

# 2018 Annual Report



## Welcome from the Regional President

I look back over 2018 with a huge amount of pleasure and pride in what has been a wonderful experience. With my wife Diana, we have been attending events throughout the region and also around the country.

We have been to swimming, water polo, synchro and diving events all over the region and I have been so impressed with the cheerful dedication and commitment of all our volunteers who keep our sport running so well. I have found that it takes a whole army of officials to run a swimming gala, organise a diving competition, synchro and open water meet or water polo tournament. To everyone involved, I salute your dedication and passion for our wonderful sport.



During my year, I have been able to attend all six counties' championships and have received a warm and friendly welcome on each occasion. All our counties organised their championships in slightly different ways but all were brilliantly run and provided the right atmosphere for a great competition.

In all the events I attended, I have been hugely impressed with the young people who participate in our sport. Some of the performances have been truly exceptional but I salute all our swimmers, divers, water polo players and artistic swimmers for their dedication. I am reminded that to be successful, you need to be focused, committed and organised which I guess is a lesson we can all take with us through life.

Swimmers these days require a lot of family support and backup and I would like to recognise this. Getting swimmers to the pool at often unsocial hours requires dedication and sacrifice from their families. All this backed by excellent coaching throughout the region means that we should be in a great position for years to come.

I would like to thank my county Dorset for nominating me to be Regional President. I hope I have fulfilled the role and lived up to any expectation placed on me. Finally, I would like to thank Diana who has been there for me throughout my presidential year, shared the driving and has been a huge support.

## Introduction from the Chairman



In early 2018 the South West formally launched its regional strategy for the period 2017- 2021 and following consultation with a wide range of partners, we have produced a strategy which is focused around our volunteers.

The sport would not flourish without the large numbers of volunteers who regularly give their time at club, county and regional level. I have previously made comments that it is vital that as a region we continue to ensure volunteers and the roles they perform are set as priority for the next 4 years.

We have already established strong links nationally with our Volunteering team and will be looking to develop in the coming months new initiatives which will address the recruitment and retention of our volunteers.

Aquatics is not the only sport which is suffering from volunteering issues, but the region is committed to ensuring that all our volunteers are valued and that we are able to provide the necessary training and development which is vital for them to perform their roles.

The recognition and rewarding of our volunteers for the outstanding contribution they make to the sport is another area to which we will continue to pursue. Following a national review with all regions, the South West has agreed to participate in a revised awards scheme which will include a number of new award categories.

I was fortunate to attend the national awards in Birmingham and saw a number of South West members receive awards, I hope this is the beginning of a trend which will see our volunteers recognised for the fantastic roles they perform.

During the year the region welcomed a new discipline. Para and Disability which was previously part of the swimming committee's responsibility, became a 'stand alone' discipline. Following a reorganisation of the Swim England Para and Disability team earlier in the year, it was evident that there was an increasing number of enquires being received into the region from interested parties. With the assistance of the Swim England Para and Disability team and support from the region, a constituted committee was formed. Clearly it is still early days and there are still a number of issues to resolve, but I hope this new discipline will be the platform for a development and talent pathway.

Our regional championships have again provided high level competition opportunities and I would like to express my appreciation and on behalf of the regional Management Board, to all the organisers, officials and competitors from all disciplines for the professional manner to which the events have been presented and run.

The decision to employ additional regional support staff continues to exceed our expectations. Having 3 members of staff has allowed us to provide the much needed support across the region. Our staff offer support in a number of ways both to the RMB and direct to the increasing number of contacts being made to our office. I often wonder how we ever managed without them!

The Regional Management Board which includes 6 nominated members from our affiliated counties, have met on 5 occasions throughout the year to plan, discuss and make decisions on a range of issues.

I have always considered that nominated representatives from our counties sitting on the Regional Management Board as being a positive, which allows for a vital link and communication channel. Again I would like to express my thanks to all members of the Board for the assistance and support they provide to me in the running of the region in an ever changing environment.

