ASA SOUTH WEST REGION

President S. Dors

Minutes of the Coaches Committee meeting held on Tuesday 13th September 2016 at the Regional Offices

Present:	C.Tremellen	(CT)	Swimming	Secretary	/ & Minutes

E.Taylor (ET) Club Development Officer
L.Dunn (LD) England Programmes
A.Osborne (AO) Gloucester City

R. Brew (RB) Mt Kelly
J.Mullins (JM) Millfield
J.John (JJ) Exeter City

A.Alexander (AA) Swindon (Sub L.Clayton)

L.Powell (LP) Exeter City sub & Team Manager

A.Withers (AW) Open Water

Apologies: R.Margetts, J.Rudd, R.Armayan, H.Tooley, B.Alldrick, M.Skimming, J.Birds

In the absence of R.Margetts, E.Taylor appointed Chairman

16/20 Minutes of previous meeting held on 7th June 2016 signed a true record

16/21 Matters arising:

- 21.1 15.6 Safeguarding Children Document is on ASA website
- 21. 19.5 Mt Kelly pool now open

16/22 Overseas Camp

- 22.1 Head Coach report circulated prior to meeting.
- 22.2 BA not present but LP & JM gave a brief update. Meet was right target for swimmers, age groups worked well and assistance in Zagreb excellent. Regrettably the meet had been moved forward a week and therefore clashed with some potential swimmers' exams.
- 22.3 CT thanked BA & LP for their excellent work in the organisation and preparation.
- 22.4 Recommended that the camp should be run again next year and agreed that if the TSC/Board agree then the committee would look at recommendations.

16/23 Open Water

- 23.1 RB noted that information regarding competition was received too late and that there needed to be a pathway from Counties to Region.
- 23.2 It was suggested that there could be a competition in September when the water was warmer than in June which would be a good introduction to OW swimming. This could then be followed by a training programme in pools until the following summer. RB suggested that MT Kelly new pool could be available which was also near rivers and the sea. Accommodation also available

- 23.3 Venues other than Weymouth discussed noting that lakes were often a better introduction to open water swimming.
- 23.3 AW to take thoughts and suggestions to open water committee.
- 23.4 All coaches said they had swimmers who would be suitable for OW swimming.
- 23.5 Noted that at 2016 Competition was attended by 126 swimmers from 43 Regional clubs which opened opportunity to compete at Nationals.
- 23.6 FINA rules probably changing post Rio to increase the minimum water temperature to 18 degrees.

16/24 England Programmes Officer's Report

- 24.1 Talent
- 24.1.1 Regional 11/12yrs camps now completed. A lot of coaches signed up to assist but many dropped out causing considerable work to fill the vacancies.
- 24.1.2 National programme starting soon for 12/13yrs girls and 13/14yrs boys. So far 37 selected with room for 11 more wild cards places.

24.2 <u>Coach development</u>

- 24.2.1 Coach Development Symposium will be held on 13th Nov at Millfield.

 Information needs circulating again. Pitched at L1 & L2 coaches. Will be on line.
- 24.2.1 SW Coaches Conference 26th November. Venue TBD. Run by Sport Coach UK and ASA directed at coaching females development & technical. Info to be circulated to all clubs.
- 24.3 ASCE programme this years selection will be the last in current format.
- 24.4 National Forum Meeting for Regions Loughborough October 18th CT & JJ attending. County Forum on 19th.ET will attend. Very important that Counties attend.

16/25 Competitions 2017

26.2

25.1 Suggested revised programme circulated . Youth LD times were much easier than for the younger ages, due to time constraints within the age group programme. The revised programme changed to have one afternoon for LD events only which should allow a lot more entries. Suggested entry & consideration time circulated. Agreed

16/26 Swimming Committee Report

26.1 Dates 2018 circulated. Still awaiting confirmation from Plymouth and Hengrove

Summer Championships 5/6/7 May – Plymouth 12/13 May – Hengrove 19/20 May – Millfield 1sy July - Gloucs Relays 23rd Sept – Millfield Masters 30th Sept - Millfield Winter Championships 2/3/4 Nov - Millfield

Masters Inter-County 12th Nov - Millfield National County Teams will probably be either 1st or 8th 2017

26.3 British Championships – Glasgow 25 – 30 July, ASA Summer Championships 2 – 6 Aug with 1 day's training between.

Open water Mon 7th Aug at Rother Valley

16/27 Club Development Officer's report

- 27.1 Meeting re Dorset Network to be held following Monday which will include all clubs in the county.
- 27.2 AS new temporary coach Lawrie Thompson.
- 27.3 Bishopsworth, Bristol Central & City of Bristol merging to form City of Bristol,
- 27.4 City of Bristol in discussions with Parkwood Leisure re programming of water time.
- 27.5 Open evening was held at Mt Kelly's new 50m pool all Devon & Cornwall clubs invited. Tavistock & Exeter now training there.
- 27.6 Meeting with Cornish clubs soon and running land Training with Devon & Cornwall.
- 27.7 Swim21 elements being amalgamated to make it easier.
- 27.8 SW Employing a new officer 2.5 days per week. Noted that this was likely to be insufficient to cover organisation of talent & coach development plus club development. ET & LD stated that they did not have time to cover and organise all that was required. LD stated that if there was no help with organising talent training this would not take place.

16/28 ESSA Championships

- Our Region could potentially win if selection process is changed and right swimmers are targeted and compete.
- 28.2 2017 competition will be held in Liverpool on March 10/12th.
- 28.3 AO stated that it was a shame the WISE competition no longer existed as it was a great incentive for swimmers to compete.
- 28.4 ESSA International 1st July

Next meetir	ng 29 th November	
R.Margetts	Chairman	