



Patrons: Sharron Davies MBE, Stephanie Millward MBE

Free Taster Day Announced for Team Bath AS Academy Swimming Program

Saturday 14 September is the next chance for young swimmers from the Bath area to come along to a Free Taster Session to try out for Team Bath AS's Academy Swimming Program.

Team Bath AS Academy Swimming is a uniquely placed development program that offers swimmers the opportunity to advance competitive swimming skills and increase overall fitness in a local community club environment. Open to young swimmers in the Bath area, the Academy benefits from the unique coaching expertise that is the cornerstone of the established Team Bath AS Performance Swimming Program that is based at the University of Bath's Olympic size pool.

Ideal for aspiring competitive swimmers, for those seeking additional training for other sports, or for enthusiastic swimmers who just want to increase their overall fitness in a fun environment – Team Bath AS Academy Swimming will build endurance and skills in the pool while also developing the wider knowledge base and practices needed to develop as a successful young athlete.

Team Bath AS is a Swimming Club offering a structured program that develops local swimming talent of all ages from young swimmers approaching their first galas right through to those competing at National and International level. Through the unique Academy Program potential young athletes are able to access the coaching expertise and structured pathway used by Team Bath AS to develop swimming talent at the highest level.

Team Bath AS Academy Swimming is for young people aged 8-13 years who meet the following criteria

- ✓ Swimmers who have achieved ASA Swimming Certificate 8-10 through a Learn to Swim Programme, Swim School, or from a private swimming instructor.
- ✓ Swimmers referred from the University of Bath Swimming Programme identified by their coach/teacher.
- ✓ Swimmers who already train in other aquatic sports at an appropriate level.

During our Taster Session the Team Bath AS Coaching Team will determine a swimmers suitability for all our Squads based on the level of skills, training and previous experience.

For more information or to reserve a place on the Taster Day, please visit our web site www.teambathas.co.uk or contact academy@teambathas.co.uk