The region continues to evolve, but I am confident that we are in a strong position to meet the challenges in the future and continuing with careful planning and strong governance we will provide a high level service to our members.

David Flack

## Swimming

2018 was, as ever, a busy year in Regional Swimming with all the usual competitions, pathway programme and overseas camp.

### Competition

The Youth Summer Championships were held at Plymouth with the Age Groups Championships at Hengrove and Millfield. These were all held within a three week period which stretched resources however they were all well attended by both swimmers and officials. A talk was given at Plymouth for parents on nutrition and another to parents at Hengrove on the development pathway from County to Olympics.

The FAST 5 gala was very well attended but the relay gala was very low on numbers. This was probably due to a clash with other events on the same day. As the clash won't happen in 2019 it was agreed to keep it on the programme and hope to see greater participation.

The Winter Championships returned to the short course format and was held at Millfield School. The Para gala was held in March but swimmer numbers were low. This was in part due to the departure of our National Officer the previous autumn who was not replaced until March.

### Volunteers

A considerable number of people are required to run our competitions ranging from the organisers to officials and parents. Clubs are asked to fulfil duties such as marshalling or manning the door for each gala and we are most grateful to the parents who take on these roles ensuring all runs smoothly.

### Masters

Numbers attending the Masters competition, held at Hutton Moor, remain low but as in previous years was bolstered by swimmers from outside the Region to keep the meet going.

The inter-County gala at Millfield was won by Devon who finished 3<sup>rd</sup> nationally. During the event three new British Masters records were set by Teagan Drew, Niamh Robinson and Muriel Hitchcock.

A Development Day had been arranged for January but had to be cancelled due to lack of numbers. The Royal Navy had rescheduled their meet on the same day which caused the problem.

The British Masters was held in Plymouth in June and was attended by a high number of swimmers from the region and staffed mostly by Regional Officials. Swimmers also attended the European Masters in Slovenia.

### Coaches

The Coaches committee continues to be well attended and proactive. A County Conference for level 1 coaches was held in March and a Regional coach conference for level 2 coaches in June. Swim England commenced a programme for a Coach Advisor in each Region to support and mentor coaches from smaller clubs. The South West bore the cost of a second Advisor so that more clubs could be helped. Jo John (Exeter City) & Euan Dale (Millfield) were appointed.

### Officials

Fortunately we have a steady flow of people, mostly parents, who undertake officials training each year. These are the life blood of the sport as without them competitions would not exist. At the end of the year we had 715 licensed officials. Every year some officials choose not to renew their license but fortunately others join and others gain additional qualifications. 494 new qualifications were gained, of these 130 were J1, 48 J2 plus 12 J2s (starters) and 8 Referees. In addition 296 people took the timekeeper qualification. Some of these as the first part of J1 others solely as timekeepers. These officials are essential, not only for the Region, but also for clubs who run open meets and their own club championships.

The region has supported officials training by paying the fees for all J2 candidates and supporting the travel costs for Referee candidates and trainers.

In order to retain their licenses officials have to attend CPD courses from time to time. Seventy two attended Contemporary Issues courses which are required every 4 years and a further 81 have completed it on-line. The Para swimming CPD course was attended by 10 people in March prior to the Para competition.

Nicky Vause took up the post of Officials Secretary in May and thanks go to Jill Beard for holding the fort until Nicky was able to take over.

## Pathway Programme

The pathway programme continued this year following the success of the previous year with 36 twelve years olds invited to participate in 3 one day camps. These were held at the Oxley Sports Centre in Sherborne. The focus of the Regional camps was on starts and turns and each day focussed on different strokes. The camp also included specific land training for the stroke concerned and talks included nutrition and psychology. The camps were staffed by coaches from several different clubs led by head coach Jon Wills. Coaches from throughout the Region were invited to attend as observers.

