
<b>Mens 50m Butterfly</b>						<b>Womens 50m Butterfly</b>				
Matthew Bray	United Bristol SC	<b>25.22</b>	Sheffield	25/10/14	<b>18/24</b>	Emma Bickley	United Bristol SC	<b>29.04</b>	Sheffield	28/10/17
Kalon Veale	Devon	<b>24.86</b>	Millfield	19/11/17	<b>25/29</b>	Fiona Hardie	Poole SC	<b>29.75</b>	Fareham	27/04/19
Warren Barrett	Devon	<b>25.06</b>	Millfield	19/11/17	<b>30/34</b>	Emma Oliver	Durrington Otters	<b>30.35</b>	Sheffield	25/10/14
Masai Zebe-Cheke	Plymouth Leander	<b>25.35</b>	Sheffield	25/10/15	<b>35/39</b>	Katie Nimmo	Gloucester Masters	<b>31.09</b>	Sheffield	26/10/13
Bryan Fielder	Poole	<b>28.14</b>	Millfield	12/03/17	<b>40/44</b>	Sara Dykes	Weston-Super-Mare	<b>30.89</b>	Sheffield	25/10/14
Graham Cridland	Tiverton	<b>28.28</b>	Sheffield	25/10/14	<b>45/49</b>	Phillipa O'Grady	Exmouth	<b>32.34</b>	Sheffield	25/10/15
Nick Vaughan	Poole	<b>28.75</b>	Hutton Moor	15/11/14	<b>50/54</b>	Sandra Jones	Gloucester Masters	<b>32.09</b>	Sheffield	25/10/15
Simon Veale	Totnes	<b>29.83</b>	Hutton Moor	15/11/14	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>34.45</b>	Sheffield	25/10/14
Graeme Milne	Truro	<b>29.36</b>	Sheffield	25/10/14	<b>60/64</b>	Susan Haigh	Tiverton	<b>37.15</b>	Sheffield	25/10/14
Nigel Foster	Dorset	<b>37.73</b>	Millfield	19/11/17	<b>65/69</b>	Susan Haigh	Tiverton	<b>39.84</b>	Millfield	19/11/17
William Letch	Exmouth	<b>36.92</b>	Millfield	10/11/13	<b>70/74</b>	Jean Howard-Jones	Poole SC	<b>46.82</b>	Millfield	10/11/13
William Letch	Exmouth	<b>36.64</b>	Sheffield	25/10/15	<b>75/79</b>	Muriel Hitchcock	Warminster	<b>58.86</b>	Hutton Moor	15/11/14
Donald Leatherbarrow	Gloucester Masters	<b>45.42</b>	Gloucester	22/04/18	<b>80/84</b>			<b>NR</b>		

<b>Mens 100m Butterfly</b>					Age Grp	<b>Womens 100m Butterfly</b>				
Bartek Karpisz	United Bristol SC	<b>54.90</b>	Sheffield	27/10/17	<b>18/24</b>	Fiona Hardie	Poole SC	<b>1.01.48</b>	Sheffield	28/10/16
Kalon Veale	Totnes	<b>56.63</b>	Millfield	27/10/17	<b>25/29</b>	Kathleen Baker	Poole SC	<b>1.08.20</b>	Sheffield	27/10/17
Daniel John	Totnes	<b>59.11</b>	Sheffield	27/10/17	<b>30/34</b>	Sarah Quartermaine	Carn Brea & Helston	<b>1.07.67</b>	Millfield	13/05/18
Jonathan Audis	Swindon Dolphins	<b>58.53</b>	Sheffield	27/10/17	<b>35/39</b>	Rebecca Smith	West Wilts Force 5	<b>1.10.50</b>	Sheffield	25/10/14
John Drake	Swindon Dolphins	<b>1.01.89</b>	Sheffield	30/10/16	<b>40/44</b>	Sara Dykes	Weston-Super-Mare	<b>1.08.55</b>	Sheffield	25/10/14
Graham Cridland	Tiverton	<b>1.05.01</b>	Sheffield	25/10/14	<b>45/49</b>	Phillipa O'Grady	Exmouth	<b>1.11.07</b>	Sheffield	24/10/15
