

Job Description for the Regional Head Coach

Role and Expectation Outline

TITLE:	Regional Head Coach
REPORTS TO:	The Regional Swimming Association
RENUMERATION:	£600 flat fee (inclusive of travel and subsistence)
DURATION:	4 days (Delivery at 1 hour Parent/ Guardian Workshop, 1 day Coaching Conference and 3 x Camp days): May– February

PURPOSE

The overall purpose of the Regional Head Coach is to:

- Provide professional coaching related services within the context of the delivery of the Regional Programme Framework
- Contribute to the swimmer and staff selection process
- Contribute to the Regional Coaching Conference (1 day)
- Deliver a 1 hour Parent/Guardian Education talk at the Regional Championships (presentation to be designed by EP)
- Lead the planning, delivery and evaluation of the Regional Programme (3 camp days)
- Provide leadership, guidance and mentoring to the skills coaches that are assisting in the delivery of the programme
- Communicate effectively with swimmers, staff and parents
- Be proactive and positive to all swimmers and staff during the programme
- Deliver all duties in accordance with the programme objectives and briefings
- Motivate and enthuse swimmers and staff during the programme
- Reflect on your own coaching practice and behaviour after each camp activity
- Exhibit British Swimming and England Programmes Coaching Principles during coaching practice; Setting Direction, Staying Connected, Engaging People, Delivering Results and Credibility

KEY RESPONSIBILITIES

Prior to programme delivery

- **Attend the Regional Programme Training Days; 28th February 2017**
- Liaise with England Programmes staff to ensure you have an understanding of the aims and objectives of the regional programme
- Write the specific pool sessions (3 in total) in line with the national focus and objectives and communicate with skill coaches (at least 7 days prior to each camp delivery)
- Plan and delivery specific pool sessions (3 sessions) as required which are relevant to the maturation level of selected/grouped swimmers and meet appropriate programme objectives.
- Liaise with skills coaches, and where relevant home coaches of swimmers to ensure they understand the objectives of the county programme (at least 7 days prior to each camp)

- Work to ensure that skills coaches have a clear understanding of their role on the day
- Contribute to the swimmer and staff selection process

During programme delivery

- Lead the delivery of specified pool sessions in line with programme objectives and plans
- Make a positive contribution as required to education and land based activities
- Lead coach discussion and facilitate learning within the context of the day to ensure an opportunity for learning and development of all staff
- Communicate effectively with all swimmers and staff
- Deliver a pre and post pool session discussion with skills coaches on each camp

Following programme delivery

- Reflect on the camp delivery and produce a brief report post each camp day and circulate to Regional Association and EPO detailing; attendance, engagement session outcomes etc.
- Be available to coaches who assisted in the delivery of the programme to further discuss elements of the camp and coaching practice as required to ensure the ongoing development of the coaches
- Conduct if appropriate and necessary any pre and post camp discussions with skills coaches
- Support the feedback process to swimmers home coaches on any key skill messages that have been delivered and that need reinforcing back in the home coaching programmes

PERSON SPECIFICATION

- Must hold as a minimum UKCC Level 3/ASA Coaches Certificate or equivalent
- Must possess a valid DBS certificate
- Proven ability as a practising coach of working with age group swimmers
- Experience of planning and organising coached sessions for age group swimmers
- In depth knowledge of the effective development of young athletes
- Committed to ongoing learning
- The ability to set priorities and work flexibly to meet outcomes required in a dynamic environment
- Excellent planning, interpersonal and communication skills (with swimmers and staff).
- High levels of motivation and dedication
- Have an outgoing personality with good interpersonal skills and be able to enthuse and motivate young people
- A team player with the ability to:
 - Ability to evaluate sessions and provide feedback to athletes and participants and staff
 - Tact and diplomacy in all interpersonal relationships
 - Self-disciplined with a commitment to continuous service improvement

Ability to think for yourself and use own initiative