## Overseas Camp

The Zagreb meet, which had proved a good competition over the previous 2 years, was found to clash with our exam period in 2018 and was therefore not a suitable option. The decision was made to go to the Bulgarian National Championships in Sofia. The team of thirty swimmers was led by Jo John with 3 assistant coaches and two team managers.

The standard in Sofia was not as high as in Zagreb but the swimmers still had to work for their podium places. Accommodation was excellent as the hotel was part of the pool complex. Food is often an issue for swimmers in eastern European countries as although plentiful is different from their norm. Unfortunately there was no swim down pool. A dry side programme was devised for swimmers to cool down in an area below the pool causing much interest among many of the foreign teams present.

It has been decided that June/July was not the best time of year for finding good meets and avoiding exams despite it being a good preparation for Nationals so the committee will be looking for a suitable meet in the spring of 2020.

## Funding

The swimming committee continued to fund club projects such as talks for parents and swimmers, long distance galas and pool equipment. Applications for funding can be found on the Regional website.

## Synchronised Swimming

2 of our National judges travelled to Europe to attend a FINA judges' schools.

Lynne Squire                      FINA Artistic A judge

Georgie Coombes              FINA G Judge

2018 has proved to be a very busy year for Synchro with many of our swimmers being selected for National squads for 2019

## Swim England Training Squad

Cerys Hughes	City of Bristol Senior/Junior
Daniella Lloyd	City of Bristol Senior/Junior
Maddie Berry	City of Bristol Senior
Kate Shortman	City of Bristol Senior/Junior
Isabelle Thorpe	City of Bristol Senior /Junior
Llaria Brandimarte	City of Bristol Senior Team Bath
Greta Hampson	City of Bristol Senior
Grace Cruickshank	City of Bristol

## Junior Athletes chosen for Swim England Talent Programme

### Development Squad

Cerys Hughes                      City of Bristol

Laurel Allen                        City of Bristol

Abbey Wilcox                      City of Bristol

### Age Group Squad

Zoe Dimond                        City of Bristol

Lilly Todd                          City of Bristol

### Regional Beacon Programme

#### City of Bristol

Robyn Ashworth

Grace Hiscutt

Sarah Perks

Isabelle Bowyer

Nia Rushton

Romy Rushton

Grace Joyce

Isabelle Aston

Amelie Williams

Eva Gardner

Aisling Foley Mitchell

#### TeamBath

Katie Shepperdson

Megan Pyke

## Swim England Performance Athletes of the year

Kate Shortman and Isabelle Thorpe

## Swim England South West Performance Athlete of the year

Kate Shortman

## Regional and National Award Winners

2 of our coaches received awards both at regional level and National level.

**BBC West's Unsung Hero 2018 - Coach Clair Murphy Calne Alpha Four crowned**



**Swim England South West December Volunteer of the month – Sarah Pullan, Cheltenham**

We have worked hard with both the Regional and National club development officers aiming to increase our regional Synchro base for both swimmers and coaches. It is still very important that we make sure that we go on supporting our grass route clubs and swimmers as well as the top ones.

## Water Polo

Well, it's been a very busy and successful year for Swim England South West Region Water Polo!

It started with the South West U14s Girls side finishing as runners up in their inter-regional competition held in Walsall, having been beaten in the final by North West Thunder 7-5.



The South West U14s Boys went one better when they won the event, beating London 9-5, also at Walsall.

At the Under-18s Inter-Regionals held in January 2019, held in Blackpool, The South West were crowned U18 Girls' Division One winners by the narrowest of margins during a thrilling finale to the Inter-Regional Championships. It led to delighted South West head coach Simon Tomlinson declaring: "It must go down as one of the closest Inter-Regional Championships yet.



"It was an amazing weekend and an awesome team spirit enabled the girls to be crowned champions."



The South West Boys U18 team were drawn in group B of Div 2 They came first on their group which took them through to the semi-finals where they beat North West Ravens leading them into the final against Scotland where they just missed out on winning with a final score of 11-8 to Scotland.