Simon Baskcomb	Barnstaple	<b>1.09.35</b>	Bristol	24/09/17	<b>50/54</b>	Sandra Jones	Gloucester Masters	<b>1.13.36</b>	Sheffield	24/10/15
Simon Veale	Totnes	<b>1.06.04</b>	Sheffield	27/10/13	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>1.21.41</b>	Sheffield	27/10/17
Graeme Milne	Truro	<b>1.07.09</b>	Sheffield	24/10/15	<b>60/64</b>	Helen Kula-Przewanski	Gloucester Masters	<b>1.22.46</b>	Horfield	18/05/19
Andy Chapman	Corsham	<b>1.32.04</b>	Salisbury	14/04/18	<b>65/69</b>			<b>1.39.37</b>		
Tony Fairfoull	Swindon Masters	<b>1.45.23</b>	Swindon	01/02/17	<b>70/74</b>	Lesley Maynard	Salisbury	<b>2.50.33</b>	Swindon	01/02/17
William Letch	Exmouth	<b>1.32.64</b>	Bristol	24/09/17	<b>75/79</b>			<b>NR</b>		

<b>Mens 200m Butterfly</b>					Age Grp	<b>Womens 200m Butterfly</b>				
Bartek Karpisz	United Bristol SC	<b>2.13.42</b>	Sheffield	23/10/15	<b>18/24</b>	Lauren Matthews	Swindon Dolphins	<b>2.25.16</b>	Sheffield	29/10/17
Daniel John	Totnes	<b>2.12.94</b>	Sheffield	24/10/14	<b>25/29</b>	Samantha Crosby	Caradon	<b>3.06.95</b>	Saltash	24/01/15
Daniel John	Totnes	<b>2.11.17</b>	Sheffield	29/10/17	<b>30/34</b>	Sarah Quartermaine	Carn Brea & Helston	<b>2.39.84</b>	Saltash	20/01/18
Peter Gleed	Southwold	<b>2.22.59</b>	Sheffield	24/10/14	<b>35/39</b>	Jessica Wooddisse	Stroud Masters	<b>2.39.72</b>	Bracknell	01/03/14
John Drake	Swindon Dolphins	<b>2.24.25</b>	Sheffield	26/10/16	<b>40/44</b>	Jessica Wooddisse	Stroud Masters	<b>2.37.88</b>	Bracknell	26/10/18
Darren Beer	Crediton & District	<b>2.37.31</b>	Sheffield	24/10/14	<b>45/49</b>	Phillipa O'Grady	Exmouth	<b>2.38.25</b>	Sheffield	23/10/15
Darren Beer	Crediton & District	<b>2.39.92</b>	Sheffield	29/10/17	<b>50/54</b>	Sandra Jones	Gloucester Masters	<b>3.17.50</b>	Barnet	07/07/18
		<b>3.16.15</b>			<b>55/59</b>	Ninette Hibbs	St Austell	<b>3.09.58</b>	Sheffield	29/10/17
John Ryan	DT's	<b>3.35.56</b>	Saltash	21/01/17	<b>60/64</b>	Susan Haigh	Tiverton	<b>3.11.14</b>	Guildford	05/10/13
John Ryan	DT's	<b>3.41.12</b>	Saltash	20/01/18	<b>65/69</b>			<b>3.47.03</b>		
Tim Mann	St Austell	<b>4.06.46</b>	Bodmin	06/05/17	<b>70/74</b>			<b>NR</b>		
		<b>NR</b>			<b>75/79</b>			<b>NR</b>		

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE
<b>Mens 50m Breaststroke</b>						<b>Womens 50m Breaststroke</b>				
Levin Veale	Totnes	<b>28.89</b>	Sheffield	29/10/17	<b>18/24</b>	Aimee Carter	Gloucester Masters	<b>33.45</b>	Sheffield	29/10/17
James Broady	Gloucester Masters	<b>29.26</b>	Gloucester	31/03/19	<b>25/29</b>	Hannah Wiltshire	Poole SC	<b>33.64</b>	Millfield	15/05/16
