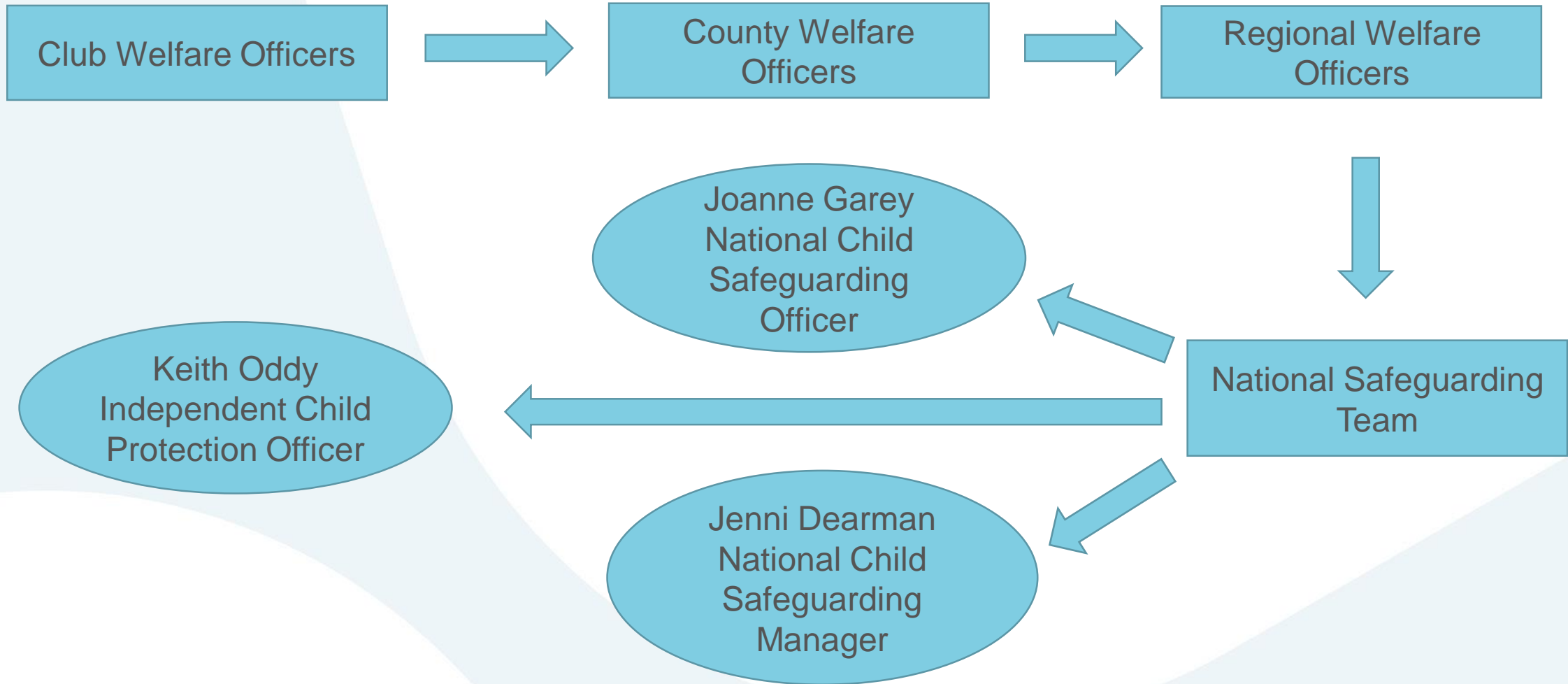


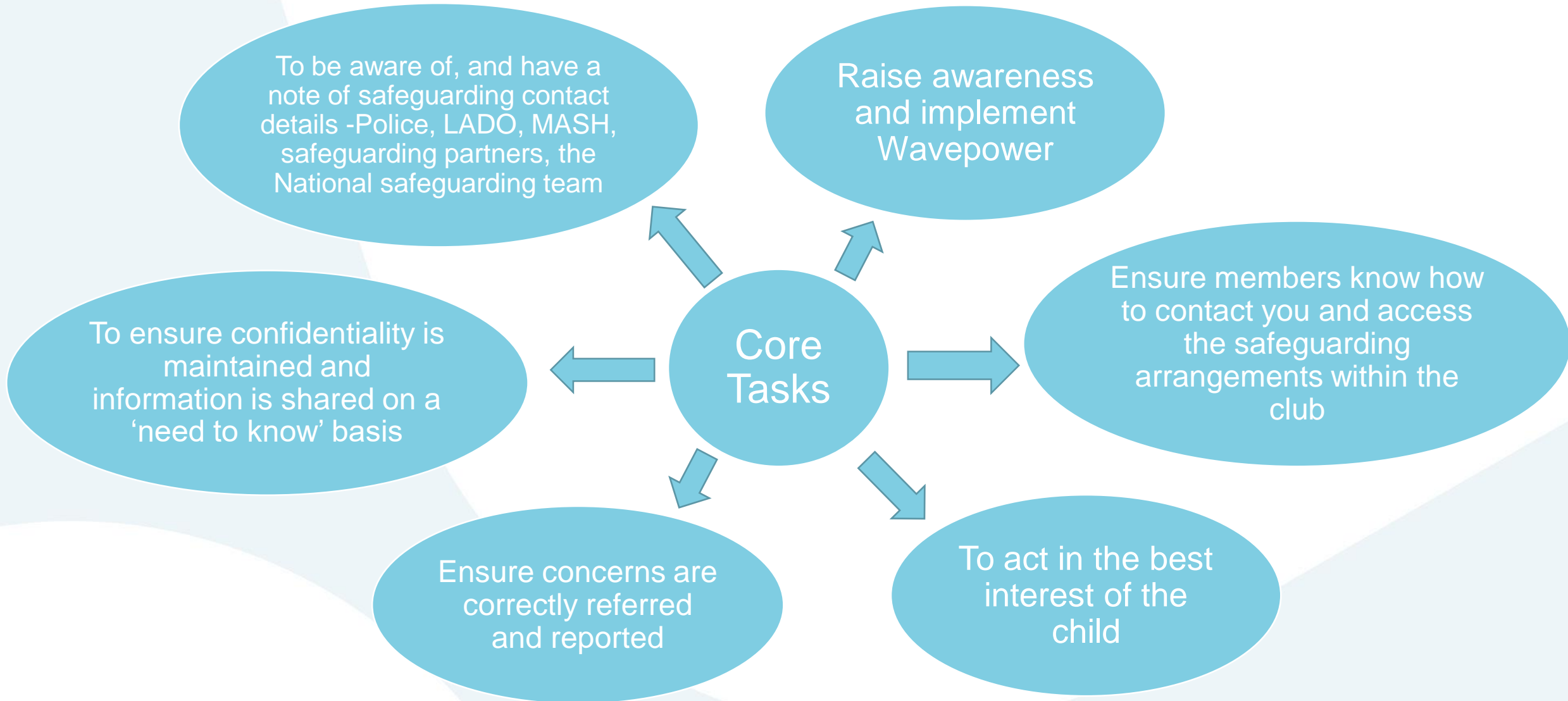
Welfare Officers Development Day

Wavepower a living document

The Safeguarding Team



The role of the Welfare Officer



Front page of Wavepower

Wavepower 2016-19

3

Information sheet and emergency contact details

Please complete the information below as soon as you receive this document, and keep it at the front of Wavepower 2016-19 for reference. Please contact the ASA Child Safeguarding Team if you would like some assistance.

Welfare Officer

Name:

Tel:

County Welfare Officer

Name:

Tel:

Regional Welfare Officer

Name:

Tel:

Children's Services

Tel:

Out Of Hours/Emergency Duty Team

Tel:

Local Safeguarding Children Board (LSCB)

Tel:

Local Authority Designated Officer (LADO)

Tel:

Police Child Protection Investigation Team

Tel:

Multi Agency Safeguarding Hub (MASH)

Tel:

National Governing Body (NGB)

The ASA Legal Affairs Department,
Pavilion 3, SportPark,
3 Oakwood Drive, Loughborough University,
Leicestershire, LE11 3QF

Tel: 01509 640270

E-mail: legal@swimming.org

Website: www.swimming.org

ASA Child Safeguarding Team

Keith Oddy:

Independent Child Protection Officer (ICPO)

Jenni Dearman:

National Child Safeguarding Coordinator (NCSC)

At the NGB address above.