South West Boys Head Coach John Spicer said 'this was a great improvement in play from the last time this team played in the Under 16s Competition and all the players gave one hundred percent in every game. A great bunch of lads who were a pleasure to coach.' Best goalkeeper award went to Theo Quantic and most valuable player went to Charlie Brogan.

## Regional Training Academy

Through the year South West Water Polo have also held Regional Training Academy at Millfield School, to which players from all over the South West have been invited to attend. It is from these regional academies that the teams have been selected. These have certainly gone towards improving the results of the regional teams in recent times.

It also reflects strongly on the regional honours that have been awarded to players from the South West teams. Which are as follows:

Rudi Polster of Cardiff University and Cheltenham has been selected to represent Great Britain at the World University Summer Games being held in Naples in July. Also, Dave Edwards of Cheltenham has been appointed as the Team Manager for this team.

Vicki Hawkins of Cheltenham, and Ella-Louise Jones of Devonport Royals and Exeter were selected for the EU Nations Senior Women's Tournament held in May at Brno in the Czech Republic. Also representing the South West at this tournament was table official Paula Manning of City of Bristol, and Maxim Gerasimov of Cheltenham, as a tournament referee.

Also representing the South West was Nick Hume who had been appointed head coach for the Senior Women, and a member of the City of Bristol club, and Sue Webb as Assistant Coach, and a member of Newton Abbot.

Charlie Brogan of Cheltenham was selected for the Great Britain Under-17s team which competed at the European Championships Qualifying Tournament held in Manchester Aquatic Centre in May.

For the Great Britain Under-19s squad, for the European Championships Qualifying Tournament in May 2010, were Thomas Manley (Newton Abbot), Thomas Hunt (Cheltenham), Joe Hubble (City of Bristol), and Oliver Wright (Newton Abbot).

Amy Berry (Cheltenham), Anashe Chisadza (City of Bristol) and Lilymay Girvin (Newton Abbot and City of Bristol), have been selected for the Great Britain Under-17s squad ahead of the European Championships in Volos, Greece, in September.

## League News

In the British Water Polo League, Exeter Ladies have qualified to join, and now go forward to compete in the league from September, joining Cheltenham, Cheltenham Spartans, Exeter Men, and City of Bristol Men and Women, to represent the South West, together with the many officials who volunteer for this league.

Also victorious this year were Frome Water Polo, who won the 2018 Lyme Splash event, held in the harbour of Lyme Regis

Cheltenham won the British Championships that were held during early June at Sandford Lido, after beating Manchester in the final

Newton Abbot U19s, which also comprised of players from Cheltenham and City of Bristol were the surprise victors at the Swim England National Age Group Competition Final with a 10-7 win over City of Manchester. Special congratulations to Tom Manley of Newton Abbot, who was awarded Best Goalkeeper and Most Valuable Player in the tournament held at Ponds Forge in Sheffield. They were coached by Rhys Tamlyn and Elizabeth Mann was the Team Manager.

In the Bristol and West Water Polo League, which covers the majority of the South West and South Wales, Welsh Wanderers won the Premier League, City of Bristol's Barbarians Team won Division 1, and Taunton Deane won Division 2. Exeter Ladies won the Women's Division, and Devonport Royals won the Junior Division.

Weston-super-Mare won the Somerset League Tournament in 2018, held at Millfield Pool, beating Frome and Taunton Deane clubs.

In the Devon League, Devonport Royals won the Under-15s League and Under-17s League; Newton Abbot won the Under-19s League and Men's League; Devonport Royal beat Exeter in the final of the Under-15 knockout competition; whilst Newton Abbot beat Devonport in the Under-17s KO; Exeter were victorious over Newton Abbot in the Men's KO.

There has been an increase in the number of clubs around the South West over the year, with new clubs such as Yeovil Spartans springing up.

## Swim England Recognition

Thomas Manley made an impact on the international scene as he was part of the Great Britain's Men's U19 side that reached the LEN European Championships in Minsk, Belarus.