Warren Barrett	Exeter uni Alumni	<b>30.30</b>	Sheffield	29/10/17	<b>30/34</b>	Hannah Wiltshire	Poole SC	<b>34.69</b>	Millfield	12/03/17
Graham Marshall	City of Bristol	<b>31.36</b>	Sheffield	26/10/13	<b>35/39</b>	Alex McRae	Devon	<b>37.38</b>	Millfield	19/11/17
Nigel Masters	Cirencester	<b>32.21</b>	Sheffield	24/10/15	<b>40/44</b>	Heidi Hunt	Exmouth	<b>36.07</b>	Sheffield	26/10/14
Nigel Masters	Cirencester	<b>32.37</b>	Millfield	29/10/17	<b>45/49</b>	Heidi Hunt	Exmouth	<b>36.08</b>	Sheffield	29/10/16
Mark Partridge	Stroud Masters	<b>33.88</b>	Sheffield	26/10/14	<b>50/54</b>	Rebecca Jenkinson	Exeter City	<b>39.61</b>	Sheffield	26/10/13
Mark Partridge	Stroud Masters	<b>34.79</b>	Sheffield	26/10/18	<b>55/59</b>	Rebecca Jenkinson	Exeter City	<b>41.15</b>	Plymouth	01/07/18
David Smith	Devonport RSA	<b>36.09</b>	Saltash	20/01/18	<b>60/64</b>	Alison Nye	Swindon	<b>40.62</b>	Millfield	12/03/17
John Anderson	Wincanton	<b>38.55</b>	Millfield	17/11/18	<b>65/69</b>	Margaret Bickley	Totnes	<b>47.09</b>	Sheffield	29/10/16
Alan Morris	Wincanton	<b>46.82</b>	Millfield	12/03/17	<b>70/74</b>	Jean Howard-Jones	Poole SC	<b>51.60</b>	Millfield	10/11/13
Donald Leatherbarrow	Gloucester Masters	<b>44.23</b>	Sheffield	26/10/13	<b>75/79</b>	Muriel Hitchcock	Warminster	<b>50.38</b>	Millfield	10/11/13
Donald Leatherbarrow	Gloucester Masters	<b>48.19</b>	Gloucester	22/04/18	<b>80/84</b>	Muriel Hitchcock	Warminster	<b>57.14</b>	Gloucester	22/04/18
Grenville Cole	AST Burnham	<b>58.45</b>	Gloucester	23/04/17	<b>85/89</b>			<b>NR</b>		

<b>Mens 100m Breaststroke</b>					Age Grp	<b>Womens 100m Breaststroke</b>				
Levin Veale	Totnes	<b>1.03.65</b>	Sheffield	28/10/17	<b>18/24</b>	Aimee Carter	Gloucester Masters	<b>1.12.62</b>	Sheffield	28/10/17
James Broady	Gloucester Masters	<b>1.05.21</b>	Gloucester	31/03/19	<b>25/29</b>	Hannah Wiltshire	Poole SC	<b>1.14.07</b>	Millfield	15/05/16
Tom Hughes	Totnes	<b>1.10.18</b>	Plymouth	03/09/17	<b>30/34</b>	Hannah Wiltshire	Poole SC	<b>1.16.05</b>	Millfield	12/03/17
Graham Marshall	City of Bristol	<b>1.09.90</b>	Sheffield	26/10/13	<b>35/39</b>	Alison Browning	Exmouth	<b>1.22.15</b>	Sheffield	28/10/17
Nigel Masters	Cirencester	<b>1.09.10</b>	Sheffield	23/10/15	<b>40/44</b>	Katie Nimmo	Gloucester Masters	<b>1.25.79</b>	Gloucester	22/04/18
Nigel Masters	Swindon Dolphins	<b>1.09.95</b>	Sheffield	28/10/17	<b>45/49</b>	Nikki Harris	Corsham	<b>1.23.75</b>	Swindon	28/06/14
Mark Partridge	Stroud Masters	<b>1.15.53</b>	Sheffield	26/10/13	<b>50/54</b>	Sandra-Jane Jones	Gloucester Masters	<b>1.27.09</b>	Sheffield	23/10/15
