Regional Skills Coach

Role and Expectation Outline

Title: Regional Skills Coach for SW Distance Development Programme (RDDP)
Reports to: Regional Head Coach for SW Distance Development Programme (RDDP)
Renumeration: £136 for a full day camp
£20 for an online session
Duration: 1 x Pool camp at Millfield School – 14.09.2025
1 x Open Water Camp at Lake 86, Cotswold Water Park – 30.05.2026 (Date TBC)

Purpose:
The overall purpose of the Regional Skills Coach is to :

- Provide coaching related services within the context and delivery of the Regional Programme Framework under the guidance of the Head Coach.
- Assist with the delivery and evaluation on the Regional Distance Development Programme (RDDP).
- Communicate effectively with athletes, staff and parents.
- Deliver all duties in line with the programme objectives and briefings.
- Motivate and enthuse swimmers and staff throughout the programme.
- Reflect on your own coaching practice and behaviour after each session.
- Exhibit Aquatics GB and England Programmes Coaching principes during coaching practice.

Key Responsibilities
Prior to Delivery:

- Liaise with the Regional Lead Coach to ensure that you understand the aims and objectives of the RDDP
- Ensure you have a clear understanding of your role during each session.
- Communicate with the Head Coach and other Skills Coaches prior to each session to check for understanding of the objectives of each session planned.
- Liaise with the Swimmers and home coaches on the aims and objectives of the camp to ensure they understand the expectations.

During delivery:

- Assist in the delivery of the pool sessions in line with the programme objectives and plans with the guidance of the Head Coach.
- Make a positive contribution as required to education and land based activities.
- Contribute to coach discussion and facilitated learning within the context of the day to ensure an opportunity for learning and development of all staff takes place.
- Communicate effectively with all swimmers and staff.
- Contribute to the pre and post pool session discussion with the Head Coach and other Skills Coaches on each camp.

Following delivery:

- Reflect on camp delivery and contribute if requested to Coach/Swimmer Reports post each camp.
- Contribute to any post camp debrief discussions as led by the Head Coach.
- Liaise with swimmers home coaches on any developmental concerns under the guidance of the Head Coach.
- Feedback to swimmers home coaches on any key skill messages that have been delivered and that need reinforcing back in the home coaching environments.

Person Specification

- Must hold as a minimum Swim England Open Water Coach qualification or equivalent
- Must hold a valid DBS Certificate
- Must have in date Safeguarding Training
- Knowledge of the effective development of young athletes
- Committed to ongoing learning
- The ability to set priorities and work flexibly to meet outcomes required in a dynamic environment
- Good planning, interpersonal and communication skills (with swimmers, staff and home coaches)
- High levels of motivation and dedication
- Have an outgoing personality with good interpersonal skills and be able to enthuse and motivate young people
- Experience of organising coached sessions for age group swimmers
- A team player with the ability to:
    - Ability to evaluate sessions and provide feedback to athletes and participants and staff
    - Tact and diplomacy in all interpersonal relationships
    - Self-disciplined with a commitment to continuous service improvement
    - Ability to think for yourself and use own initiative.
- Be available for all the programme session dates.