It was one of the highlights during a successful year for Manley, who also trained with the senior men's side in the run up to the competition.

His success helped see him named as the Swim England Performance Athlete of the Year for water polo.

He said: "I feel very honoured to win this award against all of the top water polo players in the country.

"I'm so glad I have been recognised for my achievements in the past year. I would like to thank my coaches and, most importantly, I can't forget about them, my parents.



## Inter County Events

Dorset won the Senior Men's Competition held at the region's Inter-county event in November 2018, at Millfield Pool. The Dorset team produced impressive performances to win every match in the competition.

Match results were as follows: Somerset 5, Dorset 7; Devon 6, Dorset 7; Gloucestershire 4, Somerset 7; Devon 10, Gloucestershire 7; Gloucestershire 0, Dorset 10; Somerset 6, Devon 9. Devon won the Senior Women's competition.

Other results were: - Under-18s Boys: Gloucestershire; 16 and under Girls: Gloucestershire, 16 and under Boys: Gloucestershire; 14 and under mixed teams: Devon; and 12 and under mixed teams: Devon.

## Active Clubs Registered with Swim England

<b>Cornwall</b>	<b>Devon</b>	<b>Dorset</b>
St Austell	Barnstaple	Bridport
Penzance	Exeter	Weymouth & Portland
Newquay	Newton Abbot	Bournemouth
	Paignton	Christchurch
	Devonport Royals	
<b>Gloucester</b>	<b>Somerset</b>	<b>Wiltshire</b>
City of Bristol	University of Bath	Bradford on Avon
City of Bristol Barbarians	Frome	Swindon Dolphins
City of Bristol Harlequins	Taunton Deane	Salisbury
South Gloucester	Weston-Super-Mare	
Cheltenham	Yeovil Spartans	
University of Bristol		
University of the West of England		

Members of the Swim England South West Region Water Polo Committee continue to invest in the many volunteers and players across the South West, encouraging them to perform to the best of their abilities, and support courses for officials and coaches as well. Amongst the courses held so far there has been a referees' course held at Weston-super-Mare, a Level 1 coaches courses held at Taunton and in Dorset, a Level 1 Team Manager's Course held at the regional offices specifically aimed at water polo team managers, and it is planned to run out a Level 2 TM course soon, as well as further referees' and table officials courses.

New rules for water polo were introduced in January 2019, and these are being rolled out in the various competitions and leagues across the region.

## Open Water

### Development

The Open water development course for swimmers was run over two Saturdays on consecutive weekends at the end of May. The coaches for both days were Kat Percival, Ben Mullen and Marc Newman. All are level 2 Open Water Coaches with Kat and Marc highly experienced in Open Water Swimming including successfully completing English Channel swims

Day 1 was held at Wells Leisure Centre and consisted of workshops with PowerPoint presentations. Topics covered included an introduction and explanation of Open Water Swimming, the health and safety aspect, navigation and drills in different weather conditions, race preparation and the laws of Open Water Swimming. The practical pool session gave the participants the opportunity to practice, amongst other things, spotting, drafting, breathing techniques, swimming around turn buoys, starts and finishes.

Day 2 was held at Vobster Quay and consisted of open water skills practice, lectures and group activities. In addition workshops for parents/carers covered the effects, benefits, risks and hazards of Open Water swimming and provided advice and guidance regarding race preparation including what to look for when purchasing wetsuits, goggles, grease etc.

### Regional Championships



*Preparing for the start of the 5km event – Preston Beach, Weymouth 2018*

The Open Water Regional Championships were held off Preston Beach, Weymouth on July 7th. This year Cornwall and Wilts joined Dorset, Gloucestershire and Somerset and incorporated their County Championships and presentations within the Region's event. The distances swum were 1km (a taster event for swimmers aged 11- 14yrs), 2km, 3km and 5km. There was a total of 174 entries: 5km – 42, 3km – 46, 2km - 67 and 1km – 19 with 40 clubs from the Region represented. An unexpected bonus this year was an unannounced visit from the local BBC TV news crew that resulted in some footage of the event being screened the following evening on 'South Today'.