Mark Partridge	Stroud Masters	<b>1.20.76</b>	Gloucester	22/04/18	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>1.36.37</b>	Shrewsbury	07/01/17
Simon Veale	Totnes	<b>1.22.65</b>	Plymouth	01/07/18	<b>60/64</b>	Helen Kula-Przewanski	Caradon	<b>1.37.17</b>	Guernsey	05/04/19
John Anderson	Wincanton	<b>1.25.09</b>	Sheffield	26/10/18	<b>65/69</b>	Margaret Bickley	Totnes	<b>1.46.67</b>	Millfield	12/03/17
William Letch	Exmouth	<b>1.39.42</b>	Millfield	29/09/13	<b>70/74</b>	Lesley Maynard	Salisbury	<b>2.21.58</b>	Swindon	28/06/14
William Letch	Exmouth	<b>1.46.95</b>	Plymouth	03/09/17	<b>75/79</b>	Muriel Hitchcock	Warminster	<b>1.59.35</b>	Swindon	28/06/14
Donald Leatherbarrow	Gloucester Masters	<b>1.49.79</b>	Gloucester	22/04/18	<b>80/84</b>	Muriel Hitchcock	Warminster	<b>2.12.64</b>	Gloucester	31/03/19
Grenville Cole	AST Burnham	<b>2.10.22</b>	Sheffield	28/10/16	<b>85/89</b>					

<b>Mens 200m Breaststroke</b>					Age Grp	<b>Womens 200m Breaststroke</b>				
		<b>2.39.13</b>			<b>18/24</b>	Kay De Courcy	St Austell SC	<b>2.43.76</b>	Bodmin	27/04/14
James Flanagan	United Bristol SC	<b>2.28.01</b>	Sheffield	24/10/15	<b>25/29</b>	Kathleen Baker	Poole SC	<b>2.47.99</b>	Sheffield	27/10/17
Thomas Hughes	Totnes	<b>2.35.40</b>	Sheffield	30/10/16	<b>30/34</b>	Emma Oliver	Durrington Otters	<b>2.55.45</b>	Sheffield	24/10/14
Graham Marshall	City of Bristol	<b>2.34.00</b>	Sheffield	25/10/13	<b>35/39</b>	Katie Nimmo	Gloucester Masters	<b>2.58.88</b>	Sheffield	24/10/14
Nigel Masters	Cirencester	<b>2.30.96</b>	Sheffield	24/10/15	<b>40/44</b>	Alison Browning	Exeter SC	<b>3.05.27</b>	Saltash	20/01/18
Nigel Masters	Swindon Dolphins	<b>2.32.73</b>	Sheffield	27/10/17	<b>45/49</b>	Adele Parham	Exmouth	<b>3.08.20</b>	Sheffield	25/10/13
Darren Beer	Crediton & District	<b>2.44.56</b>	Sheffield	27/10/17	<b>50/54</b>	Ninette Hibbs	St Austell SC	<b>3.09.51</b>	Sheffield	25/10/13
Mark Partridge	Stroud Masters	<b>3.10.19</b>	Sheffield	26/10/18	<b>55/59</b>	Ninette Hibbs	St Austell SC	<b>3.17.30</b>	Bodmin	06/05/17
John Anderson	Wincanton	<b>3.09.61</b>	Sheffield	27/10/17	<b>60/64</b>	Jayne Ball	Gloucester Masters	<b>3.27.75</b>	Sheffield	24/10/14
John Anderson	Wincanton	<b>3.10.50</b>	Sheffield	26/10/18	<b>65/69</b>	Margaret Bickley	Totnes	<b>3.42.10</b>	Sheffield	30/10/16
Robert Lloyd-Evans	Poole SC	<b>3.48.78</b>	Poole	15/02/15	<b>70/74</b>			<b>NR</b>		
Robert Lloyd-Evans	Poole SC	<b>3.53.60</b>	Bristol	24/09/17	<b>75/79</b>	Muriel Hitchcock	Warminster	<b>4.40.14</b>	Bristol	24/09/17