Tel: 01509 640270

E-mail: jenni.dearman@swimming.org

ASA Disclosure and Barring Service

Samantha Massey: DBS Coordinator

Tel: 01509 618738

E-mail: dbs@swimming.org

Child Power

Leaflets available from
jenni.dearman@swimming.org

Website and under 16s section: www.swimming.org/asa/clubs-and-members/under-16s-advice/

ASA Office of Judicial Administration (OJA)

Tel: 0161 2731044

E-mail: kerry.moss@swimming.org

Swimline ASA/NSPCC

Child Protection Helpline

Tel: 0808 100 4001

ASA Signposting Help Desk

E-mail: signposting@swimming.org

Wavepower 2016-19

4

Other Services

NSPCC Child Protection in Sport Unit (CPSU)

Tel: 0116 366 5590

E-mail: cpsu@nspcc.org.uk

Website: www.thecpsu.org.uk

NSPCC Helpline

Tel: 0808 800 5000

Website: www.nspcc.org.uk

ChildLine

Tel: 0800 1111

Website: www.childline.org.uk

Kidscape

Tel: 020 7730 3300

Website: www.kidscape.org.uk

Other Important Contact Details

Name:

Position:

Tel/E-mail:

Name:

Position:

Tel/E-mail:

Name:

Position:


Tel/E-mail:

To be aware of, and have a note of safeguarding contact details -Police, LADO, MASH, safeguarding partners, the National safeguarding team



Not all concerns / complaints are child safeguarding

- Many of the concerns raised are breaches of the club or Swim England's Rules and breaches of Code of Ethics and accompanying code of conducts rather than child safeguarding / protection.
 - General poor behaviour which breaches the Code of Ethics and Codes of Conduct.
 - Breakdown in communication between members at the club including children and parents.
 - Disciplinary matters.
- Coaching techniques – can be raised under the Coaches referral protocol.
- Medical conditions / issues causing concern – Medical Protocol.
- Further information on all of the above can be sought from the OJA on 0161 244 5345 or from the website link <https://www.swimming.org/members/how-to-resolve-issues-with-your-club/>



Wavepower a living Document and some of the most common concerns which arise.

Self Harm

What is Self-Harm and who does it?

Self-Harm (self-injury) is a term used to describe a wide range of behaviours where individuals intentionally hurt themselves –

- Cutting
- Rubbing / scraping the skin with sharp objects
- Scratching, picking and pinching of skin
- Biting yourself
- Burning
- Hitting objects, including punching and head banging
- Poisoning or overdosing
- Eating disorders
- Exercising excessively

Youngminds

#noharmdone - Responding to self harm



Swim England Medical Protocol

- Under this Protocol the Doctor can be asked to speak to the young person's doctor / consultant to discuss this further if there is doubt as to whether a child's self injury makes an assessment on their fitness to swim necessary
- Requests will always be advised on a case-by-case basis.
- Following this referral process the Swim England Doctor will be able to confirm, or otherwise, the fitness to swim and whether any additional support can be given by the club to enable the young person to continue in the sport.

Organisations which can help

GP's who can refer to specialist mental health services – Child and Adolescent Mental Health Services (CAMHS)

Young minds (<http://www.youngminds.org.uk>)

Self Harm UK (<https://www.selfharm.co.uk>)


- Virtual college free course –

<https://www.virtual-college.co.uk/news/virtual-college/2017/02/self-harm-course-launch>



Communicating with your teenager about self-harm


A recent survey found that 60% of parents feel uncomfortable discussing self-harm with their children. This course has been designed to make the subject of self-harm more approachable.



Who is this course for?	What will you learn?
This course has been made for parents to help them discuss the impact of self-harm with their children.	This course aims to give you a basic awareness of self-harm. You'll be given essential information around the subject so you can speak with more confidence to your children on the issue of self-harm.

Virtual College have donated their time and resources to create this free online course with **SelfharmUK** to help support those impacted by self-harm.

Access your free online course:
www.understandingyoungminds.co.uk
replies@virtual-college.co.uk
01943 885085



#noharmdone - Things can change.



Changing Rooms

How big is the problem?

