South West Region Coach Forum March 30th 2022 Swim England Talent Report

1. SE NATIONAL DEVELOPMENT PROGRAMME PHASE 1 – ONLINE CAMP 2

Phase 1 - online camp 2 took place on 26th & 27th March 2022.

The delivery to our extended cohort will covered; event knowledge, S&C work capacity & taking ownership. These topics will be delivered by the SE SSSM staff.

2. SE NATIONAL DEVELOPMENT PROGRAMME PHASE 2 - FTOF CAMP

Phase 2 – Face to Face poolside camp takes place on 22nd May at Sandwell Aquatic Centre, which is home to the Commonwealth Games swimming and diving programme.

A selected cohort of up to 300 swimmers across the 6 zones have been identified from rankings to participate in this face to face poolside camp.

We will be able to use the 10 lane competition pool and the 6 lane training pool, both in the 50m configuration.

During the one day camp we will cover; 2x1.5hr pool skill sessions, S&C work capacity, elite athlete Q&A and potentially the opportunity to film all swimmers, this is still to be confirmed.

3. SE REGIONAL & NATIONAL OPEN WATER CHAMPIONSHIP DATES 2022

Swim England			
Day	Date	Event/Championship	Location
Saturday	02 July 22	SE South West	Lake 86
Sunday	03 Jul 22	SE Midlands East & West	Spring Lakes
Saturday	09 Jul 22	SE North West & North East	Salford Quays
Sunday	10 Jul 22	SE East	Whitlingham, Norwich
Saturday	16 Jul 22	SE London	Surry Docks
Sunday	16 Jul 22	SE South East	Chichester
Wednesday	10 Aug 22	SE National Championships	Thrybergh, Rotherham
??	??	SE Masters National Championships	??

Scottish S	wimming			
??	??	SS Ea	ast District OW	??
??	??	SS IV	lidlands District OW	??
??	??	SS N	orth District OW	??
??	??		est District OW	??
??	??	SS N	ational Championships	??
Welsh Swi	imming			
Saturday	18 Jun 22	SW I	Regional	Llandegfedd
Sunday	19 Jun 22	BS S	election Race	Llandegfedd
Saturday	02 Jul 22	SW I	Regional	??
Saturday	16 Jul 22	SW I	Regional	??
Saturday	03 Sep 22		National Championships	??
British Sw	imming			
??			Junior OW Champs	??
1 st – 4 th September 2022		Wor	ld Junior OW Champs	Seychelles
Great Swi	ms 2022			
Fri-Sun	10-12 Jun 22	Grea	it North Swim	Windermere – 5k/10k
Saturday	18 Jun 22	Grea	t East Swim	Alton Water – 5k/10k
Swim Serp	pentine 2022			
Saturday	17 th Sept 22	Swin	n Serpentine	Serpentine
Henley Sw	<u>vims 2022</u>			
Sunday	26 Jun 22		Henley Classic	Henley on Thames
Sunday	10 Jul 22		Henley Swim Festival	Henley on Thames
Sunday	14 Au		Thames Marathon	Henley on Thames

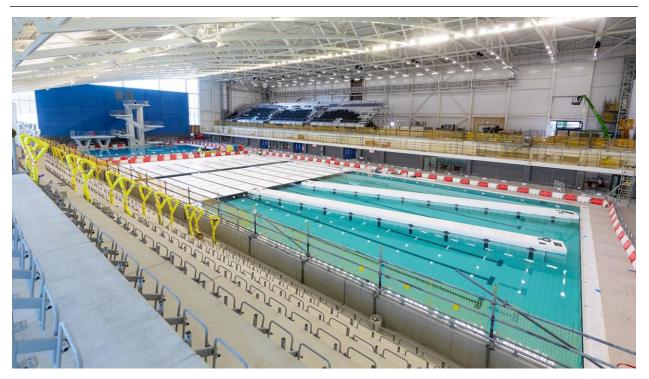
4. NATIONAL COACHES TECHNICAL PANEL

Can I please ask if you can confirm your coach rep for the meeting at the British Championships on the 4th by close of play on Thursday 31st March at the latest so that we can write to inform them of the time/ location.

Coach rep name should be sent direct to Lindsay Trimmings; Lindsay.trimmings@swimming.org

TOR attached.

5. COMMONWEALTH GAMES KEY STAFF ANNOUNCED



Picture: FINA

The full team which will aim to steer Team England's swimmers and para-swimmers to have the 'best Commonwealth Games ever' has been finalised.