Unfortunately the generally good weather in June decided to change at the start of July with the water temperature, which had been 19° a few days before the event, dropping to 16.4° on the day meaning that, in line with new FINA guidelines, wetsuits were mandatory. From these Regional Championships 42 South West Region age group swimmers qualified for the Swim England National Championships at Rother Valley

## Officials

Anastacia Pereira and Hannah Smith remain on the FINA Officials list with Virginia Pereira also becoming FINA qualified. All three officiated at the European Championships at Loch Lomond, Scotland in August.

Several South West Open Water officials officiated at Open Water Championships held by the other Regions. Six were present at the National Championships including Hannah Smith who was technical director.

Sadly Alan Withers decided to stand down as our Open Water officials' organiser and safety officer – he has been a stalwart of Open Water community in the South West for many years and will be greatly missed. Alan received a plaque from the Region in recognition and appreciation of his dedication and time volunteered.

## Regional Open Water Swimmer of the Year – Linda Ashmore

Linda has been an active member for many years and is current club treasurer of Weyport Masters Swimming Club. She has very successfully competed on many levels at masters and open water swimming events. One of her defining swims came 11 years ago when at the age of 60 she completed a solo English Channel swim to take the record for the oldest female swimmer to swim the channel. Subsequently, American Pat Gallant-Charette crossed at 65. However, on 21<sup>st</sup>. August 2018 Linda produced a sensational swim to reclaim her record for the oldest female swimmer to swim the channel at the age of 71 in a time of 16 hours 22minutes 18 seconds. This was achieved in very difficult conditions when she encountered a lumpy sea and was stung by jellyfish.

Linda was diagnosed with cancer five years ago and her swim was sponsored for cancer research. This was an incredible performance by this 71 year old.

## Regional Award Winners

### South West Coach of the Year

**Barry Aldrick** – Barry has been Head Coach at Poole SC for 4 years, and in the past 12 months he has coached Jacob Peters to Commonwealth Games selection and Silver Medal success at age 17, coached Jasmine McCrea to 2 appearances for Team GB at the European Junior Championships and numerous other swimmers to SW representation and more! He has been selected as coach to the GB Team at European Juniors and completed the Coach 2024 programme. Barry is a technically highly proficient coach throwing himself into personal development courses and is able to impart that technical proficiency to young swimmers within the club, under his direction the swimmers have improved and continue to achieve great successes.

### South West Services to Aquatics

**Robin Brew** – Robin has recently retired from coaching after 18 years at Mount Kelly (formerly Kelly College). He has been instrumental in developing MK to a position that challenges other clubs and swim schools resulting in beating Millfield at the ESSA Relay Championships. Through Robin's hard work MK have achieved gaining the Olympic Legacy Pool post 2012 games and the programme would not be where it is today without him. Robin has coached numerous Olympians in swimming, triathlon and para-Olympians over the years. He has also mentored numerous coaches into and through their coaching careers resulting in his successor to take over MK swimming.

### South West Volunteer of the Year

**Esther Rookes** - Esther is a member of Tavistock SC and is a valuable volunteer in the club. She contributes not only at club level but within Devon as well. Her main role is competition secretary however she engages far beyond this and is a qualified swim coach, competition judge, and starter and is currently training to become a referee. Esther organises a very successful joint open meet with a neighbouring club and also schedules training sessions, organises volunteers and motivates and mentors others to develop their coaching and officiating skills including organising suitable training.

### South West Young Volunteer of the Year

**Lily Thorp** – Lily is a member of Caradon SC and as well as being a competitive swimmer she also volunteers at events as an official and assistant on poolside for the past year. She works alongside the Team Managers at competitions by helping the lead warm up sessions. She has also assisted at meets to ensure the smooth running of the events by working with the meet coordinators and officials. Lily qualified as a timekeeper in April 2018 and at the age of 13 she was the youngest official in Cornwall. She is hoping to continue with the journey after her 15th birthday when she can then undertake the formal process for accreditation.

