

President Jill Beard

**Minutes of the Coach Committee Meeting held on Thursday 15<sup>th</sup> February 2024  
via Zoom at 1015am**

**Present:**

Lisa Atkinson (LA)	City of Bristol
Barry Alldrick (BA)	Poole SC
Richard Smith (RS)	Tigersharks
Glenn Currie (GC)	Devon Representative
Neil Edwards (NE)	Mount Kelly
David Cousins (DC)	Bristol Penguin Olympic SC
Christopher Lee (CL)	Plymouth Leander
Jon Wills (JW)	Soundwell
Anthony Clark (AC)	Swindon Dolphin
Rachel Aldington (RA)	Somerset Representative
Jason Quiterio (JQ)	Caradon
Jo John (JJ)	Coach Development Manager
Chrissie Robinson (CR)	SWR Chair
Paul Robbins (PR)	SWR Vice Chair
Chris Vickery (CV)	SWR Office Coordinator and Events Officer

**Apologies:**

Kieron Piper Millfield  
Roberto Pavoni Plymouth Leander – Christopher Lee represented Roberto  
Stacey Millett Annual Leave

**1 Welcome, Introductions and Apologies**

CR welcomed all to the meeting.

**2 Declarations of Interest**

None

**3 Minutes of the Previous Meeting 12.10.2023**

Minutes reviewed page by page and agreed as a true record by all in attendance.

**4 Matters Arising Not on the Agenda**

None

**5 Talent Report – Jo John**

Jo John gave a report on the Competition review undertaken by Swim England. See attached documents all circulated prior to the meeting– Appendices I and II Appendix III – provisional OW dates  
JJ to clarify dates for the window for 2025  
This will be a 4 year cycle with no changes

Cut off for Nationals should be at the end of Regionals – JJ to take back and clarify.  
General opinion was in acceptance of this plan.  
NE asked about Winter Champs having 800 and 1500 events on different days to give swimmers the opportunity to swim both events.  
Cross boundary working was discussed. Possibility of counties to offer exhibition swims to swimmers for Counties without LC facilities  
Swim – conditions would need to be altered to reflect this – to be raised at the Swimming Committee meeting.  
JJ noted all points raised and will take back to the Talent Team to discuss.

## **6 Development Programmes**

SM reports regarding the RDP and RDDR were circulated prior to the meeting and are attached as Appendix IV  
No questions raised.  
Zoom session for RDP 02.03.2024 – the question was asked about recording this session as it clashes with Arena League final– DC will do his best to record .  
RDDP zoom session 09.03.2024

## **7 Competitions**

- a. Cost of Coaches/Team Manager passes was discussed – some are very expensive – CR will discuss at the Swimming Committee meeting and JJ will also raise with licencing but we cannot tell people what to charge.

## **8 Overseas Camp**

CR thanked the coaches and Team managers for taking the swimmers to Lisbon on a very successful trip.  
NE echoed his thanks and also to SM for all the hard work involved in organising everything.  
NE also stated performances were good, and the team brought home the Top Team trophy.  
NE and the other coaches are to prepare summary emails to each of the swimmers home coaches on their performances. Certain tweaks need to be made for next time regarding selection  
CR also asked for a full report to be prepared for the Annual Report.  
GC stated what a great weekend with a brilliant result.  
JW – Enquired about the selection process and the objective of the meet.  
Perhaps look at giving opportunities to other swimmers. PR said it would be taken to the swimming committee.  
DC thanked NE for leading on the weekend and DC will endeavour to get the trophy to the Regional Office at some point.

## **9 Coaching Course Availability Update**

SM produced a report regarding Coaching Courses – See Appendix IV –  
A general discussion around cost of courses and the requirements of becoming a tutor.

## **10 Open Forum/AOB**

BA asked the group for feedback on dealing with TMs who are parents and how to deal with them to avoid the swimmer going back to the parent rather than the Coach.  
JW suggested ensuring the parents of the swimmer TM another group of swimmers.  
CV suggested briefing prior to the meet on expectations.

No other business

**Next meeting –** May 30<sup>th</sup> 2024 at 10.15am

Meeting closed 11.50am

**Appendix I**

**INFORMATION EMBARGO**

**Appendix II**

**INFORMATION EMBARGO**

## Appendix III

### **PROVISIONAL 2024 SE & SW REGIONAL & NATIONAL OPEN WATER CHAMPIONSHIPS**

The latest information available covering next year's Open Water Swim England and Swim Wales events calendar:

<b>Day</b>	<b>Date</b>	<b>Event/Championship</b>	<b>Location</b>
Saturday	29 Jun (TBC)	British Junior OW selection	TBN
Sunday	23 Jun (TBC)	SE South West & SE East Midlands & SE West Midlands	Lake 86, Cirencester
Saturday	29 Jun 24	SE North West & SE North East	Sale Water Park.
Sunday	30 Jun	SE South East	Mercers Park, Redhill
Sunday	07 Jul 24	SE London	Moor Park, Watford
Sunday	14 Jul 24	SE East	Whitlingham, Norwich
Saturday	27 Jul (TBC)	SE National Championships	TBN
Sunday	28 Jul (TBC)	SE Masters Championships	TBN
Saturday TBN	15 Jun 24 TBN	SW OW Challenge (East) SW OW Challenge (West)	Llandegfedd. TBN.