NAME	CLUB	TIME	VENUE	DATE	Age Grp	NAME	CLUB	TIME	VENUE	DATE
<b>Mens 100m Individual Medley</b>						<b>Womens 100m Individual Medley</b>				
Levin Veale	Totnes	<b>27.90</b>	Sheffield	27/10/17	<b>18/24</b>	Fiona Hardie	Littledown Masters	<b>1.07.25</b>	Poole	09/07/17
Kalon Veale	Totnes	<b>59.51</b>	Millfield	15/05/16	<b>25/29</b>	Rebecca Guy	Bristol Henleaze	<b>1.05.56</b>	Sheffield	27/10/17
James Edmonds	United Bristol SC	<b>59.46</b>	Sheffield	30/10/16	<b>30/34</b>	Clare Turner	Gloucester Masters	<b>1.13.39</b>	Sheffield	24/10/15
Jonathan Audis	Swindon Dolphins	<b>59.57</b>	Sheffield	27/10/17	<b>35/39</b>	Rebecca Smith	West Wilts Force 5	<b>1.10.02</b>	Sheffield	24/10/14
Nigel Masters	Cirencester	<b>1.04.30</b>	Sheffield	24/10/15	<b>40/44</b>	Heidi Hunt	Exmouth	<b>1.14.84</b>	Sheffield	24/10/14
Nigel Masters	Swindon Dolphins	<b>1.05.17</b>	Sheffield	27/10/17	<b>45/49</b>	Heidi Hunt	Exmouth	<b>1.13.37</b>	Sheffield	24/10/15
Peter Long	St Austell SC	<b>1.05.66</b>	Sheffield	25/10/13	<b>50/54</b>	Rebecca Jenkinson	Exeter	<b>1.16.38</b>	Sheffield	25/10/13
Simon Veale	Totnes	<b>1.07.92</b>	Sheffield	25/10/13	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>1.18.66</b>	Sheffield	30/10/16
Simon Veale	Totnes	<b>1.09.61</b>	Guernsey	17/04/16	<b>60/64</b>	Helen Kula-Przewanski	Caradon SC	<b>1.19.47</b>	Gloucester	31/03/19
John Anderson	Wincanton	<b>1.20.26</b>	Sheffield	26/10/18	<b>65/69</b>	Jayne Stephenson	Gloucester Masters	<b>1.29.46</b>	Gloucester	31/03/19
William Letch	Exmouth	<b>1.23.45</b>	Bracknell	01/03/14	<b>70/74</b>	Jean Howard-Jones	Poole SC	<b>1.41.61</b>	Barnet	07/09/14
William Letch	Exmouth	<b>1.29.78</b>	Plymouth	03/09/17	<b>75/79</b>	Muriel Hitchcock	Warminster	<b>2.18.34</b>	Salisbury	07/10/17
Donald Leatherbarrow	Gloucester Masters	<b>1.36.95</b>	Gloucester	22/04/18	<b>80/84</b>	Janet Gwilt	Gloucester Masters	<b>2.41.72</b>	Gloucester	31/03/19

<b>Mens 200m Individual Medley</b>					Age Grp	<b>Womens 200m Individual Medley</b>				
Michael Kotlewski	United Bristol SC	<b>2.10.99</b>	Sheffield	29/10/17	<b>18/24</b>	Fiona Hardie	Poole SC	<b>2.21.29</b>	Sheffield	29/10/16
Kalon Veale	Totnes	<b>2.08.78</b>	Bristol	24/09/17	<b>25/29</b>	Kathleen Baker	Poole SC	<b>2.28.28</b>	Sheffield	29/10/17
James Edmonds	United Bristol SC	<b>2.12.36</b>	Sheffield	29/10/17	<b>30/34</b>	Collette Fear	Salisbury	<b>2.41.72</b>	Sheffield	29/10/16
Oliver White	Exmouth	<b>2.26.78</b>	Sheffield	26/10/13	<b>35/39</b>	Rebecca Smith	West Wilts Force 5	<b>2.35.30</b>	Sheffield	26/10/14
