Minutes from South West region para/disability committee meeting – Tuesday 12<sup>th</sup> February

Attendees: Louise Johnson, Maria Harris, Stephanie Gadd, Kay Willcox, Robert Margetts, Graham Cockill Carl Cooper via Skype

Apologies: Sam Towers

### Minutes/actions from previous meeting:

Counties updating websites – it was noted that every county ASA website requires the following para link – https://www.swimwest.org.uk/para-swimming

**Action**: Chris to organise

## Plymouth talent ID day

The CDP session was held in the morning, followed by land work/physiology. Swimmers had a land session followed by a pool session. It was noted that for further events that duties need to be clarified and a clearer structure for session times. Carl advised that the event had 26 swimmers, 12 were new and 14 were classified. 10 coaches attended the CDP session.

It was also noted that clarification is required for regional events as there was some confusion from the Plymouth event. Carl explained the difference between swimmer ID – finding new swimmers and development lanes – classified swimmers or swimmers awaiting classification.

**Action**: Carl to send clarification of info for regional events

# Horfield, Bristol – 9th March 2019

It was noted that the BAWA was no longer required and that there would be no development day. Event timings confirmed as follows: 3pm – 4pm sign off session.

Warm up from 4pm onwards.

A daily event plan/schedule required to include contact details.

CDP and officials organised for both course and gala.

**Action**: Chris to email Jill Beard request

**Action**: Louise to run sign off session

**Action**: Louise to Organise daily plan

**Action**: Chris to put on link to para swim

**Action**: Carl to send link to Chris

### Terms of reference

Rules and roles of the committee were issued and discussed. First point was to Elliott

appoint a financial secretary. Maria Harris nominated by Louise Johnson, seconded by Kay Willcox.

Regional camps were discussed with a view to holding in various locations within the South West which would allow all para swimmers to attend 2-3 per year.

It was also noted that information was required as to what training requirements were needed for coaches/clubs to ensure para swimmers are being integrated.

**Action**: Chris

to adv venue for Cornwall

**Action**: Chris to email clubs

**Action**: County reps to check training needs for each club with para swimmers

## Start para swimming

Bournemouth and Bristol are currently running the scheme which Louise will update on the progress of this.

#### AOB:

Gloucester – 1 new para swimmer Swindon – 1 new para swimmer

23<sup>rd</sup> March – South West Region Strategy Meeting
Holiday Inn, Deane Gate Avenue, Taunton, TA1 2UA
9.30am to 5pm. Topics will include Strategy update, Judicial system
Finance, Volunteering/Young volunteers/GDPR/BOX.

Chair, treasurer and secretary are the 3 reps required to attend, however if unavailable a substitute can be made.

Action: Louise, Sam and Maria to confirm attendance asap to Chris Vickery

News/stories of para swimmers from the region – send to Stacey for the website at stacey.millett@swimming.org.

It was discussed about using Webex for future meetings to reduce travel for committee members. If was felt that a trial would be beneficial first to ensure members understood the system and would be done at the next meeting.

**Action**: Members to bring laptops/phone to the next meeting.

Recommendations to the Regional Management Board for Para/Disability swimmer of the year. Louise asked for a list of previous winners.

**Action**: Chris to send info to Louise

Regional development plan for para/disability swimming to the Regional Management Board/Finance Officer. It was noted that this needs to completed by October 2019.

Date of next meeting: 4<sup>th</sup> June 2019 (proposed, tbc)