- The NSPCC reported in recent years police had seen annual reports of this nature triple in numbers.
- Compared to last year Swim England have seen a large increase, 95% (from 66%) of incidents related to taking / possessing / sending / circulating of child abuse images.
- When it happened “in sport” - two thirds committing this were children.
- *Most* of these offences are committed by boys taking / trying to take indecent images of girls

What should you do?



Measures to tackle problems

- Reinforce Wavepower guidance
- Working with facilities to “design out”
- Speak with your facility provider
- Segregation and natural barriers
- Education

Who's responsibility?

It's everyone's responsibility

Shared with public

There is a shared responsibility and it is important that a conversation is had with the facility to discuss this.

Private use

- Under the duty of care to safeguard children, the club has a responsibility for the wellbeing of children in changing rooms.
- Parents also have a responsibility
- Clubs must make clear to parents under what circumstances they require parents to remain at the pool.



Update on what the NGB is currently working on with regards to safeguarding.

Club Hub

<https://www.swimming.org/swimengland/clubs-home/>

- Developed by the club development / volunteering team
- Provides a lot of useful information which may help a club



Swim England Club Support Hub

Welcome to Swim England's Club Support hub. Here you'll find all the information and resources you need to start, manage and develop an aquatics club in England.

This hub also contains everything you need to know about club finances, managing volunteers and club staff, and marketing your club.

Tap or click on the icons below to discover more. [Contact us](#) if you need help.



Setting Up A Club



Running A Club



Growing A Club



Club Finances



Club People

Wavepower

- Wavepower is being updated
- Tried to reflect and strength policies in line with what we have coming through.
- Better online presences



Child and teen resource

- New child and teen resources being developed
- Content made by the Youth Advisory Panel
- The aim of both resources is to encourage children to talk and raise awareness that if you are not happy speak to someone.

Child Resource



Did you know?

Your club has a welfare officer.
And you can talk to them about anything.

Name _____

I am unhappy because... _____

Draft

If you don't want to talk, you can write it down on this page and hand it to an adult at your club who will help you.

Talk to a grown up you can trust like a parent or your coach

or you can call
Call SwimLine
0808 100 4001

Parents and grown ups do you need more information?
visit swimming.org/safeguarding



Be safe, Be happy



At your club

Do

Listen, be friendly, help others
Tell your coach if you are not feeling well
Tell an adult before you go anywhere
Try hard – see what you can do!

Don't

Mess around in your lesson
Use bad language
Bully others

Are you enjoying your club time?

When you take part in club lessons, are you:

- having fun?
- making new friends?
- learning new skills?
- being listened to?
- respected?
- feeling safe?

How are you feeling?

Grown ups need your help to understand if you are feeling:

- | | | | |
|--|---------|--|--------|
| | sad | | upset |
| | angry | | unsure |
| | worried | | |

Draft

Teen Resource

There are lots of people you can talk to:

- Your coach
- Club welfare officer
- Parent/guardian
- Trusted adult



If there is no one you feel you can talk to, then contact the numbers below.

Swimline
0808 100 4001
24 hours 7 days a week

NSPCC Helpline
0808 800 5000

For more information visit swimming.org/safeguarding



Be safe
Enjoy your sport
Draft

When you take part in your sport, we want you to feel that

- It is fun
- You are listened to
- Your development is supported
- You feel respected
- People are there for you
- Your club is friendly and inclusive



But what if something is wrong?

What if someone else's behavior is making you feel...



Anxious
Angry
Hurt
Lonely
Sad
Uncomfortable
Unsure
Worried

You need to be safe.

Talk to someone who can help.

Draft

Poster

Be safe,
Be happy

If you are feeling down
or you need to talk...

Draft

You can always
talk to someone on the
phone **at any time**

SwimLine
0808 100 4001

The NSPCC
0808 800 5000

Childline
0800 1111
You can also use
the message board at
childline.org.uk

 Swim
England

Bespoke safeguarding training

- Working on creating our own Swim England Safeguarding Training.
- Specific to aquatics and be able to provide scenarios.
- Is there any topics which you as welfare officers / club members may find useful as refresher training?

I JUST WANTED TO SAY
Thank you so Much

FOR DOING SUCH
AN AMAZING JOB

joanne.garey@swimming.org

01509 640252