Nigel Masters	Cirencester	<b>2.21.79</b>	Sheffield	26/10/14	<b>40/44</b>	Sara Dykes	Weston-Super-Mare	<b>2.36.55</b>	Sheffield	26/10/14
Nigel Masters	Swindon Dolphins	<b>2.21.73</b>	Sheffield	29/10/17	<b>45/49</b>	Philippa O'Grady	Exmouth	<b>2.42.45</b>	Sheffield	26/10/14
Peter Long	St Austell	<b>2.31.09</b>	Sheffield	26/10/13	<b>50/54</b>	Sandra-Jane Jones	Gloucester Masters	<b>2.50.08</b>	Sheffield	23/10/15
Simon Veale	Totnes	<b>2.31.04</b>	Sheffield	26/10/13	<b>55/59</b>	Helen Kula-Przewanski	Gloucester Masters	<b>2.55.28</b>	Guernsey	01/04/17
Simon Veale	Totnes	<b>2.33.38</b>	Sheffield	29/10/17	<b>60/64</b>	Helen Kula-Przewanski	Caradon SC	<b>2.53.96</b>	Guernsey	06/04/19
John Anderson	Wincanton	<b>3.04.81</b>	Southampton	28/04/18	<b>65/69</b>	Susan Haigh	Tiverton	<b>3.15.52</b>	Guernsey	01/04/17
Peter Stephens	Truro	<b>3.48.03</b>	Guernsey	13/04/18	<b>70/74</b>			<b>NR</b>		
William Letch	Exmouth	<b>3.17.55</b>	Sheffield	23/10/15	<b>75/79</b>			<b>NR</b>		

<b>Mens 400m Individual Medley</b>					Age Grp	<b>Womens 400m Individual Medley</b>				
Michal Kotlewski	United Bristol SC	<b>4.41.65</b>	Sheffield	28/10/17	<b>18/24</b>	Aimee Carter	Gloucester Masters	<b>5.06.00</b>	Sheffield	28/10/17
David Langston	City of Bristol	<b>4.55.00</b>	Sheffield	27/10/13	<b>25/29</b>	Nia Westlake	Cinderford	<b>5.36.79</b>	Gloucester	22/04/18
Daniel John	Totnes	<b>4.56.63</b>	Barnet	07/07/18	<b>30/34</b>	Clare Turner	Gloucester Masters	<b>5.43.21</b>	Gloucester	13/04/14
Peter Gleed	Southwold	<b>5.09.17</b>	Sheffield	26/10/14	<b>35/39</b>	Jessica Wooddisse	Stroud Masters	<b>5.36.47</b>	Sheffield	25/10/14
Bjorn Hoffman	Backwell	<b>5.33.64</b>	Sheffield	25/10/15	<b>40/44</b>	Jessica Wooddisse	Stroud Masters	<b>5.35.97</b>	Sheffield	26/10/18
Darren Beer	Crediton & District	<b>5.18.56</b>	Sheffield	25/10/14	<b>45/49</b>	Philippa O'Grady	Exmouth	<b>5.47.31</b>	Sheffield	25/10/15
Sean Kinsey	Stroud Masters	<b>5.19.62</b>	Gloucester	23/04/17	<b>50/54</b>	Sheryl Taylor	Newquay	<b>6.11.84</b>	Sheffield	25/10/14
Sean Kinsey	Stroud Masters	<b>5.19.00</b>	Gloucester	31/03/19	<b>55/59</b>	Helen Hula-Przewanski	Gloucester Masters	<b>6.16.98</b>	Sheffield	28/10/17
Simon Veale	Totnes	<b>5.33.84</b>	Sheffield	28/10/16	<b>60/64</b>	Susan Haigh	Tiverton	<b>6.23.71</b>	Gloucester	13/04/14
John Anderson	Wincanton	<b>6.44.09</b>	Gloucester	22/04/18	<b>65/69</b>	Susan Haigh	Tiverton	<b>6.45.14</b>	Gloucester	23/04/17
Chris Jessop	Salisbury	<b>8.41.52</b>	Sheffield	28/10/17	<b>70/74</b>			<b>NR</b>		
		<b>NR</b>			<b>75/79</b>			<b>NR</b>		