Following the **appointments of head coach Mel Marshall**, sports science lead Diane Elliott and team manager Rod Wardle in January, swimming team leader Grant Robins has confirmed the entire backroom staff for Birmingham 2022.

It includes Sarah Kennedy, who will be assistant team manager and para-swimming lead, Angela George as lead physiotherapist plus eight coaches – David McNulty, Dave Hemmings, Lisa Bates, Jacquie Marshall, Jamie Main, Ian Hulme, Euan Dale and Lauren Jocelyn.

In total, there are 26 members of the backroom team covering all aspects from coaching, nutrition, strength and conditioning through to analysis and media.

Grant said: "Our target is to have the best Games ever in the pool and the coaching and support staff we have appointed will help us to achieve that.

"They will give all our athletes the best possible chance to compete well in Birmingham and hopefully deliver the results we're all striving towards.

PACKED WITH EXPERIENCE

"It's a team packed with experience and expertise and we can't wait to get started."

The countdown to the Games begins in earnest now with the trials being held at the British Swimming Championships from 5-10 April.

Following that, the International Paralympic Committee will publish the athlete allotted list on 18 April and the final selected team will be confirmed at the beginning of May.

The team will then attend two Mare Nostrum events in May before a preparation camp on June.

Just over a week before the Games are due to open on Thursday 28 July, the team will move to a holding camp in Loughborough.

The six-day swimming competition takes place from Friday 29 July to Wednesday 3 August at the newly-constructed Sandwell Aquatics Centre.

Team England Commonwealth Games Swimming:

- Grant Robins (team leader)
- Mel Marshall (head coach)
- Rod Wardle (team manager)
- Sarah Kennedy (assistant team manager and para-swimming lead)
- Diane Elliott (sports science lead)
- Angela George (lead physiotherapist)
- Richie Barber (team physiotherapist)
- Rob Norman (S&C coach)
- Dan Waddingham (S&C coach)
- Craig Robertson (performance scientist)
- David McNulty (coach)
- Dave Hemmings (coach)
- Lisa Bates (coach)
- Jacquie Marshall (coach)
- Jamie Main (coach)
- Ian Hulme (coach)
- Euan Dale (coach)
- Lauren Jocelyn (coach)
- Jasmine Campbell (nutritionist)
- Hannah Stoyel (psychologist)

- Emma Mosscrop (analyst)
- Kelly Newton (team physio)
- Jamie Barnard (S&C coach)
- Josh Murray (media)
- Lloyd Rogerson (media)
- Chris Jones (HQ)

6. COMMONWEALTH GAMES KEY DATES (SUBJECT TO CHANGE)

Dates	Event	Includes
13 Dec	Adverts released for HC, TM, ATM	GR
21 Dec	Selectors Catch up	
3 Jan	Advert Closes	
12 Jan	TM & ATM Zoom Interviews	
13 Jan	SSSM Zoom Interviews	
14 Jan	HC Zoom Interviews	
Week Beg 17 Jan	Appointments confirmed	
21-24 Jan	Flanders (Perf Squad)	
27-31 Jan	Luxembourg (Perf Squad)	
Week Beg. 24 Jan	Recruitment for and Appointment of Coaching Staff and Support Staff	Team Leads
21 Feb	Appointments Confirmed	
17-20 Feb	BPSIMS – Aberdeen	GR, HC, SSSM, ATM
4-6 Mar	Marseille (Perf Squad)	Selected staff
11/12 Mar	Edinburgh (Perf Squad)	Selected Staff
16 /17 Mar	Staff Engagement Day –	All Staff
	Edgbaston Park Hotel, Birmingham University	
	Site visits to be included	
5-10 April	British Championship	Sheffield
11/12 April	Selection meetings	
18 April	IPC, Para AA list closes, selection of athletes	
22-29 May	World Championships	Japan
21/22 May	Test Event	Sandwell, Pathway athletes, anyone not at the worlds
12-18 June	World Para Champs	Madera
18/19 June	Mare nostrum – Monaco	CWG Team
20-24 June	Monaco training camp Athlete site visit??	

27-4 July 20 July 21-25 July 25 July 28 July 29-3 Aug 4 Aug	Training & then French Open Kitting Out / Media Day Holding Camp Village Entry Games Open Competition Exit Village	CWG Team
6 Sept	Debrief	TBC