Points of contact for officials and volunteers to these events are given below:

London	Steve Westwood	<a href="mailto:steve.westwood170@gmail.com">steve.westwood170@gmail.com</a>
North West & North East	Mark Davies	<a href="mailto:mark.davies@swimmingvolunteers.org">mark.davies@swimmingvolunteers.org</a>
South West	Brian Armstrong	<a href="mailto:ba005a1104@blueyonder.co.uk">ba005a1104@blueyonder.co.uk</a>
Midlands	Fi Conway	<a href="mailto:Fiona.conway@swimming.org">Fiona.conway@swimming.org</a>
"	Jean Childs	<a href="mailto:childs234@btinternet.com">childs234@btinternet.com</a>
South East	Keith Barber	<a href="mailto:ser.owofficials@gmail.com">ser.owofficials@gmail.com</a>
East	Paul Kendall	<a href="mailto:openwater@eastswimming.org">openwater@eastswimming.org</a>
Swim England	Helen Akers	<a href="mailto:helen.akers@swimming.org">helen.akers@swimming.org</a>
Swim Scotland	Les Roger	<a href="mailto:lesroger@blueyonder.co.uk">lesroger@blueyonder.co.uk</a>
Swim Wales	Jack Brown	<a href="mailto:jack.brown@swimming.org">jack.brown@swimming.org</a>

If anyone knows of any errors or omissions in the above please inform me asap. Thank you.



Paul Kendall  
SE Open Water Officials Rep.  
[openwater@eastswimming.org](mailto:openwater@eastswimming.org)

## Appendix IV

# Reports for SESW Coach Committee Meeting

Thursday 15<sup>th</sup> February 2024 at 1015

### RDP Update

Since the last Coach Committee Meeting there hasn't been any camps for this programme, the first camp was in September 2023.

Coming up is the online Zoom session on 2<sup>nd</sup> March 2024 which will be delivered by three external professionals who have been selected by the National Talent Team:

- Tom Staten – Psychology
- Sophie Harries – Nutrition
- Penny Porter – physio self-checks

I am waiting on the Psychologist to confirm his attendance and will be sending the timetable out to all week commencing 19.02.2024

### RDDP Update

The first RDP camp was held at Millfield in November, this was attended by all who had been selected and was very well received with great feedback.

Coming up is their online session on 9<sup>th</sup> March 2024, this will be delivered by our Lead Coach Cassie Patten and the timetable and content is being worked on at the moment.

I am also hoping to send this timetable out in the week commencing 19.02.2024.

### Coaching Course Discussions

I have been in discussion with the IOS regarding the coaching courses and the availability in the Region.

Currently (08.02.24) we have the below courses open for booking:

Course Id	Marketing Title	Start Date	Closing Date	Venue Name
10960	<a href="#">Swim England Assistant Swimming Coach - Blended Learning</a>	05/01/2024	21/12/2023	Talbot Heath School
10357	<a href="#">Swim England Swimming Coach - Blended Learning</a>	11/01/2024	08/01/2024	GL1 Leisure Centre
10861	<a href="#">Swim England Swimming Coach - Blended Learning</a>	23/01/2024	09/01/2024	Sports Training Village - University of Bath
10643	<a href="#">Swim England Swimming Coach - Blended Learning</a>	12/02/2024	08/02/2024	Exeter School
11136	<a href="#">Swim England Assistant Swimming Coach - Blended Learning</a>	19/02/2024	15/02/2024	Tarka Leisure Centre
11586	<a href="#">Swim England Assistant Swimming Coach - Blended Learning</a>	26/02/2024	22/02/2024	Ridgeway Leisure Centre-School
10521	<a href="#">Swim England Assistant Water Polo Coach - Blended Learning</a>	28/02/2024	14/02/2024	Taunton Pool
10993	<a href="#">Swim England Assistant Swimming Coach - Blended Learning</a>	17/04/2024	03/04/2024	Plymouth Life Centre
11594	<a href="#">Swim England Swimming Coach - Blended Learning</a>	13/06/2024	30/05/2024	Ridgeway Leisure Centre-School

10360	<a href="#">Swim England Assistant Swimming Coach - Blended Learning</a>	16/08/2024	01/08/2024	GL1 Leisure Centre
11677	<a href="#">Swim England Swimming Coach - Blended Learning</a>	04/11/2024	21/10/2024	Plymouth Life Centre

I have also sent the below list of clubs who have agreed to be contacted to help support Coaching Courses in their Counties, the aim of this is to open more opportunities across the Region. As always we are limited to the availability of the course tutors which is something we do lack in the SW Region.

<b>Cornwall</b>
Newquay Cormorants
Truro SC
<b>Devon</b>
Barnstaple
Exeter City
Tiverton
Plymouth Leander
Mount Kelly
<b>Dorset</b>
Poole SC
Swim Bournemouth
<b>Gloucester</b>
City of Bristol Aquatics
Cheltenham Swimming and Water Polo
Gloucester City SC
<b>Somerset</b>
Taunton Deane
Weston Super Mare
Millfield
Team Bath AS
<b>Wiltshire</b>
Swindon ASC
Swindon Dolphin
Tigersharks
Salisbury Stingrays
Calne Alpha Four

If any coaches would like to discuss courses further please let me know, I could even look into inviting someone from the IOS to attend a coach meeting if we feel this is something that needs more support in the Region.