### South West Club of the Year

**Plymouth Leander** – The new Plymouth Leander committee have changed the outlook of the club in a significant and positive way and are aiming for a brighter future. The new board set a target to maintain the historical success of the club and also have set their sights on delivering beyond outstanding both in and out of the water. Notable positive outcomes have included a re-writing of the club constitution and continuing to be an anchor club in the local aquatic network. The club have delivered 5 successful meets and have taken on roles at National Events to be able to cascade best practice down into events at club level. Their greatest accolade to date is coming 1st in the National Arena League which they won for the first time in 5 years with a point's score which has not been seen in more than a decade. Alongside this they have developed a strong partnership link with Plymouth College and Plymouth University and in addition to this they have developed two junior squads to bridge the gap between learn to swim and club swimming.

# South West Region School of Swimming Development

Bryanston 2018

\*\*\*Report requested\*\*\*



# South West Regional Team

## Who we are and what we do



**Chris Vickery**  
Regional Office  
Coordinator and  
Events Officer



**Stacey Millett**  
Regional  
Development Officer



**Jackie Hilleard**  
Regional  
Development  
Coordinator



**Yvonne Stead**  
Club Development  
Officer

What we do	Key Successes 2018
<ul style="list-style-type: none"> <li>• Provide admin support to the Regional Management Board</li> <li>• Regional Programmes administration</li> <li>• Volunteer training opportunities</li> <li>• Initial point of contact for enquiries</li> <li>• Support and develop a coach education plan</li> <li>• Regional newsletter</li> <li>• Website and social media development</li> <li>• Club development support</li> <li>• Support to the various Regional Committees</li> <li>• Swim Mark accreditation process support</li> <li>• Young volunteer programme</li> <li>• Link to national groups and programmes</li> <li>• Support to club networks</li> <li>• Support for Swimming Events</li> </ul>	<ul style="list-style-type: none"> <li>• Development of the Young Volunteer Programme</li> <li>• Introduction of County Development Days</li> <li>• 72 Clubs accredited to SwimMark essential status</li> <li>• Established a Regional Communication Network</li> <li>• Implementation of club and volunteer development plans</li> <li>• Established annual Regional Strategy days</li> </ul>

## Membership comparison 2017-2019

31<sup>st</sup> March 2017

County	No Clubs	Cat 1	Cat 2	Cat 3	Total
Cornwall	12	727	767	254	1748
Devon	32	2397	2022	1005	5424
Dorset	20	1399	1062	551	3012
Gloucester	24	1397	2104	1188	4689
Somerset	30	1885	1744	811	4440
Wilts	26	2647	1379	719	4745
<b>Total</b>	<b>144</b>	<b>10452</b>	<b>9078</b>	<b>4528</b>	<b>24058</b>

28<sup>th</sup> February 2018

County	No Clubs	Cat 1	Cat 2	Cat 3	Total
Cornwall	13	642	822	256	1720
Devon	33	2479	2018	1064	5561
Dorset	20	1211	1081	604	2896
Gloucester	23	1226	2050	1162	4438
Somerset	29	1656	1809	811	4276
Wilts	28	2461	1496	743	4700
<b>Total</b>	<b>146</b>	<b>9675</b>	<b>9276</b>	<b>4640</b>	<b>23591</b>

28<sup>th</sup> February 2019

County	No Clubs	Cat 1	Cat 2	Cat 3	Total
Cornwall	13	553	772	239	1564
Devon	33	2377	1855	1085	5317
Dorset	20	1097	1003	607	2707
Gloucester	21	1140	2007	1146	4293
Somerset	30	1443	1648	757	3848
Wilts	28	2155	1213	731	4099
<b>Total</b>	<b>145</b>	<b>8765</b>	<b>8498</b>	<b>4565</b>	<b>21828</b>