

ASA SOUTH WEST REGION

President I Stuart

Minutes of the Coaches meeting held on Wednesday 25th November 2015 at the Regional Offices

Present:	R.Margetts	(RM)	Swimming Competition Secretary & Chairman
	E.Taylor	(ET)	Club Development Officer
	L.Dunn	(LD)	English Programmes Officer
	M.Puddy	(MP)	City of Bristol
	J.John	(JJ)	Exeter City
	H.Tooley	(HT)	N. Cornwall Dragons
	A.Osbourne	(AO)	Gloucester City
	B. Aldrick	(BA)	Poole
	J. Rudd	(JR)	Plymouth Leander
	A.Parfitt	(AP)	Bournemouth Collegiate
	S.Bowen	(SB)	Aquae Sulis
	C.Tremellen	(CT)	Swimming Secretary

Apologies: J.Dougall, E.Richards, J.Fink, Mt Kelly, L.Clayton

1. MATTERS ARISING FROM THE MINUTES OF THE MEETING HELD ON 4th June

- 1.1 **Open meets** - preference may be given to network club entries providing in meet conditions.
- 1.2 **Internet access** at Millfield - concern raised that this is very poor and at times it is also impossible to get a phone signal. Wifi code given to gala organisers for their own use but that also poor. This raised health and safety issues especially with boarders.

2. SWIMMING COMMITTEE UPDATE

- 2.1 CT reported that there had been several ASA meetings. Discussion re the effect the changes to competition had had on Regions. There were differences in the way they were run across the Country but it was agreed that the format used by the SW was the way forward especially holding the Youth Championships at the beginning of May.
- 2.2 Further changes to ASA competitions had been widely circulated. Noted that 2017 Winter Meet would probably be long course and that qualification for the ASA Winter Meet would be from the Summer competitions and the Regional Winter Championships.
- 2.3 ASA Coaches Technical Panel to be set up. To meet 3 x per year. Matt Puddy nominated to attend.
- 2.4 JR queried whether Millfield was a suitable venue for the Winter Championships. The pool was hot and clammy with insufficient seating. Catering also a problem for visiting boarders. There are insufficient large hotels to accommodate large teams. Also phone/internet problems. There was 1m of bare lane ropes at the start end of the pool. Concern that in 2017 the entry may be higher with more uni entries. CT to investigate possibility of using Hengrove or Plymouth.

- 2.5 CT hoped that the committee included all those who should be attending now that Bournemouth Collegiate was represented but that if there were other clubs with 10+ national swimmers they should also be invited.
- 2.6 James Guy was the Swimming Committee's Swimmer of the Year.

3. ENGLISH PROGRAMME OFFICERS REPORT

- 3.1 **Phase 1 camps** – completed. Final session clashed with inter-counties weekend which was unavoidable.
- 3.2 Phase 2 camps – 21st – 23rd Dec. Selections now complete
- 3.3 England team to attend international meet which will clash with Youth Championships. Coaches agreed to release athletes.
- 3.4 **Coach development** – National symposium at Millfield very well attended with good support from SW Region. Symposium available on line – <http://www.swimming.org/asa/teaching-and-coaching/talent-development>. please could coaches circulate this link.
- 3.5 **Coaches conference** 29th November – only 17 applications. Discussion on how to get more coaches involved – possibly time constraints, possibly financial. Clubs often do not support coaches' attendance. Also difficult to find suitable dates. Probable dates for 2016: last weekend Feb/1st weekend Mar (4 days), June/July (4 days)

4.1 COMMUNICATION

- 4.1 The coaches database was still limited despite efforts to increase. Information is not always passed on. Need to make effort to increase data base and also need to keep the website busy and up to date.

5. OVERSEAS COMPETITION/TRAINING

- 5.1 Discussion re merits of both - agreed that a competition with an education/training day prior to meet would be best.
- 5.2 Proposed to attend meet in June/July after exams and prior to National competitions. Ages – 15+; selection post Youth Championships – team 26 swimmers.
- 5.3 LD to circulate other policies and suggested competitions.
- 5.4 Barry Alldrick appointed Lead Coach and Lindsay Powell Senior Team Manager. Other appointments to be made once team selection complete.

6. AOB

- 6.1 Open water- information either non-existent or very late therefore difficult for coaches to plan. Agreed that an inland venue would be more suitable as the sea puts many first time swimmers off.
- 6.2 Request for backstroke platforms – to be investigated
- 6.3 Times in programmes – could these be long course as swims – RM to investigate.

DATES OF FUTURE MEETINGS: February 9th; June 7th; September 13th; November 29th

Signed _____
R.Margetts (Chairman)